



Press Release

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PEI French Health Network proud partner of the PEI French Book Expo
*Presentation by Valois Robichaud: **À la poursuite du bonheur** (Pursuit of happiness)*

Charlottetown, PEI, June 2, 2015 – The PEI French Health Network (PEIFHN) is pleased to participate as a partner in the second edition of the Prince Edward Island French Book Expo to be held June 4-7 at UPEI's W.A. Murphy Student Centre in Charlottetown. The PEIFHN is sponsoring the presentation entitled *À la poursuite du bonheur* (Pursuit of happiness) to be held on Saturday, June 6 from 3:00 p.m. to 4:00 p.m. by author Valois Robichaud, a stages of life specialist, moved by a profound love of the human being.

In his presentation, Mr. Robichaud will talk about happiness, aging and hope and especially his book *Cueillir mes petits bonheurs au quotidien* (2013). Not claiming to have all the answers, the author explores happiness, which everyone seems to want to achieve without knowing how to go about it. He explains that happiness is not a given, but must be earned. You have to want to be happy and work at it.

Valois Robichaud is from Pokemouche, New Brunswick. As a dedicated humanist who prefers, in any human interaction – teacher-student, parent-child, caregiver-care receiver - the *relationship*, this Book Expo guest author has a rich career path. In 1967, he attended university in New Brunswick and in the United States. He was awarded a scholarship in 1985 by the French government and studied at the doctorate level in Grenoble and received a Ph.D. in education, a social gerontology diploma and did course work in psychogerontology in Lyon. His curious nature lead him to work with great mentors through whom he acquired an openness and knowledge that he continues to share with thousands of students and audiences of all ages. In 2007, he published an item on retirement identity issues (*Vivre la retraite avec sérénité, un temps pour la rencontre de soi*), in the *Chronique sociale* (Lyon) and in 2008 received the Teaching Award of Excellence from his university. Specializing in psychological assistance, he helps people who need his expertise and to be heard. He also published the following: *Accueillir les besoins psychiques de l'adulte vieillissant* (2009); *Vivre la retraite avec sérénité: un temps pour la rencontre de soi* (2010); *Et si on enseignait l'espoir?* (2010); *La peur de vieillir, un pas vers l'euthanasie?* (2011); *Soigner, c'est aimer l'autre et l'accompagner* (2014).

The Book Expo is open from 6:30 p.m. to 9:00 p.m. on Thursday June 4; from 9:00 a.m. to 9:00 p.m. on Friday, June 5; from 9:00 to 5:30 p.m. on Saturday, June 6; and from 10:30 a.m. to 4:00 p.m. on Sunday, June 7. The Book Expo's complete schedule is available at www.salondulivreipe.ca.

The PEI French Health Network is a non-profit organization that collaborates with various partners in order to improve access to quality French-language health services and programs for Prince Edward Island's Acadian and Francophone population. The organization brings together representatives from target community groups, educational facilities, health professionals, health service managers and the provincial government. It is also one of 16 networks that make up the Société Santé en français. The PEI French Health Network is funded by Health Canada within the framework of the Roadmap for Canada's Official Languages 2013-2018: Education, Immigration, Communities.

Photo: Valois Robichaud

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