



News Release

For Immediate Release

### **Trevor Dunphy, a physiotherapist who understands the need to be understood**

**CHARLOTTETOWN, PEI, November 5, 2016** – The purpose of the PEI French Health Network’s Étoile Santé campaign is to promote, recruit and make people aware of health professionals who offer French-language services on Prince Edward Island. The Health Network is pleased to pursue this initiative for a second year and to announce that the Étoile Santé for the month of November is physiotherapist Trevor Dunphy.

Trevor Dunphy is a professional determined to reach his goals. His expertise and willingness to help clients, in both English and French, make him an Étoile Santé for the entire Acadian and Francophone community of Prince Edward Island.

“I discovered physiotherapy while doing my Bachelor of Psychology at UPEI, where I played university soccer. I would see physiotherapists perform miracles on players who were in pain. I became interested in this occupation, while finishing my Bachelor of Psychology. I worked in this field for four years, helping people gain control of their lives. I liked it, but I missed manual labour, and I was convinced that physiotherapy would be the ideal career for me,” indicated the young man.

However, his story began solely in English, because Trevor, a native of Souris, did not speak a word of French. “I started speaking French with my wife Christine. I couldn’t imagine visiting her family and making everyone speak English because of me. It was natural for me to learn French, and it ended up opening doors for me,” insisted the young man. He took classes at Collège Acadie Î.-P.-É. to improve his French.

“I decided to do my Masters in Physiotherapy at the University of Ottawa because the program was offered in French. It was hard at first, but I quickly got used to it with the help of a few Acadian and Quebec colleagues. Furthermore, my young family came to spend the year with me, which helped a great deal,” said Trevor, who is very thankful to have received several scholarships for pursuing his studies in French.

Trevor Dunphy is now a physiotherapist at ReActive Health, a company which has five clinics, four in the Greater Charlottetown area, and one that recently opened in Summerside.

A skilled health care worker who is passionate for his field, Trevor Dunphy is happy to be able to offer French-language services to the Francophone community. He is also grateful to the Francophone community who has supported him on his journey. Fully bilingual, and trained in psychology, he is well equipped to help people. “Pain is always complex. It’s difficult to describe, and difficult to define. It’s

therefore important to be able to express ourselves as freely as possible, in our own words, in our mother tongue.”

Trevor Dunphy’s contact information can be found in the bilingual service provider directory at [www.santeipe.ca/repertoire](http://www.santeipe.ca/repertoire). Individuals are encouraged to nominate health professionals who actively offer French-language health services in Prince Edward Island for a chance to win \$500. For more information on the Étoile Santé campaign or to nominate someone directly on the PEIFHN’s Web site, go to [www.santeipe.ca](http://www.santeipe.ca).

*The PEI French Health Network is a non-profit organization that collaborates with various partners in order to improve access to quality French-language health services and programs for Prince Edward Island’s Acadian and Francophone population. The organization brings together representatives from target community groups, educational facilities, health professionals, health service managers and the provincial government. It is also one of 16 networks that make up the Société Santé en français. The PEI French Health Network is funded by Health Canada within the framework of the Roadmap for Canada’s Official Languages 2013-2018: Education, Immigration, Communities.*

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**Photo:** Trevor Dunphy

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