

# 2012 DIRECTORY OF SELF-HELP GROUPS AND COMMUNITY RESOURCES IN PRINCE EDWARD ISLAND

*A Partnership Project of*

**the Canadian Mental Health Association  
Prince Edward Island Division and the  
Prince Edward Island Department of Health & Wellness**



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19<sup>th</sup> Edition  
2012



Dear Friends,

It is my pleasure to introduce to you the 19<sup>th</sup> edition of Prince Edward Island's Directory of Self-Help Groups and Community Resources.

Today more and more Islanders are recognizing the need for emotional support and information when dealing with physical or mental health problems and life's stressful situations. They are looking to self-help groups and community resources as health resources. Emotional and social support can greatly relieve the stress related to health problems and can increase one's ability to cope successfully with day-to-day living.

The Canadian Mental Health Association/Prince Edward Island Division (CMHA) has been promoting and assisting self-help groups since the fall of 1988 through the Self-Help Clearinghouse (now the Consumer and Family Support Program). Information about self-help groups and community resources, technical assistance and resources on mental health and mental illness are provided by the CMHA for the general public at our facilities in Charlottetown, Summerside and Alberton.

This Directory is a part of that service and together these services form our Consumer and Family Support Program. We would like to take this opportunity to thank our partner in the production of this Directory, the P.E.I. Department of Health & Wellness.

We hope you will find the Directory helpful and we welcome your comments.



Consumer and Family Support Management Committee  
Canadian Mental Health Association/PEI Division

## **ACKNOWLEDGMENTS**

We would like to thank the many community groups and resources that so willingly offered updated information on their group, meeting times and places. We are indebted to all who collaborated with our Association in our efforts to promote self-help/mutual aid in Prince Edward Island by being included in this valuable resource.

In particular our thanks to:

- Health PEI for assisting CMHA with the printing through the Document Publishing Centre;
- CMHA volunteers who work to improve the quality of life for all those who face chronic health problems and stressful life situations and who believe self-help plays an important role in health promotion;
- the Eastern, Western and French School Boards for assisting us with the updates on Schools;
- the Island's churches for helping us with the extensive church updates and
- finally, our thanks to Josephine Power who gathers and organizes all the data and to the management of CMHA/PEI Division whose support made this Directory possible.

## 2012 DIRECTORY OF SELF-HELP GROUPS AND COMMUNITY RESOURCES IN PRINCE EDWARD ISLAND

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This Directory will help you if you are:

- looking for a group for a health or stressful life situation anywhere on P.E.I.;
- a professional looking for a group or community resource that may assist you in your work with clients;
- interested in learning more about a particular condition;
- interested in making contacts in other parts of the Island;
- wanting to learn more about self-help.

*Please order using the form below ... or drop in and pick one up and save the postage and handling! Please note that we will have a CD version available containing pdf (Acrobat Reader) and Microsoft Word files of the Directory.*

ITEM	COST	SHIPPING & HANDLING	COPIES ORDERED	TOTAL COST
Directory with 3-ring cover & dividers	\$25.00	\$8.00		
Directory only (Insert)	\$15.00	\$3.50		
CD version	\$7.00	\$1.50		
<b>TOTALS:</b>				

NAME: \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

Please make cheques payable to: "Canadian Mental Health Association" and send to:

**Consumer & Family Support Program – Directory Order**  
 Canadian Mental Health Association/PEI Division  
 Box 785 – 178 Fitzroy Street  
 Charlottetown, PE C1A 7L9



**NAME OF GROUP:** \_\_\_\_\_

**NAME OF CONTACT:** \_\_\_\_\_

**TYPE OF GROUP:** SELF-HELP \_\_\_\_\_

PROFESSIONALLY LED \_\_\_\_\_

**CONTACT:** \_\_\_\_\_ HOME PHONE #

\_\_\_\_\_ WORK PHONE #

\_\_\_\_\_ OTHER PHONE #

\_\_\_\_\_ FAX #

\_\_\_\_\_ EMAIL

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**OBJECTIVES OF GROUP (BRIEFLY):** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEETING INFORMATION:**

**PLACE:** \_\_\_\_\_

**DAY:** \_\_\_\_\_

**TIME:** \_\_\_\_\_





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We hope that this Directory will serve as a useful and usable guide to finding community resources and self-help groups in P.E.I. The design and layout of the Directory aim to provide easy access to the essential information you will need to find and contact each group or community resource.

## HOW TO USE THE DIRECTORY

The Directory is divided into six major sections, plus an extensive Table of Contents and an Index. The six major sections are:

### 1. INTRODUCTION

In the Introduction you will find information on how the Directory is organized, information on the self-help process and the definitions that explain why a group is where it is.

### 2. SELF-HELP GROUPS

This section contains descriptions of self-help groups and organizations; the groups are divided into 10 subject categories. You will find the subject listings in the *Table of Contents* and an *Alphabetical Index* of groups and key words at the back of the Directory to help you locate the appropriate group or resource.

We have included a few organizations in this section because, although they themselves are not self-help groups, they provide a central source of information for making contacts. Many of these "umbrella" or coordinating organizations provide support to those starting groups. We do not have separate sections for men and

women because many of the groups relate to both sexes, unless specifically mentioned.

### **3. GROUPS LED BY PROFESSIONALS**

This section contains listings of support groups and programs available in the community for support in health and stressful life situations. All the groups are led or initiated by a professional. We have listed these groups because we believe the "mutual aid" process happens in the environment created by these groups.

### **4. COMMUNITY RESOURCES**

In this section you will find listings of health-related government resources, community resources plus community help/information lines. These listings are important sources of information for self-help groups, for those interested in helping themselves and for those who are dealing with health-related issues.

### **5. SERVICE CLUBS AND ASSOCIATIONS**

In this section we have listed in alphabetical order the Service Clubs and Associations available in Prince Edward Island, their addresses and contact persons. Some of the organizations can be further broken down and you are advised to contact umbrella organizations for additional information about branches in your area.

### **6. SCHOOLS AND CHURCHES**

In this section you will find an alphabetical listing of the schools and churches with contact names and addresses.



## **ABOUT SELF-HELP**

In compiling this Directory, we have been guided by the following working definition of self-help groups developed by the International Network for Mutual Help Centres:

- Self-help groups are open to members of the general public who share a common experience.
- Self-help groups meet face-to-face on a regular, ongoing, basis. Groups are voluntary and open to new members.
- All self-help groups are non-profit. There is no charge to participate in a self-help group although a nominal donation to cover expenses may be requested, but not required.
- Activities focus on mutual support through discussion and sharing of information and experiences but may extend to other activities and ways of interacting.
- Self-help or mutual support is a process wherein people who share common experiences, situations, or problems can offer each other a unique perspective that is not available from those who have not shared these experiences.
- Self-help groups are run by and for group members. Professional providers may participate in the self-help process at the request and sanction of the group and remain in a consultant role.

## **CANADIAN MENTAL HEALTH ASSOCIATION AND SELF-HELP**

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*(Excerpts from CMHA Social Action Series, Self-help/Mutual Aid, by Bonnie Pape, Director of Program at the National Office of CMHA and Vice-President of the Self-Help Clearinghouse of Metropolitan Toronto.)*

The Canadian Mental Health Association is a National, voluntary organization whose central focus is the promotion of mental health of all Canadians. An important objective of the organization is to advocate for improvements in mental health services and for changes in social policies that have an impact on individuals' mental health.

CMHA recognizes the importance of self-help/mutual aid, both for people with mental health problems, and for the Canadian population in general. Self-help groups are important allies of CMHA. They are sources of support for people dealing with mental health problems and often join us as advocacy organizations to press for needed social change. Because they address the stress-related consequences of any number of problems (whether physical, emotional or social) self-help groups are fostered and supported by CMHA divisions and branches across Canada.

It is a truth about the human condition that every person, at some time in his/her life, is likely to experience difficulties coping with the large or small problems of everyday living.

The problem may reveal itself through the death of a loved one, a serious or chronic personal illness (or someone close to us), a family breakdown, addictions, or transitions in the life cycle. For these and other difficult life situations, the formal service system is often the answer. But it is NOT the only answer.

Unfortunately, because of its hierarchical nature, the formal service system can do little to address the need for people to feel they belong within a caring community. It cannot create reciprocal social relationships, nor can it bestow on individuals the power to control and make choices about their own lives and health. Many people find that they need the opportunity to take charge of their own situation and they have the understanding that can come only from someone who has been through the same experience.

To meet this need, there are in North America a growing number of self-help groups. In these groups, people get together on the basis of a common experience to share information and help each other cope. The members use their individual strengths to support each other, and often use their collective strength to advocate for social change. Rather than being the passive recipients of service, self-help group members are active participants in addressing their own problems.

Self-Help groups have a preventive function in that participants function more effectively because the stress and vulnerability to dysfunction are lessened as their social support, coping skills and competence are increased. We have all seen the results of groups like, *Mothers Against Drunk Drivers* (M.A.D.D.) and *Disabled In Action*, which have come together for social support and have grown to advocate for changes in how we view drinking and driving and accessibility issues. *Groups for the Widowed* have been recognized as having a preventive role as they help the survivor connect with other survivors. The months immediately following the loss is a time when the survivor is very vulnerable to emotional and physical illness. For widowed men between the ages of 55 and 65, the mortality rate is 60% higher than those of their married counterparts.

## **SELF-HELP IN PRINCE EDWARD ISLAND**

### **Historical Perspective**

In the last decade, the number of groups has grown in this province, as has the variety of those groups. Many community resources are available as "umbrella" organizations to assist groups to get started. In 1991 with the assistance of the Health Promotion Directorate and the Secretary of State, CMHA/PEI had the opportunity to look at:

- The numbers and types of self-help groups;
- The need for and interest in establishing a Clearinghouse (resource library);
- The services required by self-help groups;
- Who should provide the service? and
- How should it be funded?

This Directory is a continuation of that project. Among the 100 or more groups and human services professionals contacted, there was significant interest in establishing a Self-Help Network. Of the functions of a clearinghouse, the top 10 recommendations were:

1. A Self-Help Directory
2. Increase the awareness of self-help in the community and with professionals
3. A Newsletter and Self-Help Manuals
4. Assistance to people starting new groups
5. Telephone referral
6. Use of computer
7. Leadership training
8. Self-Help Fairs
9. Assistance with fundraising
10. Assistance with publicity

Our goal is to promote self-help and to work with an Island-wide Self-Help Network. CMHA will continue to support groups wish-

ing to get started and assist them with technical support. We continue to put people in touch with groups and individuals and professionals across the Island who can assist them, where they live, to enhance their health.

Over the years, the PEI Consumer and Family Support Program has evolved considerably. To review the program, CMHA assembled a focus group in September, 2000, with consumer and professional representatives from across the Island participating. This group was tasked to look at where the program has been and to help set the framework for the program's future directions. This effort resulted in a revamping of the Consumer and Family Support priorities, which now challenge us primarily in the areas of:

- Consumer and Family Support
- Advocacy
- Mental Health Education
- Stigma Reduction
- Needs Assessment

Over the past few years, there has been a revitalization of the Consumer and Family Support Management Committee and its program staff. We have begun to tackle the identified priorities in earnest thus helping CMHA/PEI move towards its primary goal of enabling individuals, groups and communities from across the Island maintain, and enhance, their mental health.

The revitalization has led us into new program areas. In 2002, in collaboration with the then P.E.I. Department of Health and Social Services, we initiated the *With Hope in Mind* Program, a comprehensive education and support program for family members of someone who is mentally ill. This exciting new direction provided an enhanced level of support for family members of individuals with a mental illness and since September, 2004, Prince Edward Island has the capacity to train its own educators. Also, Consumer and Family Support is now primarily responsible for the delivery

of education presentations to businesses, government and community groups across the Island.

### **ADDITIONAL INFORMATION**

We apologize for any errors regarding your group, or if we have omitted information. We know many of the groups will undergo changes as quickly as this Directory has been revised. Let us know about your changes by calling the toll free number so we can keep group information plus the online version of the directory up-to-date. If you are starting a new group, contact us for listing in future Directories.

#### **Please Note:**

*Listing a particular group in this Directory does not necessarily signify endorsement of that group by CMHA nor does omission of a group signify lack of endorsement or disapproval of that group.*

*Every possible effort was made to contact each group in preparation of this edition.*

***Additional Directories can be  
ordered by sending in the order form  
at the front of this Directory (p. 5).***

# **SELF-HELP GROUPS**





**AIDS PEI****CONTACT:**

375 University Avenue, Unit 2  
 Charlottetown PE C1A 4N4  
 Alana Leard  
 Executive Director  
 Phone: 566-2437 (AIDS)  
 Toll Free (PEI): 1-800-314-2437  
 Fax: 626-3400  
 E-mail: [info@aidspei.com](mailto:info@aidspei.com)  
 Web: [www.aidspei.ca](http://www.aidspei.ca)

- A full description of AIDS PEI objectives, programs and services can be found on page 92 of the directory.

**AL-ANON****CONTACT:**

<u>QUEENS COUNTY</u> Debbie: 628-6681 Addiction Services: 368-4120 Cornwall: 894-3503	<u>KINGS COUNTY</u> Montague: 838-3868 (Winnie)
<u>PRINCE COUNTY</u> East Prince: 436-7603 West Prince: 882-3023 (Anita)	

**OBJECTIVES:**

To help families of alcoholics cope with and understand the "disease" of alcoholism.

Meetings open with introductions, a moment's silence, and the serenity prayer. *A.A.*'s twelve steps and twelve traditions are discussed, followed by discussion of various topics. Meetings end

with a social period and refreshments. Members can choose a sponsor to contact for support outside regular meetings.

**MEETINGS:**

Meetings are held all across the Island. Call the contacts for up-to-date meeting times and places in your area.

**ALCOHOLICS ANONYMOUS****CONTACT:**

24-Hour Answering Service: 892-2103  
Central Queens Information: 892-2103  
East Prince Information: 436-7721  
Kings County Information:  
1-866-961-2660  
West Prince Information: 853-3884

**OBJECTIVES:**

*A.A.* is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for *A.A.* membership.

*A.A.* is self-supporting through members' contributions. *A.A.* is not allied with any sect, denomination, politics, organization or institution; *A.A.* does not wish to engage in any controversy; *A.A.* neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**ACTIVITIES:**

*A.A.*'s help philosophy and strategies are based on the "*Twelve Steps*" and "*Twelve Traditions*". Members are helped to develop healthy attitudes, share their personal experiences in an atmosphere

of support and confidentiality and to act as "sponsors" to one another outside the regular meetings.

**MEETINGS:**

Call the telephone contact in the district in which you live or the alternative numbers. There is a *Free Spirit* Women's only group that meets in Charlottetown on Mondays at 7:30 PM and Thursdays at noon at 223 Kent Street.

**GAMBLERS ANONYMOUS****CONTACT:**

<u>GAMBLERS' SUPPORT GROUP</u>
Phone: 894-3503
Toll Free: 1-855-255-4255

**OBJECTIVES:**

To help members break their addiction to gambling and develop a better way of life. Members will address any problems of living and personality in order to achieve this goal.

**ACTIVITIES:**

This group is founded on *A.A.* principles and methods. Therapy meetings involve discussion of G.A. literature. Members discuss how gambling has affected their lives. "Step" meetings review and discuss the 12-steps and their application to daily living.

**MEETINGS:**

**Charlottetown** ..... Tuesdays and Thursdays, St. Pius X Church  
basement at 8:00 PM; Saturdays at 11:00 AM

**Summerside** ..... Sundays and Wednesdays at 8:00 PM at Trinity  
United Church (side entrance)

**NARCOTICS ANONYMOUS**

**CONTACT:**

<u>ALL OF PRINCE EDWARD ISLAND</u> 1-800-205-8402
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**OBJECTIVES:**

*N.A.* is a fellowship of recovering drug addicts who meet regularly to help each other stay clean.

**MEETINGS:**

- Alberton**..... Tuesdays and Sunday at 7:30 PM, Maplewood Manor
- Charlottetown** ..... Every Monday, Wednesday and Friday at 8:00 PM, Kirk of St. James Church
- Charlottetown** ..... Saturdays at 8:00 PM at 178 Fitzroy Street
- Montague**..... Thursdays at 8:30 PM
- O’Leary** ..... Thursdays at 7:00 PM at O’Leary Community Hospital
- Summerside**..... Thursdays and Sundays at 7:00 PM at St. Paul's Parish Centre

**OVEREATERS ANONYMOUS**

**CONTACT:**

<u>QUEENS COUNTY</u> 221 Kent Street, Charlottetown Fran: 628-8809	<u>BLOOMFIELD</u> O’Leary Community Hospital, Classroom 1 Cheryl:859-3860
<u>MONTAGUE</u> Church of Christ, 513 Main St. Karen: 361-2130	

**OBJECTIVES:**

Uses 12-step program to help compulsive overeaters stop eating compulsively and to carry the message to compulsive overeaters and people with other eating disorders.

**MEETINGS:**

**Montague** ..... Wednesdays, Noon, 513 Main Street

**Charlottetown** ..... Tuesdays, Noon, 221 Kent Street, Charlotte-town

Friday, Noon, 221 Kent Street, Charlottetown

**Bloomfield** ..... Wednesdays, 7:30 PM at O'Leary Community Hospital, Classroom #1

**SEXAHOLICS ANONYMOUS****CONTACT:**

<u>CHARLOTTETOWN &amp; SUMMERSIDE</u> 894-4511
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**OBJECTIVES:**

S.A. is a 12-step group for sex and lust addicts.

**MEETINGS:**

Tuesdays. Please check with contact regarding place of meetings.

**BEREAVED PARENTS****CONTACT:**

<u>CHARLOTTETOWN</u>
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Libba Mobbs: 892-8153
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Heather: 569-2684
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**OBJECTIVES:**

*Bereaved Parents* provides a place and opportunity for parents to come together to introduce the various stages of grief as normal and natural and, to provide support and comfort in the knowledge that you are not alone.

**MEETINGS:**

**Charlottetown** ..... Sundays 1:00 PM, 178 Fitzroy St., from  
September to May

**COMPASSIONATE FRIENDS****CONTACT:**

<u>CHARLOTTETOWN</u>
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68 Mason Rd.
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Stratford, PE C1B 2G4
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Jane Johnston
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Phone: 569-4425
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**OBJECTIVES:**

*Compassionate Friends* is a closed group for parents who have attended a bereavement group and want to continue to receive emotional support in a closed group.

## **STILLBORN AND NEONATAL SELF-HELP GROUP**

### **CONTACT:**

PRINCE COUNTY

Melanie MacPherson

Phone: 836-5313

### **OBJECTIVES:**

The group was founded to provide support for others who have experienced the loss of a child because of a miscarriage, stillbirth or infant death. The group is very helpful for parents once they reach the point where they can talk about their child's death. The group encourages the parent to talk about their feelings and experiences.

## **SUDDEN INFANT DEATH SYNDROME (S.I.D.S.)**

### **CONTACT:**

THE CANADIAN FOUNDATION FOR THE  
STUDY OF INFANT DEATHS

60 James Street, Suite 403

St. Catherine's, Ontario L2R 7E7

1-800-END-SIDS (363-7437)

Email: [sidsinfo@sidscanada.org](mailto:sidsinfo@sidscanada.org)

Web: [www.sidscanada.org](http://www.sidscanada.org)

### **OBJECTIVES:**

Dedicated to solving the mystery of sudden infant death syndrome (SIDS) or sudden, unexplained infant deaths where SIDS has not been ruled out, or any other infant death by undetermined natural causes, and to the emotional support of those who are affected.

**MEETINGS:**

The group meets three to four times a year. Contact 1-800-END-SIDS (363-7437) for more information. Business and social meetings are held every three or four months.

**SURVIVORS OF DRINKING AND DRIVING**

**CONTACT:**

<u>QUEENS COUNTY</u> 10 Radcliffe Drive Stratford, PE C1B 1M7 Scott and Karen Miller Phone: 569-3108	<u>WEST PRINCE</u> Box 14 Bloomfield, PE COB 1E0 Trudy Betts: 859-3194
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**OBJECTIVES:**

Supports victims of drinking and driving; utilizes the supervision of victims as a resource for intervention; promotes public awareness and education and lobbies to bring about change.



## **SURVIVORS OF SUICIDE SELF-HELP GROUPS**

### **CONTACT:**

<b>CONSUMER AND FAMILY SUPPORT PROGRAM</b>
Charlottetown: 628-1648
Summerside: 436-7399
Toll Free 1-800-682-1648

### **OBJECTIVES:**

Provides resources that will enable families to cope with the aftermath of a completed suicide and to enhance the quality of their lives; to inform and raise community consciousness with regard to the needs of suicide survivors; to bring survivors back from the throes of grief, into the mainstream of life again and to offer compassionate and informative guest speakers who will bestow hope and a positive pattern for healing.

### **MEETINGS:**

**Charlottetown** ..... This group meets the second Thursday of each month beginning at 7:00 pm. The meeting location is at the Division Office of CMHA/PEI, 178 Fitzroy Street, Charlottetown.

**Summerside**..... This group meets the last Thursday of each month beginning at 7:30 pm. The meeting location is at the Prince County office of CMHA/PEI, 61 Duke Street, Summerside.

**BLIND AND VISUALLY IMPAIRED****CONTACT:**

342 Grafton Street  
Charlottetown, PE C1A 1L8  
Phone: 566-2580  
Fax: 628-1445  
Web: [www.cnib.ca](http://www.cnib.ca)

**DISABLED WOMEN'S NETWORK (D.A.W.N.)****CONTACT:**

Shelly Breau  
Phone: 218-3296

**OBJECTIVES:**

*D.A.W.N.* is the voice for disabled women, to ensure social justice for all and promote outreach to disabled women.

**INTELLECTUAL DISABILITIES, PARENTS AND FRIENDS (ACL)****CONTACT:**

Gerry McPhee  
Phone: 894-7588  
Email: [gandg@pei.sympatico.ca](mailto:gandg@pei.sympatico.ca)

**OBJECTIVES:**

This group provides information and support for parents and friends about children with intellectual disabilities.

**MEETINGS:**

Call contact for meeting times.

## **LEARNING DISABILITIES ASSOCIATION OF PEI**

### **CONTACT:**

Nils Ling Executive Director Learning Disabilities Association of PEI 40 Enman Cres., Room 149 Charlottetown, PE C1E 1E6 Phone: 894-5032 Email: <a href="mailto:ldapei@eastlink.ca">ldapei@eastlink.ca</a> Web: <a href="http://www.ldapei.ca">www.ldapei.ca</a>
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### **OBJECTIVES:**

The Learning Disabilities Association of PEI (LDAPEI) is a non-profit organization that works to advance the interests of people with learning disabilities across the Province.

LDAPEI provides; information and support for learning disabilities and/or ADHD, community awareness and education, workshops and presentations. LDAPEI, through the Strategies for Caregivers Program, also provides caregivers of children/adults with learning disabilities and/or ADHD supports through educational resources, personalized support services, practical strategies for coping with stress, solution focused planning and facilitating access to community services and resources.

For more information please contact LDAPEI by phone or email, or visit our website.

## **PEOPLE FIRST**

### **CONTACT:**

Voluntary Resource Centre  
81 Prince Street  
Charlottetown, PE C1A 4R3  
Barbara Fanning: 892-8989  
Email: [peipeoplefirst@eastlink.ca](mailto:peipeoplefirst@eastlink.ca)

### **OBJECTIVES:**

*People First* is a self-advocacy group run by and for adults who have been labeled with a mental challenge. Its objectives are to promote equality for all people labeled with a mental challenge, to help each other speak up and make decisions, to teach the community about the rights and abilities of people who are labeled and to support each other to live as independently as possible.

### **MEETINGS:**

**Charlottetown** ..... The group meets the first Monday of each month. Contacts can provide meeting times. Also, meetings are held in Summerside, West Prince, Souris and Montague. Contact the Charlottetown number for further information about meetings in those locations.

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## **SPINAL CORD INJURY SELF-HELP GROUP**

**CONTACT:**

91 Water Street, 3 <sup>rd</sup> Floor Charlottetown, PE C1A 1A5 Paul Cudmore: 626-9523 Email: <a href="mailto:pscudmore@hotmail.com">pscudmore@hotmail.com</a>
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**OBJECTIVES:**

*Spinal Cord Injuries Self-Help Group* provides peer support and information for persons (and their families) with spinal cord injuries and mobility impairment. It acquaints people with rehabilitation and advocacy services offered by the *Paraplegic Association*. Group meets on a regular basis.

**ANDERSON HOUSE (PEI Family Violence Prevention Services, Inc.)****CONTACT:**

Ellen Ridgeway  
Box 964, Charlottetown, PE C1A 7M4

Emergency: 892-0960

Emergency (long distance callers): 1-800-240-9894

Business Line: 368-8658

House Manager Direct Line: 892-9631

Fax: 628-8718

Email: [admin@fvps.ca](mailto:admin@fvps.ca)

Web: [www.fvps.ca](http://www.fvps.ca)

**OBJECTIVES:**

*Anderson House* is operated under PEI Family Violence Prevention Services, Inc.. *Anderson House* is a safe and supportive shelter for women and their children who have been physically or emotionally abused or who live in fear of abuse.

*Anderson House* provides:

- a toll-free 24-hour crisis line
- crisis intervention
- drop-in services
- information/resources and advocacy for abused women and children.

*Anderson House* is staffed 24 hours a day, 7 days a week, by trained women who honour confidentiality. *Second Stage Housing* offers safe and supportive housing for women and children who wish to make a change in their lives after their stay at *Anderson House*.

**PEI FAMILY VIOLENCE PREVENTION****SERVICES, INC.** (Formerly Transition House Association)**CONTACT:**

Box 964 Charlottetown, PE C1A 7M4 Danya O'Malley Manager of Operations Business Line: 894-3354, ext 221 Fax: 628-8718 Email: <a href="mailto:admin@fvps.ca">admin@fvps.ca</a> Web: <a href="http://www.fvps.ca">www.fvps.ca</a>	<b><u>OUTREACH SERVICES</u></b> <b><i>Eastern PEI</i></b> · Gwyn Davies: 838-079 Email: <a href="mailto:gwyn@fvps.ca">gwyn@fvps.ca</a> <b><i>Queens County</i></b> · Gloria Dennis: 566-1480, ext 224 Email : <a href="mailto:gloria@fvps.ca">gloria@fvps.ca</a> <b><i>East Prince</i></b> · Norma McColeman: 436-0517 Email: <a href="mailto:norma@fvps.ca">norma@fvps.ca</a> <b><i>West Prince</i></b> · Valerie Smallman: 859-8849 Email: <a href="mailto:valerie@fvps.ca">valerie@fvps.ca</a>
<b><u>ANDERSON HOUSE</u></b> Emergency: 892-0960 Emergency (long distance callers): 1-800-240-9894 Business Line: 368-8658 House Manager Direct Line: 894-3354, ext 221 Fax: 628-8718 Email: <a href="mailto:admin@fvps.ca">admin@fvps.ca</a> Web: <a href="http://www.fvps.ca">www.fvps.ca</a>	

**OBJECTIVES:**

Family Violence Prevention Services, Inc. (formerly Transition House Association) was established in 1980 to provide a place of safety for women and children who are victims of abuse, and to work towards the elimination of family violence. The organization believes that it is a basic human right to be free of abuse and from fear of abuse in relationships.

Services offered include *Anderson House*, *Second Stage Housing*, Outreach and Support Services in Queens, West Prince, East Prince and Eastern PEI, information & support groups for women and children, public education & training, and liaison with community and government agencies and *Outreach and Support Services in Queens, West Prince, East Prince and Eastern PEI*. For information on our public education and training programs, please call 894-3354, ext 221.



## **LA LECHE LEAGUE**

### **CONTACT:**

**CHARLOTTETOWN**

Chris Ortenburger: 675-2239

Melanie Walsh-Fraser: 566-1604

Web: [www.lllc.ca](http://www.lllc.ca)

### **OBJECTIVES:**

*La Leche League's* main objectives are to help mothers who are breastfeeding their babies; to encourage mothering through breast feeding which stimulates the optimal physical and emotional growth of the child and the development of close relationships; to promote a better understanding of breastfeeding, parenting, child-birth and related subjects; and to offer discussion meetings, conduct lectures and provide telephone help towards these objectives and on related topics.

There are over 300 groups in Canada and each group has its own library, pamphlets and cassettes on breastfeeding topics.

### **MEETINGS:**

**Charlottetown** ..... First and third Monday of every month at Trinity United Church, Richmond Street. We also have ongoing telephone self-help.

## **DEPRESSION/BIPOLAR/ANXIETY SELF-HELP GROUP**

### **CONTACT:**

<u>CONSUMER &amp; FAMILY SUPPORT PROGRAM</u> Josephine Power 178 Fitzroy Street Charlottetown, PE C1A 7L9 Phone: 628-1648 Toll Free: 1-800-682-1648 Email: <a href="mailto:selfhelp@cmha.pe.ca">selfhelp@cmha.pe.ca</a>
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### **OBJECTIVES:**

The Depression/Bipolar/Anxiety Self-Help Group provides the opportunity for emotional support and information for those who suffer from, or have suffered from, depression, bipolar disorder or anxiety.

### **MEETINGS:**

**Charlottetown** ..... First and third Wednesdays, 1:00 PM, 178 Fitzroy Street, Board Room

## **EMOTIONS ANONYMOUS**

### **CONTACT:**

<u>SUMMERSIDE</u> Karen: 436-8915 Jean: 436-9787	<u>WELLINGTON</u> Angele: 854-2974
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### **OBJECTIVES:**

The group is based on the twelve-step program especially designed to assist those who suffer from emotional illness. It is designed to help people realize they are not alone with emotional problems and that they can learn to live at peace with unsolved problems.

**MEETINGS:**

**Alberton**.....Mondays at 7:00 PM, 1 College Street (upstairs meeting room).  
**Charlottetown** .....Fridays at 8:00 PM, 178 Fitzroy Street  
**Summerside**.....Wednesdays at 8:00 PM at St. Paul's Parish  
**Wellington** .....Thursdays at 7:30 PM at the Evangeline Health Centre (back door)

**POST-PARTUM RESOURCES****CONTACT:****CONSUMER AND FAMILY SUPPORT PROGRAM**

Box 785 – 178 Fitzroy Street  
Charlottetown, PE C1A 7L9  
Phone: 628-1648  
Toll Free: 1-800-682-1648  
Email: [selfhelp@cmha.pe.ca](mailto:selfhelp@cmha.pe.ca)

**OBJECTIVES:**

To support women and their partners by making education resources available and educating the general public about the realities of postpartum depression.

## **SCHIZOPHRENIA SOCIETY OF PRINCE EDWARD ISLAND**

### **CONTACT:**

CHARLOTTETOWN

Box 25020

Charlottetown, PE C1A 9N4

Gail MacLean: 894-8826 or

368-5850 (Office)

Fax: 368-5467

### **OBJECTIVES:**

The Society is a non-profit organization started by family and friends affected by the brain disease, schizophrenia. We provide support to one another and public education about the illness. We support research into the cause and (hopefully) cure for schizophrenia. We advocate for, and help in, the establishment of resources such as post-hospital housing, employment opportunities and recreational programs. Finally, we raise funds to finance these activities. For information call phone numbers above.

**A.L.S. SUPPORT GROUP****Contact:**

A.L.S. SOCIETY OF PEI P.O. Box 1643 Summerside, PE C1N 2V5 Phone: 439-1600 Email: <a href="mailto:als_society_pei@hotmail.com">als_society_pei@hotmail.com</a>	Cindy Warren, President 55 Waugh Road, Summerside RR#3, PE C1N 4J9 Phone: 436-6157 Email: <a href="mailto:clwarren@eastlink.ca">clwarren@eastlink.ca</a>
Betty McNab, Client Services 103 Maple Ave Charlottetown, PE C1A 6G2 Phone: 892-7102 Email: <a href="mailto:fb62.mcnab@pei.sympatico.ca">fb62.mcnab@pei.sympatico.ca</a>	

**OBJECTIVES:**

To give support to individuals, families and loved ones living with ALS; to support research for a treatment and cure; to provide education and awareness concerning the disease.

## **AIDS PEI**

### **CONTACT:**

375 University Avenue, Unit 2  
Charlottetown PE C1A 4N4  
Alana Leard  
Executive Director  
Phone: 566-2437 (AIDS)  
Toll Free (PEI): 1-800-314-2437  
Fax: 626-3400  
E-mail: [info@aidspei.com](mailto:info@aidspei.com)  
Web: [www.aidspei.ca](http://www.aidspei.ca)

- *A full description of AIDS PEI objectives, programs and services can be found on page 92 of the directory.*

## **ALLERGY/ASTHMA INFORMATION ASSOCIATION**

### **CONTACT:**

Atlantic Regional Coordinator  
Ruth Roberts  
70 Snowy Owl Drive  
Bedford, NS B4A 3L3  
Toll Free: 1-888-453-0088  
Email: [atlantic@aaia.ca](mailto:atlantic@aaia.ca)  
Web: [www.aaia.ca](http://www.aaia.ca)

### **OBJECTIVES:**

It is the mission of AAIA (Allergy/Asthma Information Association) to create safer environments and improve quality of life for Canadians affected by asthma, allergy and anaphylaxis by empowering individuals and providing education, leadership, and a national voice.

**ALZHEIMER SUPPORT GROUP**

**CONTACT:**

166 Fitzroy Street  
Charlottetown, PE C1A 1S1  
Corrine Hendricken Eldershaw,  
Office Manager  
Phone: 628-2257  
Toll free 1-866-628-2257  
Fax: 368-2715  
Email: [society@alzpei.ca](mailto:society@alzpei.ca)  
Web: [www.alzpei.ca](http://www.alzpei.ca)

**OBJECTIVES:**

The Society offers support to families and caregivers of people who have been diagnosed with Alzheimer’s Disease and other related dementias. The Alzheimer Society offers support, information, education, counselling, advocacy, and a Day Respite Program for individuals diagnosed with Alzheimer’s Disease and other related dementias. The Day Respite has a sliding fee scale while core services are FREE.

**MEETINGS:**

- Alberton**..... TBA-call for information
- Charlottetown** ..... Third Wednesday at 2 pm at 166 Fitzroy Street
- Montague**..... Third Wednesday at 2 pm at Perrins Marina Villa
- Souris** ..... Last Monday at 6:30 pm at Family Resource Centre
- Summerside**..... TBA-call for information

## **HEART SUPPORT GROUP**

### **CONTACT:**

<p><u>HEART AND STROKE FOUNDATION</u> Charlotte Comrie: Executive Director Box 279 180 Kent Street Charlottetown, PE C1A 7K4 Phone: 892-7441 Fax: 368-7068 Web: <a href="http://www.heartandstroke.ca">www.heartandstroke.ca</a></p>
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### **OBJECTIVES:**

Started in 1993 this group is for individuals who have had a heart attack or stroke or heart surgery. Partners and family members of members also attend these meetings.

### **MEETINGS:**

**Charlottetown** ..... *Heart and Stroke Foundation* has a *Heart to Heart Group* and one-on-one support for families who are dealing with a stroke



**HUNTINGTON SOCIETY****CONTACT:**

<u>NATIONAL OFFICE</u> 151 Frederick Street Kitchener, ON N2H 2M2 Phone: 519-749-7063 Toll Free: 1-800-998-7398 Fax: 519-749-8965 Email: <a href="mailto:info@huntingtonsociety.ca">info@huntingtonsociety.ca</a>	<u>PEI HD Society Chapter</u> Stephen Hurst, Summerside Phone: 888-3013
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**OBJECTIVES:**

Huntington Disease is an inherited brain disorder causing uncontrollable movements, abnormal gait, slurred speech, mental deterioration and/or marked personality changes affecting 1 in 1,000 Canadians. The organization offers support, education and research.

**MEETINGS:**

Check with the Island contact regarding meetings and support.

**LUPUS CANADA****CONTACT:**

Lupus Canada Toll Free: 1-800-661-1468
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**OBJECTIVES:**

*Lupus Canada* is a National Association of Provincial organizations and Provincial branches. Provincial self-help groups are formed by concerned Lupus patients, relatives and friends.

## **MARFAN SYNDROME SUPPORT**

### **CONTACT:**

THE CANADIAN MARFAN <u>ASSOCIATION</u> 1-866-722-1722	<u>P.E.I. CONTACT</u> Margo Connors 294 Richmond St. Charlottetown, PE C1A 1J9 Phone: 566-5661 Toll free: 1-866-722-1722 Email: <a href="mailto:remember@pei.sympatico.ca">remember@pei.sympatico.ca</a>
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### **OBJECTIVES:**

We offer support and resources to those who have Marfan Syndrome, as well as to their families and friends. We aim to increase the awareness in the community about the condition and to raise funds for Marfan research. Marfan Syndrome is a genetic disorder of the connective tissue that can affect the heart, lungs, eyes and the skeletal system. It can cause disability and/or early death if not diagnosed or understood.

### **MEETINGS:**

We meet as often as folks require.

## **MULTIPLE SCLEROSIS SELF-HELP GROUPS**

### **CONTACT:**

Jeanne MacPhee: 675-2224
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### **OBJECTIVES:**

These meetings allow a person with MS the opportunity to learn and share information about this disease. In order to respect each other's privacy, we ask people to not disclose any personal information that we discussed during the meeting.

**MEETINGS:**

**Charlottetown** ..... First Tuesday of each month, 1:30 – 3:30 PM, Atlantic Superstore

**Charlottetown** ..... Third Wednesday of each month at 7:00 PM, Prince Edward Home

**OSTEOPOROSIS CANADA – PEI CHAPTER****CONTACT:**

Box 552 Charlottetown, PE C1A 7L1 Michelle Lafford: 367-3933 Email: <a href="mailto:pei@osteoporosis.ca">pei@osteoporosis.ca</a>
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**OBJECTIVES:**

The group's mission is to help educate Islanders about osteoporosis.

**MEETINGS:**

**Charlottetown** ..... Second Monday of each month, 6:30 PM, 18 Palmer's Lane

## **PARKINSON'S SELF-HELP GROUP – QUEENS COUNTY**

### **CONTACT:**

Maureen: 569-5038 Ann: 569-1829
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### **OBJECTIVES:**

We support others diagnosed with Parkinson's. We also make others more knowledgeable and more informed of Parkinson's, raise funds for research, fellowship.

### **MEETINGS:**

**Charlottetown** ..... The first Thursday of the month, from September to June, 2:00 PM, Trinity United Church, 220 Richmond Street, Charlottetown

## **PEI BREAST CANCER SUPPORT GROUP**

### **CONTACT:**

<u>CHURCH OF THE NAZARENE</u> 40 Woodlawn Drive Charlottetown Glenda: 894-5454 Judy: 569-3496
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### **OBJECTIVES:**

The group provides support for P.E.I. women who have experienced breast cancer.

### **MEETINGS:**

**Charlottetown** ..... Meets the first Monday of each month, 7:30 PM, Church of the Nazarene.

## **POST-POLIO SYNDROME SELF-HELP GROUP**

**CONTACT:**

18 Rosemount Drive Charlottetown, PE C1A 3R8 Violet: 569-1859 Mary: 892-6917
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**OBJECTIVES:**

Supports individuals who have Post-Polio Syndrome by way of providing emotional support and information.

**MEETINGS:**

**Charlottetown** ..... Third Thursday of the month, 7:30 PM, Brecken House, Prince Edward Home. There are no meetings in the winter.

## **PROSTATE CANCER SUPPORT GROUP**

**CONTACT:**

Norm Fotheringham: Phone: 314-6392 or 566-5897 Web: <a href="http://www.peiprostatesupport.com">www.peiprostatesupport.com</a>
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**MEETINGS:**

**Charlottetown** ..... Second Monday of every month, 7:30 PM, at the Four Neighbourhoods Community Health Centre, 152 St. Peter's Road

This group also provides one-on-one emotional support.

*Prostate Cancer Awareness Week* is held each September and is supported by the following national organizations: Canadian Cancer Society; National Cancer Institute of Canada; Canadian Prostate Cancer Network; Canadian Urology Association; Canadian

Association for Nurses in Oncology; Canadian Uro-Oncology Group; Canadian Association of Radiologists; Canadian Association of Radiation Oncologists; College of Family Physicians of Canada and Canadian Prostate Cancer Research Foundation.

## **PSORIASIS SOCIETY OF CANADA-SUPPORT**

### **CONTACT:**

National Office Box 25015 Halifax, Nova Scotia B3M 4H4 1-800-656-4494 (Toll-free number works for all of Canada) Fax: 1-902-443-2073 Web: <a href="http://www.psoriasisociety.org">www.psoriasisociety.org</a>
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### **OBJECTIVES:**

The Society is dedicated to all those who suffer from Psoriasis. This is a skin condition affecting the epidermis. Psoriasis makes the epidermis grow thicker. Most people with this condition have a rash that is easily identifiable; in other cases it can be quite difficult for a doctor to get the diagnosis right the first time.

### **MEETINGS:**

**Charlottetown** ..... The group meets on as-needed basis for educational sessions. Meetings are usually held at the Queen Elizabeth Hospital.

## **SLEEP-WAKE DISORDERS SELF-HELP GROUP**

### **CONTACT:**

434 Lower Malpeque Road Charlottetown, PE C1E 1V1 Don Frizzell: 628-2128
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### **OBJECTIVES:**

Provides information and support about sleep-wake disorders and brings together those who are diagnosed with such disorders and their families for mutual support, information and methods of coping with this disorder.

## **SPINA BIFIDA AND HYDROCEPHALUS ASSOCIATION**

### **CONTACT:**

<u>CHARLOTTETOWN</u> 21 Linden Avenue Charlottetown, PE C1A 5Y7 Marilyn Blanchard: 892-6627	<u>SUMMERSIDE</u> 304 Read Drive Summerside, PE C1N 5A9 Lurlean Palmer: 436-9579
<u>CANADIAN ASSOCIATION</u> 1-800-565-9488	

### **OBJECTIVES:**

Formed by a group of concerned parents of children with Spina Bifida to support one another and to enhance the quality of life for the family. They educate the general public concerning Spina Bifida and Hydrocephalus.

**UNITED OSTOMY ASSOCIATION****CONTACT:**

Albert Morgan: 675-3355
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**OBJECTIVES:**

This is a non-profit organization, dedicated to the rehabilitation of Ostomy patients through mutual support and education. Volunteers are available to visit new and old Ostomy patients.

**MEETINGS:**

**Charlottetown** ..... Every three months, 7:00 PM



## **PEI SENIOR CITIZENS' FEDERATION INC.**

### **CONTACT:**

40 Enman Crescent Charlottetown, PE C1E 1E6 Eric Hammill: President Phone: 368-9008 Toll free: 1-877-368-9008 Email: <a href="mailto:peiscf@pei.aibn.com">peiscf@pei.aibn.com</a> Web: <a href="http://www.peiseniorsfederation.com">www.peiseniorsfederation.com</a>
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### **MANDATE:**

The PEI Senior Citizens' Federation Inc. (PEISCF) is a provincial not-for-profit organization whose membership includes member clubs across the island and individuals. The Federation acts as a **voice for seniors and advocates for a better quality of life on their behalf.**

### **OBJECTIVES:**

To link member clubs across PEI and provide a vehicle for a stronger voice; to consult with government and other decision makers about seniors' concerns and to advocate on their behalf; to co-ordinate and organize workshops and seminars that meet seniors' social and educational needs; to increase understanding of the aging process; to encourage seniors to participate in decisions which affect their lives; to act as a resource and disseminate information for the benefit of all seniors; and to collaborate with other seniors' organizations.

## **ABEGWEIT RAINBOW COLLECTIVE**

### **CONTACT:**

375 University Ave., Unit 2 Charlottetown, PE C1A 4N4 894-5776 (Charlottetown Area) Toll Free: 1-877-380-5776
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### **OBJECTIVES:**

The *Abegweit Rainbow Collective* is a gay and lesbian support group. The collective is a community-based, volunteer, organization committed to providing support, education and advocacy to bisexual, gay, lesbian, transgender, two-spirited and questioning Islanders and their family and friends.

The *Abegweit Rainbow Collective* is committed to raising community awareness for healthy change.

Check for up-to-date recorded information seven days a week, 24 hours a day, or call on Tuesday or Thursday evenings between 7:00 PM and 10:00 PM.

# **GROUPS LED BY PROFESSIONALS**



## **ADULT REHABILITATION**

### **CONTACT:**

ADDICTION SERVICES, QUEENS REGION

Box 2000

Charlottetown, PE C1A 7N8

Anne Marie Bolger: 368-4271

### **OBJECTIVES:**

*Adult Rehabilitation Program* provides individual assessments, educational and group therapy sessions.

## **FAMILY EDUCATION PROGRAMS**

### **CONTACT:**

CATHOLIC FAMILY SERVICES BUREAU

129 Pownal Street - Box 698

Charlottetown, PE C1A 7L3

Peter Mutch, Executive Director

Phone: 894-3515

Fax: 892-4045

Email: [prmutch@catholicfamilyservice.ca](mailto:prmutch@catholicfamilyservice.ca)  
(executive director)

Email: [admin@catholicfamilyservice.ca](mailto:admin@catholicfamilyservice.ca)  
(general inquiries)

Web: [www.catholicfamilyservices.ca](http://www.catholicfamilyservices.ca)

### **OBJECTIVES:**

Catholic Family Services Bureau has experienced staff who will meet your therapeutic needs by providing the highest level of professional individual, couple, and family counselling services. We use both traditional therapeutic techniques and creative arts counselling interventions. Also, the team provides wellness education programs and advocacy for all Islanders. The team will provide each individual and family with dignity and respect in our confi-

dential therapeutic interventions. The Bureau is sensitive to cultural diversity and available to provide supports and services to all Islanders. At all times the team will demonstrate understanding, skills, comfort, tolerance, and sensitivity toward cultural differences such as ethnicity, culture, age, gender, sexual orientation, abilities, economic status, and religious/spiritual affiliation.

## **FAMILY PROGRAM (Addictions)**

### **CONTACT:**

<u>ADDICTION SERVICES, KINGS</u> Phone: 687-7110 (Souris)/ 838-0608 (Montague) Donna McLean Phone: 838-0960	<u>ADDICTION SERVICES, PRINCE</u> Addiction Services 65 Roy Boates Avenue Box 3000 Summerside PE C1N 2A9 Donna Birch Phone: 853-8670
<u>ADDICTION SERVICES, QUEENS</u> Box 2000 Charlottetown, PE C1A 7N8 Jim Good: 368-4289 Wilfred Butler: 368-4296	<u>WEST PRINCE ADDICTION</u> Sandra Ramsay Phone: 853-8670

### **OBJECTIVES:**

The primary objective is to reduce the impact of addictions on family members and friends. The *Family Program* offers knowledge, development of personal skills and support in dealing with a loved one who has an addiction. A children's program for ages 6-12 and personal counselling also are available. Children's Program offered as need arises. Closed Groups.

**MEETINGS:**

- Charlottetown** ..... Contact above phone number for programs
- Kings** ..... Contact above numbers for day and time of Family Program
- Summerside** ..... Check with Addiction Services regarding meeting times
- West Prince** ..... Contact above number for day and time of Family Program

**FAMILY THERAPIST****CONTACT:**

Jan Henry, M.S.W., R.S.W. 293 Water Street, Suite 6 Summerside, PE C1N 1C1 Phone: 436-0098
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**OBJECTIVES:**

Counselling children, adolescents, families, individuals and couples. Over 30 years experience.

**FAMILY TIES PROGRAM****CONTACT:**

185 Beach Grove Road Box 2000 Charlottetown, PE C1A 7N8 1E6 Phone: 368-4871 Fax: 368-4864
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**OBJECTIVES:**

This program focuses on emotional parent-child problems and depression, uses services necessary to strengthen families and avoid unnecessary placement in hospitals, group homes, etc. Individual and family counselling is provided for teens aged 12-18.

**KIDS SUPPORTING KIDS****CONTACT:**

272 MacEwen Road Summerside, PE C1N 2P7 Dale Sabean: 888-8400 Fax: 888-8449
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**OBJECTIVES:**

*Kids Supporting Kids* is a project where children, in grades 4-6 in four Prince County schools, will learn through parents, teachers, and peers personal self-esteem, respect, appropriate social skills, negotiating skills and non-violent approaches to conflict so that they can make positive choices for themselves and others at an early age. *Kids Supporting Kids* will: establish a school and parent advisory committee, train peer mediators, provide classroom training for teachers and demonstrate improved conflict resolution and communication skills among children.



## MARRIAGE ENCOUNTER

### CONTACT:

<u>ATLANTIC CONTACT</u> James and Connie McNeil Phone: 902-367-2061 Email: <a href="mailto:renewmarriage@gmail.com">renewmarriage@gmail.com</a> Web: <a href="http://www.wwme.org">www.wwme.org</a> <a href="http://www.facebook.com/WWMEAtlantic">www.facebook.com/WWMEAtlantic</a> <a href="http://www.twitter.com/renewmarriage">www.twitter.com/renewmarriage</a>	<u>P.E.I. CONTACT</u> Shawn and Patty Noonan Phone: 368-3875 Email: <a href="mailto:pei.wwme@gmail.com">pei.wwme@gmail.com</a> Web: <a href="http://www.wwme.org">www.wwme.org</a>
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### OBJECTIVES:

Worldwide Marriage Encounter weekends are scheduled for PEI, NB and NS in 2012. A special weekend for husbands and wives to **Restore Communication** – You'll discover new ways to love, listen, and share with each other; **Rekindle Romance** – Has romance and passion taken a back seat your hectic lifestyle? Enjoy a weekend free of distractions and fall in love all over again; and **Renew Commitment** – re-discover the person you married and re-charge your life.

## PROVINCIAL SOCIAL SUPPORT PROGRAM FOR TEEN PARENTS

### GENERAL OBJECTIVES:

This program provides a social support program for teen parents within or near all Island High Schools.

The program offers an integrated, supportive, positive, client friendly environment. The goals of the program include: empowering the teen parent with the knowledge, skills, and attitudes ne-

cessary to achieve positive health outcomes for herself and her child; and effecting positive change in health, social, and educational services systems delivery for the teen parent. These support groups are coordinated by qualified professionals who are able to address the challenging needs of this special population.

**CONTACT:**

<u>QUEENS</u>	<u>WESTERN SCHOOL BOARD</u>
<i>G.I.F.T. (Graduation Is For Teen Moms)</i>	Elsa M. Riley
-Colonel Gray Senior HS	Teacher Coordinator
Charlene Duffy: 368-6860	EPPY Program
-Charlottetown Rural HS	(Educating Pregnant and/or
Rebecca Sradham: 368-6908	Parenting Youth Program)
-Bluefield High School	Three Oaks Senior High:
Janet Gallant: 675-7480	888-8461 or 853-8642
	Elmsdale Board Office:
	853-8642
	Email: <a href="mailto:emriley@edu.pe.ca">emriley@edu.pe.ca</a>

**OBJECTIVES/MEETINGS:**

*G.I.F.T.*- This program is co-sponsored by the Eastern School District and the Queens Health Authority. Each of the schools in the greater Charlottetown area has a coordinator on site. Coordinators act as liaisons between students and various regional health and community organizations. The object is to help each student meet her educational and emotional needs during pregnancy and early motherhood while earning her high school diploma. Workshops on topics suggested by teen moms are held 2-3 times a year.

*Special Delivery Club*- This Westisle High School service is offered in 10-week sessions and is usually offered once or twice a year.

*Teen Parent Support Program*- This support group meets weekly to discuss topics of concern and to give support to both pregnant

and parenting teens. This group also offers individual counselling through individual office visits and home visits.

*EPPY Program* - The Western School Board Educating Pregnant and/or Parenting Youth Program offers educational and emotional support to pregnant and/or parenting teens interested in completing high school. The teacher coordinator works together with the student, the Three Oaks Student Services Department, the administration, teachers, and health professionals, to determine how best to meet the educational goals of the student.

## **S.A.D.D. (STUDENTS AGAINST DRINKING AND DRIVING)**

### **CONTACT:**

S.A.D.D.-PEI

Highway Safety Division

Box 2000

Charlottetown PE C1A 7N8

Jodi Harper: 368-5211

Fax: 368-5236

Email: [jsharper@gov.pe.ca](mailto:jsharper@gov.pe.ca)

### **OBJECTIVES:**

To help students save their own lives and the lives of others. To educate students about the risks of impaired driving including legal complications. To develop “peer counselling” among students about alcohol and drugs especially in regards to driving and to increase public awareness and prevention of driving while under the influence of alcohol and/or drugs.

### **MEETINGS:**

Meetings, open to the public, are held separately in each of our 11 High School SADD Chapters. Call contact for list of SADD Chapters. No Fees. Open to anyone interested.

**STUDENT ASSISTANCE PROGRAM****CONTACT:**

<u>KINGS COUNTY</u> Amanda Petrie Phone: 687-7110	<u>PRINCE COUNTY</u> Community Mental Health and Addictions Alberton & Summerside 65 Roy Boates Avenue Box 3000 Summerside PE C1N 2A9 Lynn Jones: 853-8670 Danny Creelman: 888-8380 Cindy Galt: 888-8380
<u>QUEENS COUNTY</u> Addiction Services Box 2000 Charlottetown, PE C1A 7N8 Kevin McKinnon: 368-4273	

**OBJECTIVES:**

*Student Assistance program* offers groups for students at the Junior/Senior High School levels. Designed to assist students who are harmfully involved with substance abuse. The program is also for students who are living with, or close to someone, with an addiction.

**YOUTH ADDICTION COUNSELLING (Individual)****CONTACT:****ADDICTIONS SERVICES**

Box 2000

Charlottetown, PE C1A 7N8

Kevin McKinnon: 368-4273

**YOUTH DAY TREATMENT PROGRAM**

For Information: 368-4120

**OBJECTIVES:**

Provides individual counselling for young people who are experiencing problems as a result of alcohol/drug use.

**MEETINGS:**

**Charlottetown** ..... Individuals must meet with a counsellor for an assessment prior to attending. Sessions held one evening per week for four weeks

## **BIOENERGETIC PSYCHOTHERAPY (Mind & Body)**

### **CONTACT:**

#### CHRYSLIS BIOENERGETIC CENTER

131 Norwood Road, #5

Charlottetown, PE

C1A 8P6

Bethany Doyle: 894-3244

Web: [www.isn.net/bioenergetics](http://www.isn.net/bioenergetics)

#### BIOENERGETIC CENTER

Bernice Steele

P.O. Box 1147

Charlottetown, PE

C1A 7M8

Phone: 393-0146

Email: [bstele@peimarthas.ca](mailto:bstele@peimarthas.ca)

Margaret Bernard

Phone: 394-4386

Email: [mbernard.bio@gmail.com](mailto:mbernard.bio@gmail.com)

### **OBJECTIVES:**

*Bioenergetics Analysis* is a body and mind approach to emotional health and well-being. It offers a combination of analytic therapy and energetic bodywork. It treats problems such as depression, sexual abuse, stress related illness, relationship difficulties, loss, grief and anxiety. Activities include: *Individual Bioenergetic Psychotherapy* and *Group Process*, Exercise Classes are also offered.

**CHARLOTTETOWN MASSAGE THERAPY****CONTACT:**

<u>CHARLOTTETOWN AREA HEALTH CENTRE</u>
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1 Rochford Street
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Charlottetown, PE C1A 9L2
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Marilyn Sparling: 368-8140
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Fax: 368-7281
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Web: <a href="http://www.messagepei.ca">www.messagepei.ca</a>
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**OBJECTIVES:**

Provides therapeutic massage services to clients either through self-referrals or referrals from medical sources. Therapy programs are designed to alleviate pain, manage stress, assist in recovery from injury and enhance wellness.

Services include: Deep tissue Myofascial work, muscular therapy, reflexology, La Stone Therapy, Suikodo, relaxation and aromatherapy.

## **ANGER MANAGEMENT/COUNSELLING RESOURCES FOR SENIORS**

### **CONTACT:**

**FAMILY SERVICE PEI**

Karen MacCarville

158 Belvedere Avenue, Suite 5

Charlottetown, PE C1A 2Z1

Phone: 892-2441

Fax: 892-4998

Web: [www.familyservice.pe.ca](http://www.familyservice.pe.ca)

### **OBJECTIVES:**

Offers professional counselling services in the areas of credit counselling, family mediation and “general” counselling. Using a variety of counselling approaches, men, women and teenagers who have been drawn into beliefs and attitudes that support abusive, controlling or disrespectful ways of relating with others, are supported to construct healthier, more respectful, relationships with others.

## **COUNSELLING RESOURCES FOR SENIORS**

### **CONTACT:**

**FAMILY SERVICE PEI**

158 Belvedere Avenue, Suite 5

Charlottetown, PE C1A 2Z1

Phone: 892-2441

Fax: 892-4998

### **OBJECTIVES:**

Caring, professional staff provides a counselling service aimed at helping seniors to respond to various personal and relationship issues. The focus is on maximizing healthy aging, promoting independence and improving quality of life.



**PEI COMMUNITY JUSTICE CENTRE****CONTACT:**

Box 1929 Charlottetown, PE C1A 7N5 Phone: 368-6390 Fax: 368-5644
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**OBJECTIVES:**

*The Community Justice Centre* is a section of clinical services of Correction Services PEI, a division of the Office of the Attorney General.

This Centre's main objective is to provide programming which focuses on promoting a healthier lifestyle for individuals as well as assisting authorities maintain safer communities. The primary programs offered to the general public (adults) are focused on domestic violence and anger management.

**PSYCHOTHERAPY GROUP FOR  
ANXIETY/DEPRESSION****CONTACT:**

Michelle Arsenault, O.T. Reg (PEI) Phone: 438-4409 Beth MacEwen, R.S.W. Phone: 438-4411
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**OBJECTIVES:**

On-going Psychotherapy for the treatment of anxiety and depression. Referral accepted from all sources and screened by above professionals. Groups meet Wednesdays 6:00 – 7:30 PM.

**K&K QUALITY CARE****CONTACT:**

45 Goodwill Avenue Charlottetown, PE C1A 3E4 Phone: 367-5496 Email: <a href="mailto:kjmdoucette@hotmail.com">kjmdoucette@hotmail.com</a>
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**OBJECTIVES:**

K&K Quality Care is a community access program for adults with an intellectual disability. It is a person-centered program designed to assist individuals in acquiring the skills necessary for personal and social growth, independence as well as enhance family and community life.

**PEDIATRIC CLINIC****CONTACT:**

<u>DEPARTMENT OF PEDIATRICS</u> Queen Elizabeth Hospital Box 6600 Charlottetown, PE C1A 8T5 Phone: 894-2440 Fax: 894-2477
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**OBJECTIVES:**

This is a project to provide a multidisciplinary team approach to the diagnosis, management, and follow-up of learning difficulties in children. Teams will provide assistance to children, families, and service providers through personal visits and dissemination of information.

Team members include pediatricians, nurses, speech language professionals, community mental health, educators, children and their families.

**SPEECH, LANGUAGE AND HEARING SERVICES****CONTACT:****PRIMARY HEALTH CARE**

Department of Health  
Sherwood Business Centre  
161 St. Peters Road - Box 2000  
Charlottetown, PE C1A 7N8  
Verna McInnis: 368-4440  
Patricia Ellis: 368-5808  
Fax: 620-3195

**OBJECTIVES:**

Provides assessment and support services for individuals with communication and/or hearing difficulty.

**GRIEF THERAPY****CONTACT:**

Beth MacEwen, Phone: 438-4411 Michelle Arsenault, OT Phone: 438-4409
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**OBJECTIVES:**

Offering individual therapy sessions to assist clients through the grief process to recovery. No cost.

**PHOBIAS****CONTACT:**

Dr. Sol Feldstein #910, Route 246 Bonshaw, PE C1A 1C0 658-2658 Fax: 658-2131
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**OBJECTIVES:**

Provides information for those suffering from phobias. Individuals are taught the proper hypno-relaxation exercise which enables the control of phobias. Support provided on an individual basis.

**STRESS MANAGEMENT COUNSELLING****CONTACT:**

Dr. Sol Feldstein #910, Route 246 Bonshaw, PE C1A 1C0 658-2658 Fax: 658-2131
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**OBJECTIVES:**

Provides information for those suffering from the effects of stress. Individuals are taught the proper hypno-relaxation exercise which enables the control of stress. Support provided on an individual basis.

**MIGRAINE SUPPORT****CONTACT:**

Dr. Sol Feldstein #910, Route 246 Bonshaw, PE C1A 1C0 658-2658 Fax: 658-2131
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**OBJECTIVES:**

Provides information for those suffering from migraines. Individuals are taught the proper hypno-relaxation exercise which enables the control of migraine headaches. Support provided on an individual basis.

**SMOKE ENDING****CONTACT:**

Dr. Sol Feldstein #910, Route 246 Bonshaw, PE C1A 1C0 658-2658 Fax: 658-2131
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**OBJECTIVES:**

Provides the hypno-relaxation technique and counselling to remove the craving for nicotine products enabling the individual to comfortably change to a non-smoker. Sessions are once a week.

**WEIGHT CONTROL****CONTACT:**

Dr. Sol Feldstein #910, Route 246 Bonshaw, PE C1A 1C0 658-2658 Fax: 658-2131
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**OBJECTIVES:**

Teaches the principles involved in maintaining an appropriate healthy weight. Hypno-relaxation exercises are used to properly motivate individuals in carrying out a weight-control program. Sessions are held twice a month, or as needed.

**ALZHEIMER RESPITE PROGRAM****CONTACT:**

Corrine Hendricken-Eldershaw, CEO 166 Fitzroy Street Charlottetown, PE C1A 1S1 Phone: 628-2257 Toll Free: 1-866-628-2257 Fax: 368-2715 Email: <a href="mailto:society@alzpei.ca">society@alzpei.ca</a> Web: <a href="http://www.alzpei.ca">www.alzpei.ca</a>
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**OBJECTIVES:**

This Alzheimer Society Day Program offers support, free time and relief for those who provide care to a person with Alzheimer Disease and related dementias. This program enhances the quality of life for the person with Alzheimer Disease by providing the chance to optimize their intellectual and social capabilities. The program offers exercise, music therapy and bolsters the self-esteem in the participants.



## **EASTERN PEI FAMILY VIOLENCE PREVENTION SERVICES**

### **CONTACT:**

Box 820 Montague, PE C0A 1R0 Gwyn Davies-Outreach Coordinator Phone: 838-0628 Fax: 838-0774 Email: <a href="mailto:gddavies@ihis.org">gddavies@ihis.org</a>
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### **OBJECTIVES:**

The Family Violence Prevention Committee provides support and information to victims of violence in their homes or relationships. Also provides public information and consultation in regards to community-based strategies for the prevention of family violence.

## **RAPE AND SEXUAL ASSAULT CRISIS CENTRE**

### **CONTACT:**

<b><u>PEI RAPE AND SEXUAL ASSAULT CRISIS CENTRE</u></b> Box 1522 Charlottetown, PE C1A 7N3 Phone: 566-1864 Fax: 368-2957 Web: <a href="http://www.peirsac.org">www.peirsac.org</a>	<b><u>CRISIS LINE</u></b> Local calls: 566-8999 Toll Free: 1-800-289-5656
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### **OBJECTIVES:**

A twenty-four hour, toll free, crisis line for victims of rape and sexual assault including incest and spousal rape. Trained volunteers answer calls and provide information, advocacy and support. Centre provides individual therapy and group therapy as needed. Please call for more information.

**SAGE****CONTACT:**

Colleen MacQuarrie  
Psychology Department, University of PEI  
550 University Avenue  
Charlottetown, PE C1A 4P3  
Phone: 566-0617  
Fax: 628-4359  
Email: [cmacquarrie@upei.ca](mailto:cmacquarrie@upei.ca)  
Web : [www.sagepei.org](http://www.sagepei.org)

**OBJECTIVES:**

A volunteer organization dedicated to eradicating sexual abuse in our culture. The main objectives and purposes are to implement an ongoing community education program to make all citizens conscious of the problems of sexual abuse/assault and of the need for deep societal changes required to eliminate this violence; to provide advocacy on behalf of survivors and to lobby for improved services for survivors and sexually abused children; to provide supportive, non-therapeutic, programs for survivors; and to provide relevant training for professionals, advocates and front line workers.

**TURNING POINT****CONTACT:**

PEI COMMUNITY JUSTICE <u>RESOURCE CENTRE</u> Box 2000 124 Murchison Lane Charlottetown, PE C1A 7N5 Jo-Anne Hargrove, Provincial Coordinator Phone: 368-6392
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**OBJECTIVES:**

Provides programs and counselling for men who are abusive toward their partners. Counselling is offered in both one-to-one and group environments. This is a provincial program and information is available by contacting the Provincial Coordinator.



# **COMMUNITY RESOURCES**



## **A.L.S. SOCIETY OF PEI**

### **CONTACT:**

A.L.S. SOCIETY OF PEI P.O. Box 1643 Summerside, PEI C1N 2V5 Phone: 439-1600 Email: <a href="mailto:als_society_pei@hotmail.com">als_society_pei@hotmail.com</a>	Maxine Holmes, President Kingston Cornwall, PE C0A 1H0 Phone: 675-4805 Email: <a href="mailto:mcholmes@ihis.org">mcholmes@ihis.org</a>
Margaret MacFarlane, Unit Director 2005 Rattenbury Road Stanley Bridge, PE C0A 1E6 Phone: 886-2903 Email: <a href="mailto:margmac@pei.sympatico.ca">margmac@pei.sympatico.ca</a>	Betty McNab, Client Services 103 Maple Ave Charlottetown, PE C1A 6G2 Phone: 892-7102 Email: <a href="mailto:fb62.mcnab@pei.sympatico.ca">fb62.mcnab@pei.sympatico.ca</a>

### **OBJECTIVES:**

To give support to individuals, families and loved ones living with ALS; to support research for a treatment and cure; to provide education and awareness concerning the disease.

**ABEGWEIT FIRST NATIONS MI'KMAQ  
WELLNESS CENTRE**

**CONTACT:**

Box 68 Mount Stewart, PE C0A 1T0 Gerald Gould, Health Director Phone: 676-3007 Fax: 676-2734
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**OBJECTIVES:**

The centre is based primarily on health promotion and prevention. We also offer other services such as alcohol and drug counselling for members of our Band and AA meetings (open to the public) on Thursday evenings.



## **ACE PROGRAM (UPEI Adult Connections in Education)**

### **CONTACT:**

UPEI, ACE Program Webster Centre for Teaching & Learning Robertson Library 550 University Avenue Charlottetown, PE C1A 4P3 Phone: 894-2886 Email: <a href="mailto:webstercentre@upei.ca">webstercentre@upei.ca</a>
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### **OBJECTIVES:**

UPEI Adult Connections in Education (ACE) is a four-year, inclusive, post-secondary, program committed to enriching the lives of students with intellectual disabilities through academic enhancement and personal growth.

Students attend and audit classes of interest, complete a modified course curriculum, and participate in university activities. Peer university students volunteer with ACE students in the areas of study, computer skills, fitness, and in-class support.

For more information, please visit our website:  
[www.upei.ca/webstercentre/ace](http://www.upei.ca/webstercentre/ace)

### ADDICTION SERVICES

#### CONTACT:

<u>COMMUNITY MENTAL HEALTH AND ADDICTIONS, CENTRAL</u> Margaret M. Kennedy Director of Mental Health & Addictions Health PEI 16 Garfield Street, Box 2000 Charlottetown, PE C1A 7N8 Phone: 368-6197 Fax: 569-0597 Email: <a href="mailto:mmkennedy@gov.pe.ca">mmkennedy@gov.pe.ca</a>	<u>COMMUNITY MENTAL HEALTH AND ADDICTIONS, EAST</u> A) 17 Knights Lane Souris, PE C0A 2B0 Phone: 687-7110 Fax: 687-7119 B) Community Addiction and Mental Health 126 Douses Road Montague, PE C0A 1R0 Bernice Curran-Brothers: Addictions Carol Hameline: Mental Health, 838-0960 Fax: 838-0961
<u>COMMUNITY MENTAL HEALTH AND ADDICTIONS, WEST</u> 65 Roy Boates Avenue Box 3000 Summerside, PE C1N 2A9 Phone: 888-8380 Fax: 432-2585	<u>COMMUNITY MENTAL HEALTH AND ADDICTIONS, WEST</u> 334 Church St Alberton, PE C0B 1B0 Phone: 853-8670 Ambulatory Detox Western Hospital Box 10 C0B 1B0 Phone: 853-0401

#### OBJECTIVES:

*Community Mental Health and Addictions* provides residential and non-residential treatment for chemically dependent persons and their families. Education and information sessions are provided to the general public as well. The services vary in each region including; detoxification, rehabilitation, aftercare, family programs, a halfway house for males in Queens and in Prince County, and a halfway house for females in Queens County.

The two Kings County locations share the same staff and offer both counselling and support programs in addictions and mental health. For more information, please call one of their phone numbers.

### **ADVENTURE GROUP**

#### **CONTACT:**

400 St. Peters Road Charlottetown, PE C1C 1L2 Executive Director: Roxanne Carter Thompson Phone: 628-8668 Fax: 628-3885 Email: <a href="mailto:adventure@pei.aibn.com">adventure@pei.aibn.com</a> Web: <a href="http://www.adventuregroup.pe.ca">www.adventuregroup.pe.ca</a>
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#### **OBJECTIVES:**

*Adventure Group Inc.* is a (registered) not for profit, experiential education and training organization incorporated in 1992 to address the needs of young people and their parents, as identified in several major studies. The goal of the Adventure Group is to offer opportunities for learning as well as personal and skills development using experiential, service learning and adventure based curriculum. The Adventure Group works with clients using a "learning by doing" approach, whereby participants are fully involved in the experience.

#### **PROGRAMS:**

**Adventure Camp:** Campers participate in many activities such as the R.O.P.E.S Course, which provides opportunities to learn leadership skills, increase self esteem and make healthy choices. The camps are offered to youth aged 9-14 years.

**R.O.P.E.S Course:** A challenge course that is utilized to deliver workshops such as Personal Growth and Self Awareness, Leader-

## COMMUNITY RESOURCES

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ship programs, Team Building workshops, Conflict Management workshops, Self Esteem programs and Respect programs.

**Afterschool Program:** Supervised activities are provided in an environment that focuses on safety, social skills and self-esteem. Activities include: homework help, art, drama, sports and recreation, music appreciation, nutrition, computers and community service projects. The program is offered for youth grades 7-9.

**Life Management Program:** This program provided 12 youth with 12 weeks of employment and life skills that will assist them in taking the next step in their employment action plan.

## AIDS PEI

### CONTACT:

375 University Avenue, Unit 2 Charlottetown PE C1A 4N4 Alana Leard Executive Director Phone: 566-2437 (AIDS) Toll Free (PEI): 1-800-314-2437 Fax: 626-3400 E-mail: <a href="mailto:info@aidspei.com">info@aidspei.com</a> Web: <a href="http://www.aidspei.ca">www.aidspei.ca</a>
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### OBJECTIVES:

Our mission is to create supportive environments for people living with HIV/AIDS, their family and friends, to increase public understanding of the impact on those affected by HIV/AIDS in Prince Edward Island. AIDS PEI is guided by the principles of population health, health promotion and community development. AIDS PEI affirms the voice of people living with HIV/AIDS. AIDS PEI is committed to sharing resources and experiences to develop partnerships and to promote the collaborative development of a community based response to HIV/AIDS throughout the province.

### **SERVICES, RESOURCES, MEETINGS:**

We provide condoms, lubricant and information on HIV/AIDS and other STIs, to organizations, schools and the general public. We provide to positive persons, emergency and health fund, peer support, assistance with transportation to medical appointments, nutritional assistance, internet access, resources on treatment, nutrition and new drug therapies. We provide a large, well maintained, resource library. AIDS PEI provides office and meeting space to ARC (Abegweit Rainbow Collective) and to GLBTQ (Gay, Lesbian, Bi-Sexual, Transgender and Questioning) Youth Drop-In who meet Wednesdays from 6-9 pm.

### **ALERT**

#### **CONTACT:**

81 Prince St. Charlottetown PE C1A 4R3 Brian Curley: 368-7337 Fax: 368-7180
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### **OBJECTIVES:**

To lobby government to make changes to better the situation of people in poverty and to educate the public on the realities of poverty. Meetings are open to the general public.

## **ALZHEIMER SOCIETY**

### **CONTACT:**

Corrine Hendricken-Eldershaw, CEO  
166 Fitzroy Street  
Charlottetown, PE C1A 1S1  
Phone: 628-2257  
Toll Free: 1-866-628-2257  
Fax: 368-2715  
Email: [society@alzpei.ca](mailto:society@alzpei.ca)  
Web: [www.alzpei.ca](http://www.alzpei.ca)

#### **Alzheimer Respite Program**

166 Fitzroy Street  
Charlottetown, PE C1A 1S1  
Phone 628-2257  
Email: [society@alzpei.ca](mailto:society@alzpei.ca)

### **OBJECTIVES:**

The Society offers a Resource Centre, Day Respite Program, support groups, advocacy, Safely Home Wandering Registry, education, counselling, research, fundraising and support to the general public and families and caregivers of persons with Alzheimer Disease and related dementias.

The Alzheimer Society Day Program offers support, free time and relief for those who provide care to a person with Alzheimer Disease and related dementias. This program enhances the quality of life for the person with Alzheimer Disease by providing the chance to optimize their intellectual and social capabilities. The program offers exercise, music therapy and bolsters the self-esteem of participants.

## **ARTHRITIS SOCIETY**

### **CONTACT:**

Owl's Hollow Building 95 Capital Dr. Charlottetown, PE C1E 1E8 Sarah Drew: 628-2288 Fax: 628-6035 Email: <a href="mailto:info@pe.arthritis.ca">info@pe.arthritis.ca</a> Web: <a href="http://www.arthritis.ca">www.arthritis.ca</a>
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### **OBJECTIVES:**

The mission of the *Arthritis Society* is to provide leadership and funding for research, advocacy and solutions to improve the quality of life for Canadians affected by arthritis.

*Aqua Arthritis* a pool-based, exercise program for people with arthritis and is available in Charlottetown, Montague and Summerside.

*PACE (People with Arthritis can Exercise)* is a land-based, exercise program for people with arthritis and is available in Souris, Kensington, Morell, Montague and Charlottetown.

*The Arthritis Self-Management Program* is a self-management program for people with arthritis and fibromyalgia. It helps a person take back control of their life through pain-management techniques and includes discussions about exercise, nutrition and medications. There are spring and fall classes. There are six weekly two hour sessions and you receive an excellent resource called *The Arthritis Helpbook*.

*The Chronic Pain Management Workshop* is a two hour introduction to pain management.

*Take Charge! Early Intervention for Osteoarthritis* is a four week course of weekly, two hour, classes.

Please call 1-800-321-1433 for the schedules for these programs and to join *The Arthritis Society* by filling out our Registry form, to

receive the information you need to manage your arthritis. It is free to join! This information is also available online at [www.arthritis.ca](http://www.arthritis.ca)

### **ASTHMA EDUCATION CENTRE**

#### **CONTACT:**

DR. PATRICK GILL ASTHMA EDUCATION CENTRE

Asthma Education Centre

Queen Elizabeth Hospital

Box 6600, Charlottetown, PE C1A 8T5

Judy Hansen, RN: 894-2240

Fax: 894-2429

Email: [asthmacentre@pei.aibn.com](mailto:asthmacentre@pei.aibn.com)

Web: [www.asthmacentre.pe.ca](http://www.asthmacentre.pe.ca)

#### **OBJECTIVES:**

The *Asthma Education Centre's* goals are: to work with individuals dealing with asthma and their physicians, to support individuals in their efforts to gain and maintain control of asthma and to achieve the best results with the least amount of medication. Individuals must be referred to the Centre by their physician.

### **AUTISM SOCIETY OF PEI**

#### **CONTACT:**

Nathalie Walsh

Phone: 566-4844

Toll Free: 1-888-360-8681

Email: [Nathalie@autismsociety.pe.ca](mailto:Nathalie@autismsociety.pe.ca)

Web: [www.autismsociety.pe.ca](http://www.autismsociety.pe.ca)

#### **OBJECTIVES:**



## **COMMUNITY RESOURCES**

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The specific objectives of the society are: to organize parents and other interested persons in fostering the realization of the said aim; to identify and obtain facilities and services that will meet the social, physical, medical, educational and transportation needs of the individuals with Autism; to promote and support selected research programs and to promote public education and professional development.

### **MEETINGS:**

Meetings held in Charlottetown once/month and meetings held in Summerside twice/year.

## **BIG BROTHERS-BIG SISTERS OF PEI**

### **CONTACT:**

2 St. Peters Road Charlottetown, PE C1A 5N2 Yvonne Carter: 569-5437 Fax: 892-5593 Email: <a href="mailto:info@bbbspei.ca">info@bbbspei.ca</a>	4 Summer Street, Suite 2 Summerside, PE C1N 3H2 Phone: 436-8122
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### **OBJECTIVES:**

This organization matches mature men and women with boys and girls from single-parent families for social recreation. It is a non-profit organization, funded entirely by concerned citizens and special fundraising projects.

### **BIRTHRIGHT**

#### **CONTACT:**

188 Fitzroy Street, Unit 3 Charlottetown, PE C1A 1S4 Judy MacDonald: 628-6028 Emergency 24-hour hot line: 1-800-550-4900
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#### **OBJECTIVES:**

Birthright helps any woman or girl who is dealing with an unexpected pregnancy crisis situation. Birthright provides free pregnancy tests, confidentiality, loving non-judgmental support, counselling and referrals to other agencies as needed.

### **BOYS AND GIRLS CLUBS OF PEI**

#### **CONTACT:**

<u>CHARLOTTETOWN</u> 35 St. Peters Road Charlottetown, PE C1A 5N1 Krista Shaw Phone: 892-1817 Fax: 892-1817 Email: <a href="mailto:krista@bgcharlottetown.com">krista@bgcharlottetown.com</a>	<u>SUMMERSIDE</u> 364 Notre Dame Street Summerside, PE Adam Binkley Phone: 436-9403 Fax: 888-2315 Email: <a href="mailto:ssidebgclub@eastlink.ca">ssidebgclub@eastlink.ca</a>
<u>WELLINGTON</u> Box 78 24 Mill Road Wellington, PE C0B 2E0 Michelle MacDonald Phone: 854-3174 Fax: 854-2586 Email: <a href="mailto:wbgc2003@hotmail.com">wbgc2003@hotmail.com</a>	

### **OBJECTIVES:**

Together with families and other adults, *Boys and Girls Club* provides children and youth with skills, knowledge and values necessary to become responsible individuals.

## **BRAIN INJURY COALITION**

### **CONTACT:**

Brain Injury Coalition of Prince Edward Island  
Kenneth Murnaghan, President  
Box 1532  
Charlottetown, PE C1A 7N3  
Phone: 892-0367  
Cell: 314-4228  
Email: [info@biapei.com](mailto:info@biapei.com)  
Web: [www.bicpei.com](http://www.bicpei.com)

### **OBJECTIVES:**

The coalition provides support, information and advocacy services for persons with brain injury and their families. The coalition also provides support systems as well as promotes awareness in the public and in public agencies of the causes and consequences of brain injury.

### **SUPPORT GROUPS:**

When you or a family member or a loved one suffers a brain injury, the result can be terrifying. The members of the Brain Injury Coalition of Prince Edward Island can help. Support groups are available for survivors and/or family members. The coalition can assist by:

- Listening and understanding
- Providing reassurance that you are not alone
- Sharing experience
- Supporting your new role as advocate for your loved one

- Act as an informal information network
- Providing a social connection
- Offering ongoing support

### **BRECKEN HOUSE ADULT DAY HEALTH PROGRAM**

#### **CONTACT:**

Located in the Prince Edward Home 5 Brighton Road Charlottetown, PE C1A 8T6 Phone: 368-4611 Email: <a href="mailto:pjlaird@ihis.org">pjlaird@ihis.org</a>
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#### **OBJECTIVES:**

To provide a supportive environment for seniors who live in the community but need the assistance of a caregiver. Spending the day at Brecken House offers a break or respite for the caregiver and provides an opportunity for the senior to socialize and participate in a variety of activities.

Activities include: exercises, music therapy, crafts and work projects, guest speakers and presentations, cards and games, snacks and a noon meal. Other services that may be accessed through the program are: therapeutic baths, occupational therapy consultations, physiotherapy consultations, foot care clinics and nutritional counselling. A pre-admission assessment must be completed to determine eligibility for the program.

### **C.H.A.N.C.E.S.**

#### **CONTACT:**

16 Brighton Road Charlottetown, PE C1A 1T4 Jane Arbing: 892-8744 Fax: 892-3351
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#### **OBJECTIVES:**

*C.H.A.N.C.E.S.* is a community-based program dedicated to making an active contribution to the well being of children, particularly for those from birth to age 6. Within a Family Resource Centre programming will include: a Parent Drop-in Centre, parenting skills training, organized preschool recreation programs, outdoor programs, nutritional help, etc. The program also provides specialized prevention and parenting programs for youth and young adult parents as well as support for literacy training.

### **CAMP GENCHEFF**

#### **CONTACT:**

Camp Gencheff Box 412 Charlottetown, PE C1A 7K7 Phone: 569-2669 Fax: 569-1613 Email: <a href="mailto:gencheffcamp@pei.aibn.com">gencheffcamp@pei.aibn.com</a>
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#### **OBJECTIVES:**

*Camp Gencheff* is a fully accessible facility sponsored by the *Charlottetown Rotary Club*. It is set up to provide a camping experience for disabled children and adults during the summer and Respite Care Weekends in the off-season. Those with physical or intellectual disabilities use the facility located in Bellevue Cove outside of Charlottetown.

## **CANADIAN CANCER SOCIETY**

### **CONTACT:**

<b>CANCER INFORMATION SERVICE</b> Toll Free: 1-888-939-3333	<b><u>P.E.I. CONTACT</u></b> 1 Rochford Street, Suite 1 Charlottetown, PE C1A 9L2 Community Programs: Phone: 566-4007 Toll Free: 1-866-566-4007 Fax: 628-8281 Web: <a href="http://www.cancer.ca">www.cancer.ca</a>
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### **OBJECTIVES:**

**CIS - Cancer Information Service** ... for answers to questions about prevention and early detection of cancer, treatment, drugs and clinical trials, side effects, cancer statistics, complementary therapies, nutrition, community support programs, etc., call **1-888-939-3333** between 9:00 am - 6:00 pm (**toll-free**).

**Cancer Connection** ... is a free telephone peer support program for people living with cancer and their caregivers. Callers are matched with a trained volunteer who has gone through a similar cancer experience. To talk to someone “who’s been there,” call **1-888-939-3333** and choose peer support option.

**Cancerconnection.ca** is an online community for people with cancer and their caregivers to support one another. Members can connect through profiles, blogs, messages, discussion forums and shared information.

**Camp Goodtime** ... a one-week summer camp in Nova Scotia where Island children aged 7-15 years, living with cancer, can enjoy the fun and freedom of camp life. A buddy is also invited to attend. Call 1-800-639-0222.

**Patient Advocate Program** ... an assistance program to help patients, meet the individual needs and some of the costs related to cancer drugs, medical supplies, and transportation.

## COMMUNITY RESOURCES

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**Reach to Recovery**...a one-to-one support program where women who have had breast cancer visit other women with breast cancer while in hospital or at home. Support can also be provided over the telephone.

including books and videos on cancer sites and treatments are now available at the PEI Public Libraries upon request. Brochures, etc. are available at the PEI Division office or at [www.cancer.ca](http://www.cancer.ca).

**Services in the Community**...To find out about Canadian Cancer Society programs and other services available in your community, use our Community Resources Directory at [www.cancer.ca](http://www.cancer.ca).

**Smokers' Helpline** offers free confidential help from trained quit specialists to support quit efforts. Phone 1-877-513-5333 or visit [www.smokershelpline.ca](http://www.smokershelpline.ca)

## **CANADIAN CELIAC ASSOCIATION,** **CHARLOTTETOWN CHAPTER**

### **CONTACT:**

Brian Marcipont, President Phone: 436-0522	Dianne Winsor: 886-2048
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### **OBJECTIVES:**

*The Canadian Celiac Association* is a national organization dedicated to providing services and support to persons with Celiac Disease and Dermatitis Herpetiformis through programs of awareness, advocacy, education and research. Celiacs in Canada are served by local chapters across the country, which united, form a national body called *The Canadian Celiac Association*. The association is incorporated under the Canada Corporations Act. The national association and the local chapters are registered charities.

## **CANADIAN DIABETES ASSOCIATION**

### **CONTACT:**

Jake Reid, Regional Director of NB/PEI PEI Regional Office Sherwood Business Centre 161 St. Peter's Road Charlottetown PE C1A 5P7 Phone: 894-3005 Fax: 368-1928 Email: <a href="mailto:jake.reid@diabetes.ca">jake.reid@diabetes.ca</a> Web: <a href="http://www.diabetes.ca">www.diabetes.ca</a>
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### **OBJECTIVES:**

The association is an independent organization with over fifty thousand members from the health care professions and the general public. Our mission is to promote the health of Canadians through research, service, education and advocacy.



**CANADIAN MENTAL HEALTH ASSOCIATION/  
PEI DIVISION**

**CONTACT:**

<u>DIVISION</u> 178 Fitzroy St. – Box 785 Charlottetown, PE C1A 7L9 Reid Burke: Executive Director Phone: 566-3034 Fax: 566-4643 Email: <a href="mailto:division@cmha.pe.ca">division@cmha.pe.ca</a>	<u>PRINCE COUNTY</u> 61 Duke Street Summerside, PE C1N 3R9 Roma Arsenault: Associate Executive Director Phone: 436-7399 Fax: 436-2209 Email: <a href="mailto:assoc.executivedirector@cmha.pe.ca">assoc.executivedirector@cmha.pe.ca</a>
<u>WEST PRINCE REGION</u> 1 College Street Box 537 Alberton, PE COB 1B0 Lester Wagner: Regional Director Phone: 853-4180 Fax: 853-3877 Email: <a href="mailto:cmhawest@cmha.pe.ca">cmhawest@cmha.pe.ca</a>	

**OBJECTIVES:**

The Association is committed to ensuring the best possible care and treatment of individuals with mental illnesses and promoting the mental health of all Islanders. CMHA is a non-government, charitable, organization that provides services and information on mental health and illness and mental health promotion activities across PEI. Programs include *Fitzroy Centre Clubhouse, Notre Dame Place Clubhouse, Hope Centre Clubhouse, I'm Thumbody Program, Changing Minds, Mental Health Works, Consumer and Family Support* (including the program *With Hope in Mind*), *Suicide Prevention* (also includes *Signals of Suicide* and *ASIST*), *White Cross* and educational resources related to mental health and mental illness.

### **CNIB**

#### **CONTACT:**

342 Grafton Street  
Charlottetown, PE C1A 1L8  
Phone: 566-2580  
Fax: 628-1445  
Web: [www.cnib.ca](http://www.cnib.ca)

#### **OBJECTIVES:**

*C.N.I.B.* provides individual and family support for those affected by blindness and visual impairment. The Institute raises funds for research and work to make the public aware of blindness and visual impairment.

### **CANADIAN RED CROSS SOCIETY**

#### **CONTACT:**

Meagon MacDougall  
62 Prince Street  
Charlottetown, PE C1A 4R2  
Phone: 628-6262  
Fax: 368-3037  
Email: [meagon.macdougall@redcross.ca](mailto:meagon.macdougall@redcross.ca)  
Web: [www.redcross.ca](http://www.redcross.ca)

#### **OBJECTIVES:**

The mission of the Canadian Red Cross is to improve the lives of vulnerable people by mobilizing the power of humanity in Canada and around the world.

Programs and services include the Health Equipment Loan Program, First Aid and Water Safety Training, Respect Ed programs, Disaster Preparedness, Emergency Response and others. Additionally, the Canadian Red Cross develops and offers special pro-

grams in response to specific community needs. For thousands of Atlantic Canadians, the Canadian Red Cross means Hope, Help and Caring. For thousands more it means safety, training and education.

## **CATHOLIC FAMILY SERVICES BUREAU**

### **CONTACT:**

#### **CATHOLIC FAMILY SERVICES BUREAU**

129 Pownal Street - Box 698

Charlottetown, PE C1A 7L3

Peter Mutch, Executive Director

Phone: 894-3515

Fax: 892-4045

Email: [admin@catholicfamilyservice.ca](mailto:admin@catholicfamilyservice.ca)  
(general inquiries)

Email: [prmutch@catholicfamilyservice.ca](mailto:prmutch@catholicfamilyservice.ca)  
(executive director)

Web: [www.catholicfamilyservices.ca](http://www.catholicfamilyservices.ca)

### **OBJECTIVES:**

Catholic Family Services Bureau has experienced staff who will meet your therapeutic needs by providing the highest level of professional individual, couple, and family counselling services. We use both traditional therapeutic techniques and creative arts counselling interventions. Also, the team provides wellness education programs and advocacy for all Islanders. The team will provide each individual and family with dignity and respect in our confidential therapeutic interventions. The Bureau is sensitive to cultural diversity and available to provide supports and services to all Islanders. At all times the team will demonstrate understanding, skills, comfort, tolerance, and sensitivity toward cultural differences such as ethnicity, culture, age, gender, sexual orientation, abilities, economic status, and religious/spiritual affiliation.

## **CHIEF MARY BERNARD MEMORIAL WOMEN'S SHELTER**

### **CONTACT:**

Box 223  
Lennox Island, PE C0B 1P0  
831-2332  
Email: [womensshelter@lennoxisland.com](mailto:womensshelter@lennoxisland.com)

### **OBJECTIVES:**

The shelter provides emergency shelter for women in domestic violence situations as well as homeless women and their children.

## **CHILD FIND PEI INC.**

### **CONTACT:**

Box 21008  
Charlottetown, PE C1A 9H6  
368-1678  
Emergency: 1-800-387-7962  
Fax: 368-1389  
Email: [childfind@pei.aibn.com](mailto:childfind@pei.aibn.com)  
Web: [www.childfindPEI.com](http://www.childfindPEI.com)

### **OBJECTIVES:**

*Child Find PEI* is a registered non-profit charitable organization that works inter-provincially with other Child Find offices across Canada. We assist in the location and recovery of missing and exploited children and we help reunite them with their lawful parent/guardian, and we provide assistance and support to families affected by the trauma of a missing child. We offer a variety of community awareness and public education programs related to child safety to children, parents and communities Island-wide. Our services are island-wide and are rendered at no cost. Any funds

generated for Child Find PEI go directly back into our programming to serve Islanders.

### **CHILDREN'S WISH FOUNDATION OF CANADA/ PEI CHAPTER**

#### **CONTACT:**

Box 2614  
22 Allen Street  
Charlottetown, PE C1A 8C3  
Beth Corney Gauthier, Chapter Director  
Phone: 566-5526  
or 1-800-267-9474 (WISH)  
Fax: 894-8412  
Email: [pei@childrenswish.ca](mailto:pei@childrenswish.ca)

#### **OBJECTIVES:**

The goal of this foundation is to grant a one-time wish for children, between the ages of three and seventeen, who have been diagnosed with high risk, life-threatening, illnesses. A wish referral may come from the child, parents, medical staff or the community.

### **COMMUNITY INCLUSIONS AND MENTAL HEALTH**

#### **CONTACT:**

Ethel Ellsworth  
24 North Street  
O'Leary, PE  
C0B 1V0  
Phone: 726-3144

**OBJECTIVES:**

*Mental Health Residential Services* provides safe and secure living environments for the intellectually disabled who are unable to be cared for at home.

**COMMUNITY LEGAL INFORMATION**  
**ASSOCIATION OF PEI INC.**

**CONTACT:**

Box 1207 Charlottetown, PE C1A 7M8 David Daughton Executive Director Phone: 368-4098	Inquiry Line: Phone: 892-0853 Toll Free: 1-800-240-9798 Fax: 368-4096 Email: <a href="mailto:clia@cliapei.ca">clia@cliapei.ca</a> Web: <a href="http://www.cliapei.ca">www.cliapei.ca</a> Sgt. Barry Arsenault President
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**OBJECTIVES:**

Provides Islanders with understandable, useful, information about our laws and our justice system. The Resource Centre contains legal books and materials for the general public and free pamphlets. Also, all our publications, as well as news items about changes in the law and a couple of videos are available on our website at [www.cliapei.ca](http://www.cliapei.ca).

***C.L.I.A. is located in Room 158, First Floor, Sullivan Building, 16 Fitzroy Street Entrance, Charlottetown.***

## **COMMUNITY MENTAL HEALTH AND ADDICTIONS**

### **CONTACT:**

<b><u>COMMUNITY MENTAL HEALTH &amp; ADDICTION SERVICES EAST</u></b>	<b><u>COMMUNITY MENTAL HEALTH &amp; ADDICTION SERVICES WEST</u></b>
<i>Community Mental Health – East</i> Carol Hameline, Supervisor  Montague: Phone: 838-0960 Fax: 838-0961  Souris: Phone: 687-7110 Fax: 687-7116  <i>Community Addiction Services – East s</i> Bernice Curran-Brothers Supervisor  Montague: Phone: 838-0960 Fax: 838-0961  Souris: Phone: 687-7110 Fax: 687-7116	<i>A) Prince County Hospital</i> 65 Roy Boates Avenue Box 3000 Summerside, PE C1N 2A9 Donna Birch: 888-8380 Fax: 888-8173  <i>B) Western Hospital (Ambulatory Detox)</i> Box 10 Alberton, PE C0B 1B0 Phone: 853-0401 Fax: 853-0409  <i>C) Community Mental Health &amp; Addictions (counselling)</i> 334 Church St. – Box 10 Alberton PE C0B 1B0 Phone: 853-8670 Fax: 853-0402  <i>D) Evangeline Community Health Centre</i> Wellington, PE Phone: 854-7259 Fax: 854-7270

## COMMUNITY RESOURCES

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<u>QUEENS REGION</u> <i>McGill Centre</i> Community Mental Health 55 McGill Ave., Box 2000 Charlottetown, PE C1A 7N8 Phone: 368-4911 Fax: 368-6189	<u>QUEENS REGION</u> <i>Richmond Centre</i> 1 Rochford St., Box 2000 Charlottetown, PE C1A 7N8 Colin Campbell Program Manager : 368-4430 Fax: 368-4427
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### **OBJECTIVES:**

Offers professional assessment and ongoing individual/group counselling programs for individuals affected by stressful life situations, mental health disorders and mental illnesses. Self and professional referral accepted.

They offer specific programs such as stress management, phototherapy, relaxation, pre and post discharge, neuroleptic injections and self-esteem. Some programs are only available in some areas.



## **CONSUMER AND FAMILY SUPPORT PROGRAM**

### **CONTACT:**

<u>ALBERTON</u> 1 College Street – Box 537 Alberton, PE C0B 1B0 Phone: 853-4180 Fax: 853-3877	<u>QUEENS/KINGS COUNTIES</u> Maureen Watts, Program Coordinator Josephine Power, Consumer & Family Support Worker
<u>CHARLOTTETOWN</u> 178 Fitzroy Street – Box 785 Charlottetown, PE C1A 7L9 Phone: 628-1648 Toll Free: 1-800-682-1648 Fax: 566-4643 Email: <a href="mailto:fsshcoord@cmha.pe.ca">fsshcoord@cmha.pe.ca</a> (Maureen) <a href="mailto:selfhelp@cmha.pe.ca">selfhelp@cmha.pe.ca</a> (Josephine)	<u>SUMMERSIDE</u> 61 Duke Street Summerside, PE C1N 3R9 Phone: 436-7399 Fax: 436-2209  CMHA/PEI Website: <a href="http://www.cmha.pe.ca">www.cmha.pe.ca</a>

### **OBJECTIVES:**

The *Consumer and Family Support Program* is a program of *Canadian Mental Health Association/PEI Division*. It is a provincial program that promotes mental health and social action through Self-Help/Mutual Aid, produces a resource directory annually, provides presentations and displays raising mental health/illness awareness, maintains resource libraries with educational information on mental health/illness topics and is the primary support program of the self-help community.

In partnership with Health PEI, Consumer and Family Support Program offers the *With Hope in Mind* education course. This eight-week program provides education and support to family members/loved ones of individuals with mental illness. *With Hope in Mind* offers information on major mental illnesses, self-care

## COMMUNITY RESOURCES

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strategies, coping strategies and emotional support for family members. This free program is offered island-wide by trained family member volunteers. Ongoing *With Hope in Mind* Self Help Groups are also offered in several island communities.

## **COUNCIL FOR A SMOKE-FREE PEI**

### **CONTACT:**

<u>CHARLOTTETOWN AREA HEALTH CENTRE</u>
1 Rochford Street, Suite 1
Charlottetown, PE C1A 9L2
Claire Nantes
Phone: 566-4007
Fax: 628-8281

### **OBJECTIVES:**

*Council for a Smoke-Free PEI* aims to help eliminate tobacco related health hazards; to help coordinate activities among provincial and regional groups and individuals concerned with eliminating the health hazards of tobacco; to promote legislation to regulate and eventually eliminate the promotion, distribution and use of tobacco. Board meetings are held monthly.

## **CROHN'S AND COLITIS FOUNDATION CENTRE OF CANADA**

### **CONTACT:**

Crohn's and Colitis Foundation of Canada  
600-60 St. Clair Avenue East  
Toronto, ON M4T 1N5  
Telephone: (416) 920-5035, 1-800-387-1479  
Fax: (416) 929-0364  
email: [ccfc@ccfc.ca](mailto:ccfc@ccfc.ca)  
Web: [www.ccfc.ca](http://www.ccfc.ca)

### **OBJECTIVES**

The Crohn's and Colitis Foundation of Canada (CCFC) can provide general information on Crohn's disease and ulcerative colitis and its treatment but we cannot answer specific medical questions or provide personal medical advice or consultation. Information, messages or articles on this site cannot replace consultations with qualified healthcare professionals to meet your individual medical needs.

## **CYSTIC FIBROSIS CANADA**

### **CONTACT:**

2221 Young Street, Suite 601  
Toronto, ON M4S 2B4  
Canada  
Phone: (416) 485-9149  
Toll Free: 1-800-378-2233  
Fax: (416) 485-0960  
Email: [info@cysticfibrosis.ca](mailto:info@cysticfibrosis.ca)  
Web: [www.cysticfibrosis.ca](http://www.cysticfibrosis.ca)

### **OBJECTIVES:**

Helps people with cystic fibrosis by funding CF research and care, promoting public awareness and raising funds for these purposes. Cystic Fibrosis Canada has 50 chapters in communities across Canada.

### **EAST PRINCE FAMILY VIOLENCE PREVENTION (PEI Family Violence Prevention Services, Inc.)**

### **CONTACT:**

Norma McColeman Regional Outreach Coordinator Harbour Plaza, 216 Water Street Summerside, PE C1N 1B3 Phone: 436-0517 / 888-3310 Fax: 888-3002 Email: <a href="mailto:nmccoleman@fvps.ca">nmccoleman@fvps.ca</a> Email: <a href="mailto:admin_ep@fvps.ca">admin_ep@fvps.ca</a> Email: <a href="mailto:intake@fvps.ca">intake@fvps.ca</a>
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### **OBJECTIVES:**

***Outreach services*** are private and confidential appointments, one-on-one counselling support, legal information and encouragement for abused women. We provide referrals and advocacy to other community services and agencies.

***Outreach Support Programs*** provides women with the chance to understand the dynamics of abusive relationships; provide the information and skills to take control of their own life, while becoming independent and self-sufficient.

***Next Step Housing*** provides second stage housing through an assessment of need/application process. Next Step Housing provides the opportunity for women and their children to think about the future, without fear, in a violence free environment.

**Public Education** sessions and presentations are provided to schools, groups and businesses/organizations. Topics covered are Elder Abuse, Dating Violence, Healthy Relationships, Violence Prevention Awareness and Harassment/Violence in the Workplace.

### **EAST PRINCE WOMEN'S INFORMATION CENTRE**

#### **CONTACT:**

109 Water Street Summerside, PE C1N 1A9 Phone: 436-9856 Fax: 888-2344 Email: <a href="mailto:epwic@eastlink.ca">epwic@eastlink.ca</a>
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#### **OBJECTIVES:**

*EPWIC* is a non-profit organization that provides services and community referrals for the women of East Prince. It is a professional place where you feel welcome; whether it is to find information or to help other women find a voice in our community. We provide support groups and recovery groups for prescription drugs and addiction. Two key initiatives *EPWIC* is coordinating for the next 3 years:

1. Social justice for legal aid for women on PEI.
2. Zero tolerance for violence against women and children on PEI.

### **FAMILIES FIRST (Family Resource Centre)**

#### **CONTACT:**

Box 133  
Montague, PE C0A 1R0  
Darlene Mellish, Executive Director  
Phone: 838-4600  
Fax: 838-4645  
Email: [darlene@familiesfirstpei.com](mailto:darlene@familiesfirstpei.com)  
Web: [www.familiesfirstpei.com](http://www.familiesfirstpei.com)

#### **OBJECTIVES:**

Families First actively contributes to the well-being of children from conception to age six and creates a healthy environment for families. Families First is home to the Community Action Program for Children (CAPC) and the Canada Prenatal Nutrition Program (CPNP). The two projects are funded by the Public Health Agency of Canada and are governed by Voices for Children Coalition, Inc.

#### **CAPC PROGRAMS & SERVICES:**

A variety of programs, services, and activities for parents, caregivers, and children are offered at the centre. Our website provides a calendar of events and a description of our programs. Programs are divided into three categories: child-focused, parent and child focused, and parent-focused.

Child-focused programs provide the children an opportunity to take part in activities such as cooking and physical activity. Information sessions on car seat and bike safety are delivered regularly.

Parent-child focused programs provide the family with an opportunity to interact with one another by partaking in a fun craft or activity, playtime, family outings, and music.

## COMMUNITY RESOURCES

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Parent-focused programs address some of the everyday challenges faced by parents. Topics include, health, safety, nutrition, communication, child development, and discipline. On-site childcare is provided during these information sessions.

An extensive lending library includes books on parenting issues and child development as well as children's books. Donations of gently used children's clothing are appreciated for the clothing exchange program. Contact Darlene Mellish at [darlene@familiesfirstpei.com](mailto:darlene@familiesfirstpei.com)

### **OUTREACH:**

There are three outreach locations to provide Families First programs and services in Vernon Bridge, Belfast and the Montague Fire Hall. For programming information contact Debralee Acorn-MacDonald at [debralee@familiesfirstpei.com](mailto:debralee@familiesfirstpei.com)

### **CPNP PROGRAMS & SERVICES:**

Baby Club is offered weekly to moms and their babies up to 12 months of age. CPNP provides information and resources on pre-natal and postnatal health. A lending library consists of breast pumps and other baby equipment. Breast-feeding support is provided to nursing mothers. Contact Cora MacIntyre at [cpnp@familiesfirstpei.com](mailto:cpnp@familiesfirstpei.com)

### **FAMILY PLACE (Formerly Kids R First)**

#### **CONTACT:**

75 Central St. Summerside, PE C1N 3L2 Laura Quinn Graham, Executive Director Phone: 436-1348 Fax: 888-3954 Email: <a href="mailto:laurafamilyplace@eastlink.ca">laurafamilyplace@eastlink.ca</a> Web: <a href="http://www.peifamilyplace.com">www.peifamilyplace.com</a> Face Book: Family Place Face Book Twitter: FamilyPlacePEI Donate: Canada Helps Registered Charity Number: 139192496RR00001
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#### **OBJECTIVES:**

Family Place is a resource centre offering a comprehensive range of programs and services for children from conception to age six and their families living in East Prince County. This continuum of support includes: child development and parenting programs, play-groups, preschool programs, prenatal & postnatal programs, breast-feeding group, resource library, hospital based literacy program, Family Expo, clothing exchange, educative kitchens, etc. Family Place is a registered charity funded by the Public Health Agency of Canada under the Community Action Program for Children and the Canada Prenatal Nutrition Program.

Islanders know that taking time to enjoy their children doesn't have to cost a lot in time or money. It is the nurturing simple interactions that matter most for healthy brain development in the critical years. Take :30 for the family! Costs nothing. Worth Everything.



## **FAMILY SERVICE PEI**

### **CONTACT:**

158 Belvedere Avenue, Suite 5  
Charlottetown, PE C1A 2Z1  
Phone: 892-2441 (Charlottetown location)  
Toll Free: 1 866-892-2441

109 Water Street  
Summerside, PE C1N 1A8  
Phone: 436-9171 (Summerside location)  
Charitable #89734 2077 RR0001

Web: [www.familyservice.pe.ca](http://www.familyservice.pe.ca)

### **OBJECTIVES:**

In 2006, the former Prince County Services, which had served the Summerside area since 1956, and Community and Family Service of PEI, which served the Charlottetown area since 1956, joined under one Board of Directors and became Family Service PEI. ***Family Service PEI*** is a voluntary, non-profit, organization. Its mission is to support, empower and strengthen families, individuals and couples on PEI through the provision of professional services in the area of counselling, family life education and family advocacy. Counselling services include family, couples, individual, and credit counselling for families and youth as well as specialized resources in anger management and stress reduction. Credit counselling programs are partially subsidized by the United Way of PEI.

## **FARMER ASSISTANCE PROGRAM**

### **CONTACT:**

Charlottetown and Summerside Frank MacAulay & Janet Henry Phone: 894-8006 Fax: 436-4447 1-800-736-8006 (toll free)
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### **OBJECTIVES:**

The Farmer Assistance Program provides confidential, professional counselling services to farmers, farm employees and their families. Strict confidentiality laws and restrictions protect this service. There is no charge to farmers who receive counselling.

## **FEDERATION OF FOSTER FAMILIES**

### **CONTACT:**

Wayne MacFarlane 566-9211
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### **OBJECTIVES:**

The Federation provides support for parents involved in providing foster care.

## **FITZROY CENTRE CLUBHOUSE**

### **CONTACT:**

Box 1839 – 170 Fitzroy Street Charlottetown, PE C1A 1S1 Bev Thompson: 566-5111 Fax: 628-6687 Email: <a href="mailto:director@fitzroycentre.pe.ca">director@fitzroycentre.pe.ca</a>
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### **OBJECTIVES:**

*Fitzroy Centre*, established by the *Canadian Mental Health Association/PEI Division*, is an internationally accredited, Clubhouse Model program designed to provide an environment within which individuals who have experienced a mental or emotional illness can be helped to achieve or regain confidence and skills necessary to lead productive and socially satisfying lives. *Fitzroy Centre* provides supports through prevocational, employment, education, housing and social programs.

## **FOUR NEIGHBOURHOODS COMMUNITY HEALTH CENTRE**

### **CONTACT:**

Lisa Shaffer, Manager 152 St. Peter's Road (across from Ellis Bros. Sherwood Business Centre) Charlottetown, PE C1A 5P8 Community Programs: 368-6930 Clinic Phone: 569-7772 Fax: 368-6936
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### **OBJECTIVES:**

The *Four Neighbourhoods Community Health Centre (CHC)* is located at 152 St. Peter's Road. Just across from the Ellis Brother's Mall at the former site of the Sherwood Civic Building where the

## COMMUNITY RESOURCES

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Sherwood Fire Department is located. Our main entrance is at the back of the building off Gordon Drive.

We are a community-based health organization. The services and programs offered by a Primary Health Care Team consisting of different health professionals working together as equal partners to assist you in improving and maintaining your health. Our team includes nurses, physicians, dietician, mental health counsellor, wellness coordinator, program facilitators, administrative support staff and other health professionals. Clients benefit by receiving services from the most appropriate health care provider or any combination of these providers. We offer programs, meeting space for self-help groups, health care services and numerous health promotion, illness prevention and health education to individuals, families and groups. Our goal as a CHC is to promote optimal health to our clients.

All people who wish to receive physician services at the CHC must be registered with the Provincial Registry. You can register by calling 1-800-321-5492. This Registry is set up for people who do not already have a family physician.

The CHC will seek names from the Registry as openings become available and we will call you to make an appointment. Please note that clients are seen by appointment only. We DO NOT provide a walk-in clinic.

Some of the regular programs offered by the CHC are Trailblazers Walking Club, Caregiver and Tot Program, Footcare Clinic, Yoga Classes, Baby TV and Roots of Empathy.

## **HARVEST HOUSE MINISTRIES**

### **CONTACT:**

239 University Avenue Box 2445 Charlottetown, PE C1A 8C2 Phone: 894-5350 Fax: 894-4947
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### **OBJECTIVES:**

Harvest House is an interdenominational ministry that offers an 8 bed Men's and a 6 bed Women's Transitional Residence. We also have a drop-in centre, where people can come in for a coffee and meet new people, and various programs such as a twelve-step program. Please call for more information on any of our services.

## **HEALTHY COMMUNITIES IN ACTION (HCIA)**

### **CONTACT:**

Box 640 Souris PE C0A 2B0 Rhonda MacPhee: 687-7049 Fax: 687-7048
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### **OBJECTIVES:**

HCIA, under the direction of the community and the Eastern Kings Health Region, provides health promotion programs in Eastern Kings. The programs are in the areas of healthy eating, stress management, smoke-free and active living.

## **HEART AND STROKE FOUNDATION OF PEI**

### **CONTACT:**

180 Kent Street – Box 279 Charlottetown, PE C1A 7K4 Charlotte Comrie Chief Executive Officer Phone: 892-7441 Fax: 368-7068 Email: <a href="mailto:info@hsfpei.ca">info@hsfpei.ca</a> Web: <a href="http://www.heartandstroke.pe.ca">www.heartandstroke.pe.ca</a>
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### **OBJECTIVES:**

The Heart and Stroke Foundation, a volunteer based health charity, leads in eliminating heart disease and stroke through the advancement of research and its application, the promotion of healthy living and advocacy.

## **HEMOPHILIA SOCIETY**

### **CONTACT:**

Prince Edward Island Chapter Box 2951 Charlottetown, PE C1A 8C5 Phone: 1-800-668-2886 Web: <a href="http://www.hemophilia.ca">www.hemophilia.ca</a>
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### **OBJECTIVES:**

Provides support to families, educational materials, advocacy on behalf of individuals with Hemophilia and ensures that treatment is as good as possible. The Society is dedicated nationally to the treatment and the cure of hemophilia and related bleeding disorders and complications of these disorders (including H.I.V. infection).

### **HOME CARE**

#### **CONTACT:**

<u>EAST</u> 6 Harmony Lane Box 490 Montague, PE C0A 1R0 Anna Nabours: 838-0950 Fax: 838-0774	<u>QUEENS</u> Annex 115 Murchison Lane Charlottetown, PE C1A 7N5 Nancy Wells/Tracey Merrett: 368-4790 Fax: 368-4858
<u>WEST</u> Community Hospital MacKinnon Dr. - Box 160 O'Leary, PE C0B 1V0 Paula Caulier Phone: 859-8730 Fax: 859-8701	

#### **OBJECTIVES:**

The purpose of the *Division of Home Care and Support* is to ensure that necessary health, social, and community support services are made available to individuals and their families. These services may help people remain in their own homes or return to their homes if they have been receiving care in a hospital or other setting. Services include; Homecare Adult Protection, Nutrition Counselling, Palliative Care Program/Nursing Replacement, Institute of National Respite, community support, home care nursing, occupational therapy, physiotherapy and visiting homemaker services.

## **HOME EQUIPMENT LOAN PROGRAM**

### **CONTACT:**

Box 223 Souris, PE C0A 2B0 Anna MacIntosh: 687-1527	Mrs. Margaret Ching Phone: 357-2818
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### **OBJECTIVES:**

Provides adaptive equipment for home use on a deposit/refund basis. Designed for the community-at-large. Call contact for further details.

## **HOPE CENTRE CLUBHOUSE**

### **CONTACT:**

410 Main Street Box 537 Alberton, PE C0B 1B0 Program Director: Natasha Dunn Phone: 853-3871 Fax: 853-3877 Email: <a href="mailto:hopecentredirector@cmha.pe.ca">hopecentredirector@cmha.pe.ca</a>
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### **OBJECTIVES:**

The *Hope Centre Clubhouse* (formerly West Prince Clubhouse) is a day program sponsored by *Canadian Mental Health Association/PEI Division*. Hope Centre Clubhouse provides a place for people with emotional and mental illnesses to gain valuable skills that are transferable to the workplace. The Clubhouse Members receive support through employment, education and social programs.



## **HOSPICE PALLIATIVE CARE ASSOCIATION OF PEI**

### **CONTACT:**

<u>EAST PRINCE</u> Prince County Hospital Annex Betty Robertson, Coordinator Phone: 438-4231 Email: <a href="mailto:eastprince@hospicepei.ca">eastprince@hospicepei.ca</a>  Judy MacDougall, Bereavement Coordinator Phone: 438-4231	<u>WEST PRINCE</u> O'Leary Community Hospital Pat Arsenault Coordinator Phone: 859-2870 Email: <a href="mailto:westprince@hospicepei.ca">westprince@hospicepei.ca</a>
<u>PROVINCIAL OFFICE</u> 5 Brighton Road Charlottetown, PE C1A 8T6 Ellen Davies Executive Director Phone: 368-4498 Fax: 368-4095 Email: <a href="mailto:hpca@hospicepei.ca">hpca@hospicepei.ca</a> Web: <a href="http://www.hospicepei.ca">www.hospicepei.ca</a>	<u>QUEENS COUNTY</u> Queen Elizabeth Hospital Andrea Conway Coordinator Phone: 368-5632 Email: <a href="mailto:queens@hospicepei.ca">queens@hospicepei.ca</a>  Melodie MacNeill Bereavement Coordinator Phone: 368-5632
<u>EASTERN KINGS</u> Souris Hospital Anne McPhee, Coordinator Phone: 687-1521/687-7150 Email: <a href="mailto:easternkings@hospicepei.ca">easternkings@hospicepei.ca</a>	<u>SOUTHERN KINGS</u> Jo Wells, Coordinator Box 893 Montague, PE C0A 1R0 Phone: 838-2269

### **OBJECTIVES:**

*Hospice Palliative Care Association of PEI (HPCA)* provides trained volunteers who provide care and support to patients and families of patients living with or dying from a life-threatening illness. *HPCA* also maintain the Bereavement After-Care program. *HPCA* has volunteers in each county across PEI.

Office hours at the Provincial Office are from 9:00 AM to 5:00 PM. Office hours for coordinators vary according to local need.

## **ISLAND PREGNANCY CARE & SUPPORT CENTRE**

### **CONTACT:**

220 University Avenue Box 21145 Charlottetown, PE C1A 4L5 Rinda B. Dean, Executive Director Phone: 370-3700 Fax: 370-3701 Toll Free: 1 877 370-9711 Email: <a href="mailto:director@ipcsc.org">director@ipcsc.org</a> Web: <a href="http://www.ipcss.org">www.ipcss.org</a>
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### **OBJECTIVES:**

The *Island Pregnancy Centre* exists to provide confidential support services to women facing unplanned pregnancies; the Centre also provides support for men and families involved in unplanned pregnancies. Information on options is offered through compassionate, non-judgmental, peer-counselling; practical services like free pregnancy tests, educational materials and baby items are also provided. Abortion recovery support is also available for those interested.

## **JOHN HOWARD SOCIETY**

### **CONTACT:**

163 Queen Street – Box 1211  
Charlottetown, PE C1A 7M8  
Donna Hartley: 566-5425  
Fax: 628-6842  
Email: [johnhowardsociety@pei.aibn.com](mailto:johnhowardsociety@pei.aibn.com)

### **OBJECTIVES:**

The *John Howard Society of PEI* is a human-services oriented agency. While its primary mandate is offender based, over the past number of years the Society has expanded its client base, as well as program delivery. The Society's programs focus on an individuals potential to make positive changes in a supportive, caring environment.

## **KIDNEY FOUNDATION OF CANADA, PEI CHAPTER**

### **CONTACT:**

565 North River Road  
Charlottetown, PE  
C1E 1J7  
Crystal L. Fall  
Phone: 892-9009  
Fax: 626-3753  
Email: [kidney@pei.sympatico.ca](mailto:kidney@pei.sympatico.ca)  
Web: [www.kidney.ca](http://www.kidney.ca)

### **OBJECTIVES:**

The Foundation funds research and related clinical education. It plays a leadership role in the promotion of organ donation while providing support for patients and families.

**KIDS WEST FAMILY RESOURCE CENTRE**

**CONTACT:**

555 Main Street Alberton, PE C0B 1B0 Program Coordinator: Jessica Dorgan-Trail Phone: 853-4066 Fax: 853-2622 Toll Free: 1-800-778-3444 Email: <a href="mailto:kidswest@pei.aibn.com">kidswest@pei.aibn.com</a> Web: <a href="http://www.Kidswestalberton.com">www.Kidswestalberton.com</a>
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**OBJECTIVES:**

Actively promotes holistic, healthy, development of children (age 0-6 years old) by strengthening and supporting the families in West Prince.

**KINGSWOOD CENTRE**

**CONTACT:**

Box 563 364 Campbell Avenue Montague, PE C0A 1R0 Fax: 838-4911	Pat MacLean: 838-2323 Kingswood Centre: 838-2516 Nancy McCormack: 838-2516
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**OBJECTIVES:**

Kingswood Centre is a non-profit organization that provides employment and training services to persons with intellectual disabilities. We believe that each individual has a right to participate in his/her community, economically and socially, in a meaningful way.

**LENNOX ISLAND FIRST NATION**

**CONTACT:**

Box 134 Lennox Island, PE C0B 1P0 Phone: 831-2779 Fax: 831-3153
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**OBJECTIVES:**

Provides support and referral to families where violence has occurred, mainly in the Lennox Island area, to prevent it from reoccurring.

## **LIBERTY AND BEYOND LIBERTY SUPPORT GROUPS**

### **CONTACT:**

WEST PRINCE ACCESS CENTRE

Box 8, O'Leary, PE

C0B 1V0

Valerie Smallman: 859-8849/859-8800

Email: [vjsmallman@ihis.org](mailto:vjsmallman@ihis.org)

Fax: 859-8709

### **OBJECTIVES:**

*Liberty* is a series of facilitated workshops for women who have been abused by their partners. This group is offered twice a year in the spring and fall. In eleven-two hour sessions, the group offers women the chance to learn more about family relationships, the uses of power and control, why women remain in abusive relationships, how to set good boundaries and limits on their relationships and how to be good to themselves.

*Beyond Liberty* support group program provides an opportunity for women who have taken the *Liberty Program* to participate in a second level support group. Topics are directed more to the women and not the relationship. The 13-session program was designed to allow women to explore their thoughts and feelings and to strengthen their self-esteem, self-confidence, trust building and their ability to make healthy choices regarding their future.

**MAIN STREET FAMILY RESOURCE CENTRE**

**CONTACT:**

Box 682 Souris, PE C0A 2B0 Barb Lundrigan: 687-3928 Fax: 687-4086 Email: <a href="mailto:mainfrc@pei.aibn.com">mainfrc@pei.aibn.com</a>
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**OBJECTIVES:**

This is a grass roots organization consisting of parents, professionals and interested individuals dedicated to working together to provide the support families need for children ages 0 – 6. Parenting and prenatal programs, resource lending library (books, videos, toys, baby equipment) and parent and tot programs are offered. Services offered in Eastern Kings.

## MEALS ON WHEELS

### CONTACT:

<u>ALBERTON</u> Cost: \$3.00 Meals Served/Day: 15 Monday through Friday <i>Meals prepared:</i> <i>Maplewood Manor</i>	<u>CHARLOTTETOWN</u> 569-7700 Cost: \$4.10 Meals Served/Day: 70-95 Monday through Friday <i>Meals prepared: Beach Grove,</i> <i>Prince Edward Home,</i> <i>Hillsborough Hospital</i> <i>Five days per week</i>
<u>KENSINGTON</u> 18 Shamrock Cres. Kinkora, PE C0B 1N0 Bonnie Goguen: 887-2856 Cost: \$5.00 Meals Served/Day: 18-23 M, W, F <i>Meals prepared:</i> <i>Cole's Restaurant</i>	<u>MONTAGUE</u> Meals In Motion Box 1648 Montague, PE C0A 1R0 Elinor MacLeod: 838-4060 Cost: \$3.50 Meals Served/Day: 20 5 days/week (some 7 days) <i>Meals prepared: Riverview</i> <i>Manor &amp; Kings County</i> <i>Hospital</i>
<u>O'LEARY</u> Donald MacDonald: 859-3149 Cost: \$3.25 Meals Served/Day: 3 M, W, F <i>Meals prepared:</i> <i>O'Leary Hospital</i>	<u>SOURIS</u> Box 640 Souris, PE C0A 2B0 Deandetta MacInnis: 687-7096 Cost: \$3.50 Meals Served/Day: 20 Monday through Friday (some on weekends) <i>Meals prepared: Souris</i> <i>Hospital &amp; Colville Manor</i>



## **COMMUNITY RESOURCES**

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<u>SUMMERSIDE INC.</u> 26 Renforth Street Summerside, PE C1N 6T3 Raymond Arsenault Phone: 436-9520/888-8335 Cost: \$4.00 Meals Served/Day: Max. 35	<u>TYNE VALLEY</u> Doreen Wooder: 831-2975 <i>Meals prepared:</i> <i>Stewart Memorial Hospital</i>
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### **OBJECTIVES:**

Provides nutritious meals for those who are shut-in. Volunteers run the program with the support of community organizations.

## **MI'KIMAQ FAMILY RESOURCE CENTRE**

### **CONTACT:**

158 St. Peters Road, Charlottetown, PE C1A 5P8 Sharon O'Brien: 892-0928 Fax: 894-3854
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### **OBJECTIVES:**

*MI'KIMAQ Family Resource Centre* is sponsored by the *Aboriginal Women's Association*. It is organized to address the urgent needs of off-reserve native children and their families. The Centre is open Monday-Thursday, 9:00 AM to 4:00 PM.

**MULTIPLE SCLEROSIS SOCIETY**

**CONTACT:**

There are MS self-help groups in Prince, Queens and Kings counties. For information about these groups, call: 1-800-268-7582.
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**OBJECTIVES:**

Provides individual and family support for those affected by MS. Funds are raised to aid P.E.I. residents with MS, for research and to make the public aware of the illness, its course and treatment.

**MUSCULAR DYSTROPHY ASSOCIATION**

**CONTACT:**

<u>ATLANTIC REGION</u> Lisa Pottie, Halifax: 1-800-884-6322 Email: <a href="mailto:Lisa.Pottie@muscle.ca">Lisa.Pottie@muscle.ca</a> Web: <a href="http://www.muscle.ca">www.muscle.ca</a>	<u>P.E.I. CONTACT</u> Art Pringle 7 Noonans Lane Bedecque, PE C0B 1C0 887-3227 Email: <a href="mailto:aprigle@pei.sympatico.ca">aprigle@pei.sympatico.ca</a>
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**OBJECTIVES:**

Provides medically-indicated assistive devices, assistance with the costs associated with the neuro-muscular disorder, advocacy related to clients' needs and rights and information about local and provincial services.

## **NEW DAY CHRISTIAN COUNSELLING**

### **CONTACT:**

Thomas Adams B.Th., M.A. (Counsellor)  
420 University Avenue, Suite 206,  
Charlottetown, PE C1A 7Z5  
Phone: 367-1939  
Email: [newday@eastlink.ca](mailto:newday@eastlink.ca)  
Web: [www.newday4me.ca](http://www.newday4me.ca)

### **OBJECTIVES/SERVICES:**

- Marriage counselling
- Depression
- Anxiety
- Self-esteem
- Dysfunction and abuse recovery
- Other spiritual, emotional, relational or soul-troubling problems

## **NOTRE DAME PLACE CLUBHOUSE**

### **CONTACT:**

67 Duke Street, Suite 11  
Summerside, PE C1N 3R9  
Lila MacIsaac Buchanan: 888-2237  
Fax: 888-2051  
Email: [ndplace.director@cmha.pe.ca](mailto:ndplace.director@cmha.pe.ca)

### **OBJECTIVES:**

*Notre Dame Clubhouse*, established by the *Canadian Mental Health Association/PEI Division*, is an internationally accredited, ICCD Standards-based Clubhouse model. It is a program for individuals who are living with mental illness. The clubhouse provides an environment of support and encouragement that enables its membership to regain confidence and skills necessary to lead more meaningful and satisfying lives. This can lead them to greater par-

ticipation as valuable members in their community. Notre Dame Place provides supports through prevocational, employment, education, housing, healthy living and social programs.

## **OUTREACH PROGRAM**

### **CONTACT:**

55 McGill Avenue – Box 2000 Charlottetown, PE C1A 7N8 Fran Connolly: 368-5935 Fax: 368-6189
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### **OBJECTIVES:**

To assist clients find suitable housing following discharge from hospital, to encourage integration, to provide support to foster home operators in order to maintain the client placement. We also provide on-going supportive counselling to clients and foster home operators through home visits and telephone contacts, we advocate for clients by safeguarding their rights and encouraging their responsibilities and we act as a liaison between *Hillsborough Hospital* and *McGill Centre*.

## **OXFAM CANADA, PEI COMMITTEE**

### **CONTACT:**

c/o Voluntary Resource Centre  
81 Prince Street  
Charlottetown, PE C1A 4R3  
Tony Reddin: 675-4093  
Web: [www.oxfam.ca](http://www.oxfam.ca)

### **OBJECTIVES:**

OXFAM Canada aims to support and promote sustainable international development and solidarity through public education and fund raising.

## **PARASPORT AND RECREATION PEI**

### **CONTACT:**

Tracy Stevenson, Executive Director  
Box 841  
Charlottetown, PE C1A 7L9  
Phone: 368-4540  
Fax: 368-4548  
Email: [info@parasportpei.ca](mailto:info@parasportpei.ca) (information)  
or [tracy@parasportpei.ca](mailto:tracy@parasportpei.ca) (director)  
Web: [www.parasportpei.ca](http://www.parasportpei.ca)

### **OBJECTIVES:**

Parasport & Recreation PEI, formally known as Paralympics PEI , is a volunteer, non-profit and charitable organization established in 1974. Parasport & Recreation PEI provides recreation and sport opportunities for individuals with a physical disability on PEI.

### **PROGRAMS:**

Some programs that we offer include: wheelchair basketball, goalball, swimming lessons for youth. Schools are also eligible to sign out equipment free of charge. Parasport & Recreation PEI also provides a Membership Funding Program. The organization has a variety of opportunities but we recognize that not everyone's interests are met through our programs. It is our goal to increase sport and recreation opportunities for the Parasport & Recreation PEI membership through this fund. Contact Parasport & Recreation PEI to find an opportunity that interests you.

## **PEI ASSOCIATION FOR COMMUNITY LIVING**

### **CONTACT:**

161 St. Peter's Road Charlottetown, PE C1A 5P7 Phone: 566-4844 Email: <a href="mailto:info@peiacl.ca">info@peiacl.ca</a> Web: <a href="http://www.peiacl.ca">www.peiacl.ca</a>
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### **OBJECTIVES:**

Works with and on behalf of people with an intellectual disability AND their families. They promote inclusion for people with intellectual disabilities, assist local volunteer associations, monitor, lobby for and respond to new provincial legislation, policies and budget allocations. They also prepare and present position papers, direct people to appropriate services, assist in developing local support groups, publish a monthly newsletter and provide an empathetic and willing ear.

## **PEI ASSOCIATION FOR NEWCOMERS TO CANADA**

### **CONTACT:**

PEI ASSOCIATION FOR NEWCOMERS  
TO CANADA

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25 University Avenue, Suite 400

Box 2846

Charlottetown, PE C1A 8C4

Kevin Arsenault, Executive Director

Phone: 628-6009

Fax: 894-4928

Email: [info@peianc.com](mailto:info@peianc.com)

Web: [www.peianc.com](http://www.peianc.com)

### **OBJECTIVES:**

To provide settlement services to newcomers to Canada who settle on PEI. We support the integration of immigrants and refugees by providing a broad range of services in partnership with the community.

## **PEI CEREBRAL PALSY ASSOCIATION**

### **CONTACT:**

Box 22034  
Charlottetown, PE C1A 9J2  
Phone: 892-9694  
Fax: 628-8751  
Email: [info@peicpa.com](mailto:info@peicpa.com)  
Web: [www.peicpa.com](http://www.peicpa.com)

### **OBJECTIVES:**

We carry out a public education program on Cerebral Palsy, its causes and treatment. We work with families and persons with Cerebral Palsy so they may find their full potential. Financial assistance is available for equipment, transportation, etc. The association publishes quarterly newsletters. Books and cassette tapes are available on a number of subjects.

## **PEI CITIZEN ADVOCACY**

### **CONTACT:**

81 Prince Street  
Charlottetown, PE C1A 4R3  
Rosalind Waters: 566-3523  
Email: [peica@eastlink.ca](mailto:peica@eastlink.ca)

### **OBJECTIVES:**

To involve competent volunteer citizens (advocates) in an individual commitment to develop a relationship with, and advocate on behalf of, an individual who has been labelled “intellectually challenged” (protégé). The advocate helps the protégé meet unmet needs and assures that his/her voice is heard. PEI Citizen Advocacy offers training and support to advocates and protégés, while assuring them independence and autonomy in the development of their relationship.



## **PEI COUNCIL OF PEOPLE WITH DISABILITIES INC.**

### **CONTACT:**

#### Queens County

5 Lower Malpeque Road  
Landmark Plaza - Unit 2  
Charlottetown, PE C1E 1R4  
Marcia Carroll, Executive Director  
892-9149 ext. 222  
Fax: 566-1919

Web. [www.peicod.pe.ca](http://www.peicod.pe.ca)

Email: [peicod@peicod.pe.ca](mailto:peicod@peicod.pe.ca)

Cathy Rose, 892-9149 ext. 225

#### Prince County

Nancymarie Arsenault, 436-9259  
Devon Broome, 436-1296

#### Kings County

Theresa MacKinnon, 838-5879  
Judy MacLeod, 838-5878

### **OBJECTIVES:**

The primary objective of the council is to promote the full participation and inclusion of people with disabilities in Island society. The Council's three departments offer a wide range of services. The ***Access Department*** offers services ranging from public information to assistance with disability pension appeals and advocacy. The ***Employment Department*** offers a number of employment and career-related services to people with disabilities. Specifically, this department assists physically disabled Islanders by counselling those seeking employment, providing care and educational information, conducting empowerment seminars and workshops and applying for funding for those wishing to continue their education. The ***Administration Department*** duties include overseeing the Snoezelen Room and Designated Parking Permit Program.

## **PEI DISABILITY SUPPORT PROGRAM**

<u>EAST</u> 161 St. Peter's Road, Sherwood Business Centre Charlottetown Rhea Jenkins: Coordinator Phone: 368-5904	<u>WEST</u> Access PEI 120 Harbour Drive Summerside Pat MacDonald: Coordinator Phone: 888-8149 Email: <a href="mailto:pwmacdonald@ihis.org">pwmacdonald@ihis.org</a>
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## **PEI ENVIRONMENTAL HEALTH CO-OPERATIVE**

### **CONTACT:**

Marion Copleston, Vice President 120 St. Catherine's Road Bonshaw, PE C0A 1C0 Phone: 368-7337/675-4093 Email: <a href="mailto:peiehc@gmail.com">peiehc@gmail.com</a>
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### **OBJECTIVES:**

The PEI Environmental Health Co-operative provides support and information for people suffering from environmental sensitivities. We work with others to educate the public about the health effects contaminants in our environment, from personal care and cleaning products to pesticides. We support lifestyle choices that improve the quality of the environment for all.

## **PEI FAMILY VIOLENCE PREVENTION SERVICES, INC.**

### **CONTACT:**

<p>Box 964 Charlottetown, PE C1A 7M4 Danya O'Malley Manager of Operations Business Line: 894-3354, Ext 221 Fax: 628-8718 Email: <a href="mailto:admin@fvps.ca">admin@fvps.ca</a> Web: <a href="http://www.fvps.ca">www.fvps.ca</a></p>	<p><u>OUTREACH SERVICES</u> <b><i>Eastern PEI</i></b> · Gwyn Davies: 838-079 Email: <a href="mailto:gwyn@fvps.ca">gwyn@fvps.ca</a> <b><i>Queens County</i></b> · Gloria Dennis: 566-1480, ext 224 Email : <a href="mailto:gloria@fvps.ca">gloria@fvps.ca</a> <b><i>East Prince</i></b> · Norma McColeman: 436-0517 Email: <a href="mailto:norma@fvps.ca">norma@fvps.ca</a> <b><i>West Prince</i></b> · Valerie Smallman: 859-8849 Email: <a href="mailto:valerie@fvps.ca">valerie@fvps.ca</a></p>
<p><u>ANDERSON HOUSE</u> Emergency: 892-0960 Emergency (long distance callers): 1-800-240-9894 Business Line: 368-8658 House Manager Direct Line: 894-3354, Ext 221 Fax: 628-8718 Email: <a href="mailto:admin@fvps.ca">admin@fvps.ca</a> Web: <a href="http://www.fvps.ca">www.fvps.ca</a></p>	

### **OBJECTIVES:**

Family Violence Prevention Services, Inc. (formerly Transition House Association) was established in 1980 to provide a place of safety for women and children who are victims of abuse, and to work towards the elimination of family violence. The organization believes that it is a basic human right to be free of abuse and from fear of abuse in relationships.

## COMMUNITY RESOURCES

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Services offered include *Anderson House, Second Stage Housing, Outreach and Support Services* in Queens, West Prince, East Prince and Eastern PEI, information & support groups for women and children, public education & training, and liaison with community and government agencies and *Outreach and Support Services in Queens, West Prince, East Prince and Eastern PEI*. For information on our public education and training programs, please call 894-3354, ext 221.

## **PEI LITERACY ALLIANCE**

### **CONTACT:**

Box 20107 161 St. Peters Road Charlottetown, PE C1A 9E3 Phone: 368-3620 Fax: 368-3629 Email: <a href="mailto:literacy@eastlink.ca">literacy@eastlink.ca</a> Web: <a href="http://www.pei.literacy.ca">www.pei.literacy.ca</a>
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### **OBJECTIVES:**

*PEI Literacy Alliance* advances literacy for the people of Prince Edward Island.

## **PEI LUNG ASSOCIATION**

### **CONTACT:**

1 Rochford Street, Suite 2  
Charlottetown, PE C1A 9L2  
Phone: 892-5957  
Toll Free: 1-888-566-LUNG (5864)  
Fax: 566-9901

**BreathWorks:** 1-866-717-COPD (2673)  
**Asthma Action Hotline:** 1-800-668-7682  
**Smokers' Helpline:** 1-887-513-5333

Email: [info@pei.lung.ca](mailto:info@pei.lung.ca)

Web: [www.pei.lung.ca](http://www.pei.lung.ca)

Joanne Ings: Executive Director  
Eileen Gaudet, Project Manager:

### **OBJECTIVES:**

The PEI Lung Association is a community based, charitable organization committed to assisting Islanders to promote, improve and participate in their lung health through education, advocacy and research. We are best known as the “Christmas Seals People”.

### **ACTIVITIES:**

Lung Health Information: smoking prevention and cessation, lung cancer, COPD and asthma. We conduct fundraising in the community for lung health research and health education activities. With the Canadian Lung Association, we promote lung health issues through the National Lung Framework and HealthPartners ([www.healthpartners.ca](http://www.healthpartners.ca)). Locally, we are an active partner in the Council for a Smoke Free PEI and the PEI Tobacco Reduction Alliance.

## **PEI SENIOR CITIZENS' FEDERATION INC.**

### **CONTACT:**

40 Enman Crescent Charlottetown, PE C1E 1E6 Phone: 368-9008 Toll free: 1-877-368-9008 Fax: 368-9006 Email: <a href="mailto:peiscf@pei.aibn.com">peiscf@pei.aibn.com</a> Web: <a href="http://www.peiseniorsfederation.com">www.peiseniorsfederation.com</a>
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### **MANDATE:**

The PEI Senior Citizens' Federation Inc. (PEISCF) is a provincial not-for-profit organization whose membership includes member clubs across the island and individuals. The Federation acts as a **voice for seniors and advocates for a better quality of life on their behalf.**

### **OBJECTIVES:**

To link member clubs across PEI and provide a vehicle for a stronger voice; to consult with government and other decision makers about seniors' concerns and to advocate on their behalf; to co-ordinate and organize workshops and seminars that meet seniors' social and educational needs; to increase understanding of the aging process; to encourage seniors to participate in decisions which affect their lives; to act as a resource and disseminate information for the benefit of all seniors and to collaborate with other seniors' organizations.

### **PEI SENIORS' SAFETY PROGRAM INC.**

#### **CONTACT:**

##### QUEENS

Olive Bryanton

Phone: 940-6702

Denis Morin

Phone: 566-7160

Web: [www.seniorssafety.ca](http://www.seniorssafety.ca)

#### **OBJECTIVES:**

The PEI Seniors' Safety Program is designed to provide community-dwelling seniors with personal and home safety information. This information is delivered by the Project Coordinators to seniors in their own homes. The service is designed to help reduce crime against older adults by providing information on how to prevent and avoid frauds and scams, how to recognize and resist unscrupulous sales persons and contractors and to prevent abuse of older adults. The Seniors' Safety Program distributes the '*Vial of Life*' and serves as a liaison between seniors and the police. This service increases seniors' ability to access the information they need to help them remain independent and safe in their community.

The centerpiece of our program is our ability to deliver information directly to seniors in their own homes. There is no cost to the senior for any of our services.

The PEI Seniors' Safety Program Inc. is a charitable organization.

## **PEI VOLUNTEERS FOR LITERACY**

### **CONTACT:**

Box 20151 161 St. Peters Road Charlottetown, PE C1A 9E3 Phone: 368-4695 Toll Free: 1-800-348-7323 Email: <a href="mailto:peivol@eastlink.ca">peivol@eastlink.ca</a>
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### **OBJECTIVES:**

PEI Volunteers for Literacy promote literacy as a positive and important lifelong habit. We act as reading helpers in elementary schools, and tutors or adults who want to improve their literacy skills.

## **PARENT CONSULTATIVE COMMITTEE**

### **CONTACT:**

Toby Murphy P.O. Box 85 Georgetown, PE C0A 1L0 Phone: 652-2769
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### **OBJECTIVES:**

*Parents Consultative Committee* tries to get parents involved with the school and teachers.



## **PARENT HELP LINE - WEB SERVICE**

### **CONTACT:**

PARENT HELP LINE – WEB SITE

Web: [www.parenthelpline.ca](http://www.parenthelpline.ca)

### **OBJECTIVES:**

While the Parent Help Line phone service has been discontinued as of February, 2006, it still offers a web service that lists of over 300 specialized parenting sites at [www.parenthelpline.ca](http://www.parenthelpline.ca).

## **POST ADOPTION SERVICES**

### **CONTACT:**

161 St. Peters Road

Box 2000

Charlottetown, PE C1A 7N8

Jean Campbell: 368-6139

### **OBJECTIVES:**

This resource includes: an adoption information service, a reciprocal search register and an active service for adult adoptees and their birth parents.

## **PRIMARY CARE CONSULTING INC.**

### **CONTACT:**

Jim Dickson, Owner Operator

420 Read Drive

Summerside, PE C1N 5A9

Phone: 436-0005

Email:

[primarycareconsulting@pei.sympatico.ca](mailto:primarycareconsulting@pei.sympatico.ca)

Web: [www.primarycareconsulting.com](http://www.primarycareconsulting.com)

### **OBJECTIVES:**

Primary Care Consulting Inc. offers a wide range of individualized programs for anyone seeking assistance in reaching their goals. We provide services for clients primarily from Prince County & Queens County. Initially, our programs and services were mainly for people with disabilities, but now the need for programs and services for "everyone" has grown. We individualize all of our programs and services to suit the needs of our clients. For more information about the broad range of programs and services we offer, please call or check our website.

**PUBLIC HEALTH NURSING****CONTACT:**

<i>Charlottetown Public Health</i> 161 St. Peters Road Box 2000 Charlottetown, PE C1A 7N8 Arlene Rose: 368-4530	<i>Lennox Island Public Health</i> Box 135 Lennox Island C0B 1P0 Charlene Palmer Phone: 831-2711
<i>Kensington Public Health</i> Kensington Community Centre, Box 511 Kensington, PE C0B 1M0 Carrie Chappell: 836-3863	<i>Montague Public Health</i> 126 Douses Road Montague, PE C0A 1R0 Arlene Rose: 838-0762
<i>O'Leary Public Health</i> Community Hospital 14 MacKinnon Dr. - Box 173 O'Leary, PE C0B 1V0 Mae Gorrill: 859-8720	<i>Scotchfort Public Health</i> Box 68 Mount Stewart, PE C0A 1T0 Phone: 676-2525 Margaret Jadis, 676-3007
<i>Souris Public Health</i> 17 Knights Lane Souris, PE C0A 2B0 Arlene Rose: 687-7049	<i>Summerside Public Health</i> 205 Linden Ave. Summerside, PE C1N 2K4 Mae Gorrill: 888-8167
<i>Tignish Public Health</i> Medical Centre Box 118 Tignish, PE C0B 2B0 882-7366	

**OBJECTIVES:**

The Division is responsible for providing nursing services to the community at large, outside of hospital and institutional situations. Programs include: reproductive care, child health, postpartum care, school health, communicable disease programs and provision of resource materials related to health issues.

**QUEENS COUNTY RESIDENTIAL SERVICES  
INC. (QCRS)**

**CONTACT:**

39 Maypoint Road Charlottetown, PE C1E 0H5 Phone: 566-4470 Fax: 566-9998 Email: <a href="mailto:qcrs@qcrs.ca">qcrs@qcrs.ca</a> Web: <a href="http://www.qcrs.ca">www.qcrs.ca</a>
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**OBJECTIVES:**

*Queens County Residential Services Inc. (QCRS Inc.)* is a community-based, non-government, not-for-profit organization which serves as a resource in the community for persons who are intellectually disabled and their families and caregivers. *QCRS Inc.* provides case planning, operates five group homes and one small option home, offers individuals a variety of day opportunities and coordinates and provides respite services.

## **SALVATION ARMY COMMUNITY AND FAMILY SERVICES**

### **CONTACT:**

158 Fitzroy Street Charlottetown, PE C1A 1S1 892-8870 Fax: 566-1510
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### **OBJECTIVES:**

Motivated by the love of God, the Salvation Army Community and Family Services demonstrates love through practical assistance and concern. Regardless of race, creed or religion, emergency assistance and counselling services are provided in time of need or disaster. Our Friendship Room meets 9:00 AM to 12:00 PM from Monday to Friday, and our Food Bank is open 9:00 AM to 11:00 AM on Tuesdays and Thursdays.

## **SOUTHERN KINGS HOSPICE ASSOCIATION**

### **CONTACT:**

Box 893 Montague, PE C0A 1R0 Naomi Bree: 838-2269
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### **OBJECTIVES:**

Coordinates volunteers who provide a high quality of palliative care and support to the terminally ill and their families.

### **SUICIDE PREVENTION RESOURCES**

#### **CONTACT:**

178 Fitzroy Street – Box 785  
Charlottetown, PE C1A 7L9  
Suicide Prevention Coordinator: 628-3669  
Fax: 566-4643  
Email: [suicideprevention@cmha.pe.ca](mailto:suicideprevention@cmha.pe.ca)

#### **OBJECTIVES:**

Established by the *Canadian Mental Health Association/PEI Division*, the Suicide Prevention Program provides prevention, intervention and postvention programs and resources to communities throughout the province. These include: *Signals of Suicide* (SOS), a school-based suicide prevention program presented in all intermediate schools on PEI; *Applied Suicide Intervention Skills Training (ASIST) Workshops* for caregivers; community awareness presentations; multi-media resources for parents, educators and professionals and information and supports for survivors of suicide loss.

**SUPPORT GROUPS FOR FEMALE VICTIMS OF ABUSE** (PEI Family Violence Prevention Services, Inc.)

**CONTACT:**

Valerie Smallman: 859-8849
Email: <a href="mailto:vjsmallman@ihis.org">vjsmallman@ihis.org</a>

**OBJECTIVES:**

*Liberty Support Group:*

Liberty is a series of facilitated workshops for women who have survived abuse and are no longer with their male partners. In eleven two-hour sessions, the group offers women the chance to learn more about family relationships, the uses of power and control, why women stay with abusive men, how to set good boundaries and limits on their relationships, and how to be good to themselves. The workshops are designed for six to eight participants. Liberty is a closed group and a safe place to work on past/present issues. "Confidentiality is a key issue" and is stressed at each workshop.

*Beyond Liberty Support Group:*

The Beyond Liberty program was developed in response to requests from women who had completed the Liberty program. The Beyond Liberty Program will provide an opportunity for women who are survivors of family violence crimes to participate in a second level support group. The 13-session program was designed to allow women to explore their thoughts and feelings and to strengthen their self-esteem, self-confidence, trust-building and their ability to make healthy choices.

*Liberty* and *Beyond Liberty* are offered in two-hour sessions, one evening per week but also may look at combining sessions on weekends. Programs are set up with women's schedules in mind.

## **THE CANADIAN DEAFBLIND AND RUBELLA ASSOCIATION – NB/PEI**

### **CONTACT:**

259 Brunswick Street Fredericton, NB E3B 1G8 Patricia Curtis, Executive Director Phone: (506) 452-1544 Fax: (506) 451-8309 Email: <a href="mailto:cdbra@nb.aibn.com">cdbra@nb.aibn.com</a> Web: <a href="http://www.deafblind.nb.ca">www.deafblind.nb.ca</a>
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### **OBJECTIVES:**

The Canadian Deafblind and Rubella Association – NB/PEI is committed to assisting all persons who are deafblind to achieve, with intervention, the best quality of life.

## **THE ISLAND HELPLINE**

### **CONTACT:**

Toll Free (24 hours): 1-800-218-2885 For materials, etc.: 368-4430
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### **OBJECTIVES:**

Our mission is to serve the community by providing a competent level of crisis intervention, referrals and vital information in a caring, confidential, manner. We can provide confidential help with the following mental health problems: abuse; addictions; anxiety disorders; depression; grief; emotional stress; mental illness; relationship problems; sexual concerns and suicide. Helpline refers to a wide variety of community and hospital-based services.



## **TIGNISH WORKSHOP**

**(A Division of Community Inclusions Ltd.)**

### **CONTACT:**

Box 8  
Tignish, PE C0B 2B0  
Deanna Keough, Site Manager  
Phone: 882-2984  
Fax: 882-2984  
Email: [tignishworkshop@hotmail.com](mailto:tignishworkshop@hotmail.com)

### **OBJECTIVES:**

A vocational/day-program setting where adults with intellectual disabilities, 18 years of age or older, can take part in a variety of activities and learn various life skills both on site and in the community.

## **TREMPLOY INC.**

### **CONTACT:**

Box 936  
Charlottetown, PE C1A 7M4  
Nick Blanchard, Executive Director  
Phone: 892-5338  
Fax: 892-5334

### **OBJECTIVES:**

To provide adults, who have an intellectual disability, with vocational training and support services that will assist each individual explore their full potential and empower them to contribute and participate in a meaningful way within the community.

## **VOLUNTARY RESOURCE CENTRE**

### **CONTACT:**

81 Prince Street  
Charlottetown, PE C1A 4R3  
Sylvie Arsenault: 368-7337  
Fax: 368-7180  
Email: [ycrc@eastlink.ca](mailto:ycrc@eastlink.ca)

### **OBJECTIVES:**

The *V.R.C.* is a non-profit organization that is directed by a volunteer Board of Directors. The Centre provides services and resources to other non-profit organizations and individuals. They provide an answering service for a number of self-help groups and an Island-wide newsletter.

## **WEST PRINCE CARING CUPBOARD**

### **CONTACT:**

Box 187  
Alberton, PE C0B 1B0  
Corina Balo: 853-3447  
Email: [cbolo@hotmail.com](mailto:cbolo@hotmail.com)

### **OBJECTIVES:**

Provide support to individuals and families in the West Prince area who are in need and to raise their self-esteem, thus helping them to become independent. Call contact for meeting information.

## **WOMEN'S NETWORK PEI**

### **CONTACT:**

40 Enman Crescent – Box 233  
Charlottetown, PE C1A 7K4  
Phone: 368-5040  
Fax: 368-5039  
Web: [www.wnpei.org](http://www.wnpei.org)

### **OBJECTIVES:**

*Women's Network PEI* works to support and strengthen the efforts of PEI Women and to improve the status of women in our society. We provide resources on health, employment, literacy, politics, and legal aid.

## **WRAPAROUND PROCESS**

### **CONTACT:**

40C Burns Avenue – Box 2000  
Charlottetown, PE C1A 7N8  
Gina Clow,  
WrapAround Coordinator  
Phone: 569-7682/569-7764  
Fax: 569-7711  
Email: [jhoward@gov.pe.ca](mailto:jhoward@gov.pe.ca)  
Web: [www.jhs-pei.ca](http://www.jhs-pei.ca)

### **OBJECTIVES:**

WrapAround is a individualized planning process aimed at helping people and/or families create strategies to meet their needs through the assistance of a personal support team. The personal support team is created by the participants and consists of those people important to the person or family. The process helps the individual and/or family build on their strengths while connecting them with their community through available resources.

**YOUTH DEVELOPMENT CENTRE,**  
**EAST PRINCE**

**CONTACT:**

223 Water Street Summerside, PE C1N 1B4 Melissa MacDonald: 436-2815 Fax: 436-2815 Web: <a href="http://www.epydc.org">www.epydc.org</a>
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**OBJECTIVES:**

The mission of the *East Prince Youth Development Centre* is to create a brighter, healthier, future for youth, families and our community by providing opportunities for youth to learn new skills, become more experienced, become more employment ready, gain self-confidence and become more productive, community-minded, individuals. The Centre operates as an “umbrella of services” for youth in the community, providing youth with resources, information and skills to enhance their employment future.

# **HELP & INFORMATION LINES**



1. **ADDICTION SERVICES (Toll Free)** ..... 1 888 299-8399
2. **AIDS HOTLINE** ..... 1 800 314-2437
3. **ANDERSON HOUSE**  
**(PEI Family Violence Protection Services Inc.)**
  - Long Distance..... 1 800 240-9894
  - Local (Emergency) ..... 892-0960
4. **ARTHRITIS SOCIETY** ..... 1 800 321-1433
5. **BIRTHRIGHT//24-HOUR HOT LINE** .... 1 800 550-4900
6. **CHILD ABUSE (AFTER HOURS)**..... 1 800 341-6868
7. **CHILD ABUSE (LOCAL CALLS)**..... 368-6868
  - Charlottetown .....368-5342/368-5330
  - Montague..... 838-0703
  - O'Leary ..... 859-8811
  - Souris..... 687-7060
  - Summerside ..... 888-8100
8. **CHILD FIND PEI** ..... 1 800 387-7962
9. **CRIME STOPPERS** ..... 1 800 222-8477
10. **ISLAND HELP LINE**..... 1 800 218-2885
11. **KID'S HELP PHONE**..... 1 800 668-6868
12. **LIFELINE:**
  - Charlottetown, Dorothy Johnson ..... 894-2969
  - or QEH..... 894-2111
  - Montague, Bud Ings ..... 838-2683
  - O'Leary ..... 1 800 543-3546
  - Summerside ..... 1 800 543-3546
13. **PEI RAPE AND SEXUAL ASSAULT**  
**CRISIS LINE** ..... 1 800 289-5656
14. **PEI RAPE AND SEXUAL ASSAULT**  
**CRISIS LINE (LOCAL CALLS)** ..... 566-8999
15. **POISON CONTROL** ..... 1 800 565-8161
16. **SELF-HELP (Toll Free)** ..... 1 800 682-1648

**17. TRANSITION HOUSE ASSOCIATION  
(PEI Family Violence Protection Services Inc.) ... 894-3354**

**OUTREACH SERVICES:**

East Prince .....	436-0517
Eastern PEI .....	838-0795
Queens .....	566-1480
West Prince .....	859-8849
Emergency Long Distance.....	1 800 240-9894



# **SERVICE CLUBS/ ASSOCIATIONS**



## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Anglican Church Women</b>	Kensington RR#2 PE C0B 1M0	Lauretta Jollimore, President 886-2770
<b>Architect's Association of PEI</b>	Box 1766 Charlottetown, PE C1A 7N4	Aaron Stavert, President 566-3364 Fax: 566-1235
<b>Association of Certified Engineering Technicians and Technologists of PEI</b>	Box 1436 92 Queen Street Charlottetown, PE C1A 7N1	Trent Collicutt President: 892-8324
<b>Association of Certified General Accountants of Prince Edward Island</b>	Box 3-18 Queen St. Suite 105 Charlottetown, PE C1A 4A1	368-7237
<b>Association of Optometrists</b>	549 North River Rd. Charlottetown, PE C1E 1J6	Dr. Susan Judson 626-3937 Fax: 626-3973
<b>Association of Registered Nurses of PEI</b>	53 Grafton Street Charlottetown, PE C1A 1K8	Rebecca Gosbee Executive Director 368-3764 Fax: 628-1430 email: <a href="mailto:info@arnpei.ca">info@arnpei.ca</a>
<b>Atlantic Provinces Chamber of Commerce</b>	236 St. George St. Suite 21 Moncton, NB E1C 1W1	Bill Denyar (506) 857-3980
<b>Benevolent Irish Society</b>	Box 1831 Charlottetown PE C1A 7N5	David Corrigan, President Everett Beagan 963-3156
<b>Borden Royal Canadian Legion Branch #10</b>	240 Main St. Box 98 Borden-Carleton PE C0B 1X0	855-2660
<b>Caledonian Club of PEI</b>	35 Bolger Drive Charlottetown, PE C1A 7T2	Eleanor Boswall President 368-7378
<b>Canadian Lebanese Association, PEI Branch</b>	4 Ridgemont Court Charlottetown, PE C1A 3S2	George Kays President: 566-3329
<b>Canadian Parents for French, PEI Ltd.</b>	Box 2785 Charlottetown, PE C1A 8C4	Amanda Wilson, President: 368-3703 Gail Lecky, Executive Director: 368-7240 Fax: 368-7415 Email: <a href="mailto:info@cpfpei.pe.ca">info@cpfpei.pe.ca</a> Web: <a href="http://www.cpfpei.pe.ca">www.cpfpei.pe.ca</a>

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Carrefour de L'Isle Saint-Jean</b>	5 Rue Acadienne Charlottetown, PE C1C 1M2	Alex Robert President: 368-1895 Fax: 566-5989
<b>Central Northumberland Strait Fishermen's Association</b>	275 Nelson St., Box 61, Crapaud, PE C0A 1J0	George Ferguson, President Phone: 658-2026
<b>Chamber of Commerce, Greater Charlottetown Area</b>	Box 67 Charlottetown, PE C1A 7K2	Kathy Hambly, Executive Director 628-2000 Fax: 368-3570 Kathryn Coll , President email: <a href="mailto:chamber@charlottetownchamber.com">chamber@charlottetownchamber.com</a>
<b>Chamber of Commerce, Greater Summerside Area</b>	263 Harbour Drive Suite 10 Summerside, PE C1N 5P1	Bill Schurman Executive Director: 436-9651 Gordon MacFarlane, President Fax: 436-8320 email: <a href="mailto:info@chamber.summerside.ca">info@chamber.summerside.ca</a> Web: <a href="http://www.chamber.summerside.ca">www.chamber.summerside.ca</a>
<b>Charlottetown Curling Club</b>	Box 158 Charlottetown, PE C1A 7K4	Rob Warren Club Manager, 892-7467 Fax: 892-1368
<b>Christian Council</b>	235 Prince St. Charlottetown, PE C1A 4S2	Rev. Bill Dean Phone: 628-2111 Fax: 628-6414 email: <a href="mailto:fbc@pei.aibn.com">fbc@pei.aibn.com</a>
<b>Club 50</b>	Wellington RR #1 PE C0B 2E0	Elise Milligan 854-2962
<b>Construction Association of Prince Edward Island</b>	40 Enman Crescent Room 223 Charlottetown, PE C1E 1E6	Ross Barnes, General Manager Craig Ling, President: 368-3303 Fax: 894-9757 Web: <a href="http://www.capei.ca">www.capei.ca</a>
<b>Dental Association</b>	184 Belvedere Ave. Charlottetown, PE C1A 2Z1	Dr. Brian Barrett, Executive Director Phone/Fax: 892-4470 email: <a href="mailto:dapei@pei.sympatico.ca">dapei@pei.sympatico.ca</a>
<b>Dental Council</b>	Box 1948 Charlottetown, PE C1A 7N5	Dr. Nettie Likely Registrar: 892-4470 Fax: 368-8481
<b>Diocese of Charlottetown</b>	Box 907 Charlottetown, PE C1A 7L9	892-1251 Fax: 892-1253

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Donna's Transportation Ltd.</b>	345 First St. Summerside, PE C1N 1G5	Donna Sonier Phone: 436-3394
<b>Ducks Unlimited</b>	420 University Ave Suite 113 Ch'town Farm Centre Charlottetown, PE C1A 7Z5	Wade Lewis 569-2676 email: <a href="mailto:w_lewis@ducks.ca">w_lewis@ducks.ca</a>
<b>Early Childhood Development Association</b>	3 Brighton Rd. Charlottetown, PE C1A 8T6	Sonya Hooper, Director 368-1866 Email: <a href="mailto:shoop@earlychildhooddevelopment.ca">shoop@earlychildhooddevelopment.ca</a> Web: <a href="http://www.earlychildhooddevelopment.ca">www.earlychildhooddevelopment.ca</a>
<b>Eastern Kings Fishermen's Association</b>	RR 1 Souris, PE Lower Rollo Bay C0A 2E0	Scott Bruce, President Phone: 687-1888
<b>Environmental Coalition of PEI</b>	126 Richmond St. Charlottetown, PE C1A 1H9	Phone: 566-4696 Fax: 566-4037 Web: <a href="http://www.ecopei.ca">www.ecopei.ca</a>
<b>Farmers Helping Farmers</b>	Teresa Mellish Box 2623 Charlottetown, PE C1A 8C3	Coordinator: 838-4032 Fax: 838-4032 email: <a href="mailto:info@farmershelpingfarmers.ca">info@farmershelpingfarmers.ca</a> Web: <a href="http://www.farmershelpingfarmers.ca">www.farmershelpingfarmers.ca</a>
<b>Federation of Prince Edward Island Municipalities</b>	1 Kirkdale Rd Charlottetown, PE C1E 1R3	Bruce MacDougall President: 566-1493 Fax: 566-2880 email: <a href="mailto:info@fpeim.ca">info@fpeim.ca</a> Web: <a href="http://www.fpeim.ca">www.fpeim.ca</a>
<b>Habitat for Humanity</b>	365 Mount Edward Rd Charlottetown, PE C1E 2A1	Susan Zambonin, Executive Director Phone: 367-3559 Email: <a href="mailto:info@habitatpei.ca">info@habitatpei.ca</a> Web: <a href="http://www.habitatpei.ca">www.habitatpei.ca</a>
<b>Health Association, PEI</b>	10 Pownal Street Charlottetown, PE C1A 3V6	Ken Ezeard Executive Director 368-3901 Fax: 368-3231 Email: <a href="mailto:executivedirector@habitat.pe.ca">executivedirector@habitat.pe.ca</a>

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Human Rights Commission</b>	Box 2000 53 Water St. Charlottetown, PE C1A 7N8	Greg Howard Executive Director 368-4180 Fax: 368-4236 Email: <a href="mailto:ghoward@peihumanright.ca">ghoward@peihumanright.ca</a>
<b>IODE PEI</b>	58 Ducks Landing, Apt. 101 Stratford, PE C1B 0L2	Lynn Gallant Secretary 368-8019
<b>Institute of Chartered Accountants</b>	Box 301 Charlottetown, PE C1A 7K7	894-4290 Fax: 894-4791 Web: <a href="http://www.icapei.com">www.icapei.com</a>
<b>Island EMS</b>	229 Sherwood Road Charlottetown, PE C1E 0E5	Matthew Crossman, General Manager 892-9995 or 1-877-660-6644 Email: <a href="mailto:matthewcrossman@ems.ca">matthewcrossman@ems.ca</a>
<b>Island First Aid Services</b>	Mailing address: Box 24053 Stratford, PE C1B 2V5	Chris Landry Phone: 367-3555 Toll Free: 1-888-475-3243 Fax: 367-3594 Email: <a href="mailto:islandfirstaid@eastlink.ca">islandfirstaid@eastlink.ca</a> Web: <a href="http://www.islandfirstaid.ca">www.islandfirstaid.ca</a>
<b>Island Nature Trust</b>	Box 265 Charlottetown, PE C1A 7K4	892-7513 or 566-9150 Fax: 628-6331 Email: <a href="mailto:admin@islandnaturetrust.ca">admin@islandnaturetrust.ca</a>
<b>Joyriders Therapeutic Riding Association of PEI</b>	Box 20149 Winsloe, PE C1A 9E3	Tracey Stephenson: Parasport & Recreation PEI 368-4540
<b>Kensington &amp; Area Chamber of Commerce</b>	Box 234 Kensington, PE C0B 1M0	Glenna Lohnes 836-3209 Web: <a href="http://www.kensington.ca">www.kensington.ca</a>
<b>Kings Playhouse, Georgetown</b>	Box 267 Georgetown, PE C0A 1L0	Melvin Ford 652-2053 Toll Free: 1-888-346-5666
<b>Kinsmen Club of Charlottetown</b>	586 North River Road Box 331 Charlottetown, PE C1A 7K7	566-8867 Email: <a href="mailto:president@charlottetownkin.com">president@charlottetownkin.com</a>
<b>Knights of Columbus</b>	19 Edgehill Terrace Stratford, PE C1B 2V3	Louis MacDonald 569-2856
<b>L'Exposition Agricole et le Festival Acadien de la Region Evangeline</b>	C.P. 37 Wellington, PE C0B 2E0	854-3300

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Licensed Practical Nurses' Association of PEI</b>	Box 20058 161 St. Peters Road (Revenue Can.Bldg.) Charlottetown, PE C1A 9E3	President: 566-1512 (ext 1) Alana Essery Executive Director/Registrar 566-1512 Fax: 892-6315 Email: <a href="mailto:info@lpna.ca">info@lpna.ca</a>
<b>Lions Club – Albany</b>	Rt. 225, Kinkora, PE C0B 1N0	Harleigh MacLeod 887-3272
<b>Lions Club – Alberton</b>	Alberton, PE C0B 1B0	Grant Milligan 853-2611
<b>Lions Club –Belfast</b>	458 Rosebery Road, R.R. 1, Belfast, PE C0A 1A0	Blair Morrison 659-2937
<b>Lions Club – Brackley Beach North Shore</b>	Brackley Beach, PE C1A 1Z3	Douglas MacCallum 672-2722
<b>Lions Club – Charlottetown</b>	27 Irvin Drive Charlottetown, PE C1E 1S2	Douglas McKenney 628-9044
<b>Lions Club – Cornwall</b>	73 Heron Drive Bunbury, PE C1B 1B8	Wayne Smith
<b>Lions Club – Cros-roads/Stratford</b>	6 Orchid Drive Stratford, PE C1B 1K7	Avery Blaxland 569-2409
<b>Lions Club – Cymbria</b>	5800 South Rustico Road Hunter River, R.R. 3 C1A 1N0	Mark Willoughley 963-3210
<b>Lions Club – Dundas</b>	RR#5 Cardigan, PE C0A 1G0	Roger MacKenzie 583-2877
<b>Lions Club – East Royalty</b>	18 Orchid Drive Stratford, PE C1B 1K7	Arnold Yates 628-6177
<b>Lions Club – Fort Augustus &amp; Area</b>	Box 1613 Charlottetown, PE C1A 7J8	Robert Gunn 651-2031
<b>Lions Club – Georgetown</b>	25 George Street Box 42 Georgetown, PE C0A 1L0	Lions Club: 652-2834 Stephen Carroll: 652-2223
<b>Lions Club – Hunter River</b>	Greenvale Hunter River, PE C0B 1N0	Jean MacRae 964-2536

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Lions Club – Kensington</b>	Summerside, RR#3 PE C1N 4J9	Frank MacKinnon 436-7981
<b>Lions Club – Malpeque Bay and Area</b>	RR#6, Kensington PE C0B 1M0	Kathleen Waite 836-3075
<b>Lions Club – Montague</b>	Box 986, Montague PE C0A 1R0	Vickey Henderson 838-4020
<b>Lions Club – Morell</b>	50 Little Flower Ave. Morell, PE C0A 1S0	Chris Dunn 961-3722
<b>Lions Club – North Rustico</b>	Box 21 North Rustico, PE C0A 1N0	Jason Doucette 963-2533 (Lion's Den) 963-2541 (Home)
<b>Lions Club – O'Leary</b>	29 North Street, O'Leary, PE C0B 1B0	Eugene Shaw 859-3684
<b>Lions Club – Parkdale/ Sherwood</b>	2 MacEwen Lane Cornmall, PE C0B 1H0	Jerry Heartz 566-4136
<b>Lions Club – Souris</b>	1350 East Baltic Rd. R.R. 2 Souris, PE C0A 2B0	Wayne Eastman 357-2403
<b>Lions Club – St. Eleanors</b>	33 MacWilliams Dr. Summerside, PE C1N 4L4	Jim Rogers 436-8986
<b>Lions Club – Summerside</b>	110 Gillespie Ave. Summerside, PE C1N 4K4	Keith Small 432-3061
<b>Lions Club – Tracadie</b>	1035 Donaldston RR #1 PE C0A 1T0	Victor Jarvis 676-3791
<b>Lions Club – Vernon River</b>	RR #3 Montague, PE C0A 1R0	Donald Nicholson 838-4238
<b>Lions Club – Winsloe</b>	Box 6302 Cornwall, PE C0A 1H0	Jason Lamont 892-4423
<b>Medical Society of Prince Edward Island</b>	2 Myrtle Street Stratford, PE C1B 2W2	Sandy Irwin Executive Director John Paul Schaefer President: 368-7303 1-888-368-7303 Fax: 566-7303
<b>Montague/Souris District 4-H Clubs</b>	Box 550 Souris, PE C0A 2B0	Isobel McCormack 687-7043 or 1-800-237-6017



## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>National Farmers Union</b>		Edith Ling Director, Women's District Phone: 368-1262
<b>Native Council of PEI</b>	6 FJ McAulay Court Charlottetown, PE C1A 9M7	Jamie Thomas: 892-5314 Toll Free: 1-877-591-3003 Fax: 368-7464 Email: <a href="mailto:admin@ncpei.com">admin@ncpei.com</a> Web: <a href="http://www.ncpei.com">www.ncpei.com</a>
<b>New Friends Host Program</b>	25 University Ave., Suite 400 Charlottetown, PE C1A 8C4	Marilenne Vrena Coordinator: 628-6009 Fax: 894-4928
<b>Northumberland Strait Fishermen's Association</b>	RR 2 Hunter River, PE C0A 1N0	Norman Peters, President Phone: 963-2525
<b>Occupational Health and Safety Services</b>	Box 757 Charlottetown, PE C1A 7L7	George Stewart Director: 368-5562 Fax: 368-5696 Email: <a href="mailto:gwstewart@wcb.pe.ca">gwstewart@wcb.pe.ca</a>
<b>Parks and People Association Inc.</b>	Box 1506 Charlottetown, PE C1A 7N3	Allan Kerwin 894-4246 Email: <a href="mailto:parksandpeople@pei.aibn.com">parksandpeople@pei.aibn.com</a>
<b>Pat and the Elephant</b>	30 Woodward Drive Charlottetown, PE C1A 6A7	Trent Costello: 894-3339 Fax: 628-8582 Pager: 1-557-2518 Email: <a href="mailto:pat.e@pei.sympatico.ca">pat.e@pei.sympatico.ca</a> Web: <a href="http://www.patandtheelephant.org">www.patandtheelephant.org</a>
<b>PEI Action Housing Inc.</b>	Box 22051 Charlottetown, PE C1A 9J2	Richard Montigny 892-6705 Fax: 628-8751 Email: <a href="mailto:richard.montigny@pei.sympatico.ca">richard.montigny@pei.sympatico.ca</a>
<b>PEI Alpine Ski Association</b>	614 North River Rd, Suite B Charlottetown, PE C1A 1K2	892-4713
<b>PEI Association of Community Schools</b>	1368 Loyalist Rd RR #2 North Wiltshire, PE C0A 1Y0	Shirley Moore Phone: 892-3445 Fax: 566-3797
<b>PEI Association of Medical Radiation Technologists</b>	Box 1929 Charlottetown, PE C1A 7N5	Cathy Clarke

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>PEI Beekeepers Cooperative Association</b>	4686 Highway 17 RR #4, Montague, PE C0A 1R0	John Burhoe President: 962-3834
<b>PEI Chamber of Commerce</b>	Box 54 Elmsdale PO, PE C0B 1K0	Scott Dawson, President 853-2929 Fax: 853-3518 Email: <a href="mailto:hiconstruction@route2.pe.ca">hiconstruction@route2.pe.ca</a>
<b>PEI Council Girl Guides</b>	30 Enman Cres., Room 235 Charlottetown, PE C1E 1E6	Lori Bingley 894-4936 Fax: 628-6396 Toll Free: 1-800-565-8111 Email: <a href="mailto:info@girlguides.pe.ca">info@girlguides.pe.ca</a> Web: <a href="http://www.girlguides.pe.ca">www.girlguides.pe.ca</a>
<b>PEI Council of the Arts</b>	115 Richmond St. Charlottetown, PE C1A 1H7	Darren White Phone: 368-4410 Toll Free: 1-888-734-2784 Fax: 368-4418 Web: <a href="http://www.peiartscouncil.com">www.peiartscouncil.com</a>
<b>PEI Crafts Council Inc.</b>	Box 20071 Sherwood RPO, Charlottetown, PE C1A 9E3	892-5152 Fax: 628-8740 Web: <a href="http://www.peicraftscouncil.com">www.peicraftscouncil.com</a>
<b>PEI Crime Stoppers</b>	Box 2708 Charlottetown, PE C1A 8C3	Gary Bowness, President Phone: 894-7055/626-8045 (cell) Phil Pitts, Coordinator Phone : 566-7081/626-5624 (cell) Fax: 566-8342 TipLine: 1-800-222-8477 Email: <a href="mailto:pitts@peicrimestoppers.pe.ca">pitts@peicrimestoppers.pe.ca</a>
<b>PEI Cultured Mussels Grower Association</b>	101 Longworth Ave. 1st Floor Charlottetown, Prince Edward Island C1A 5A9	Telephone: (902) 368-2757 Facsimile: (902) 626-3954
<b>PEI Federation of Agriculture</b>	420 University Ave. Charlottetown, PE C1A 7Z5	Ernie Mutch, President Office: 368-7289 Fax: 368-7204 Web: <a href="http://www.peifa.ca">www.peifa.ca</a>
<b>PEI Federation of Foster Families</b>		Wayne MacFarlane, President Phone: 963-3885
<b>PEI Federation of Labour</b>	22 Enman Crescent Charlottetown, PE C1E 1E6	Carl Pursey President: 368-3068 Fax: 368-3192 Email: <a href="mailto:peifed@pei.aibn.com">peifed@pei.aibn.com</a>

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>PEI Fishermen's Association</b>	Suite 102 420 University Ave, Charlottetown, PE C1A 7Z5	Phone: 566-4050 Fax: 368-3748
<b>PEI Ground Fish Association</b>	Box 543 Souris, PE C0A 2B0	Frank Hennessey 687-3256
<b>PEI Guidance and Counselling Association</b>	c/o West Kent Elementary School 27 Viceroy Ave. Charlottetown, PE C1A 2E4	Lilly Gillespie President 368-6065 Fax: 368-4559
<b>PEI Hairdressers Associations</b>	Box 984 Charlottetown, PE C1A 7M4	892-5359
<b>PEI Home and School Federation Inc.</b>	(Street deliveries only) 40 Enman Crescent Royalty Centre Charlottetown, PE C1E 1E6	Shirley Jay Executive Director: 620-3186 Toll Free: 1-800-916-0664 Fax: 620-3187
	Box 1012 Charlottetown, PE C1A 7M4	Email: <a href="mailto:peihsf@edu.pe.ca">peihsf@edu.pe.ca</a> Web : <a href="http://www.edu.pe.ca/peihsf">www.edu.pe.ca/peihsf</a>
<b>PEI Home Economics Association</b>	Box 20029 Sherwood Outlet Charlottetown, PE C1A 9E3	Debbie Earl President 566-2738 Email: <a href="mailto:peihea@hotmail.com">peihea@hotmail.com</a> Web: <a href="http://www.peihea.org">www.peihea.org</a>
<b>PEI Humane Society</b>	309 Sherwood Road Mail: Box 20022 Charlottetown, PE C1A 9E3	Kelly Mullaly, Executive Director Phone: 892-1190 Fax: 892-3617 Email: <a href="mailto:info@peihumanesociety.com">info@peihumanesociety.com</a> Director's Email: <a href="mailto:kmullaly@humanesociety.com">kmullaly@humanesociety.com</a> Web: <a href="http://www.peihumanesociety.com">www.peihumanesociety.com</a>
<b>PEI Institute of Agrologists</b>	Box 2712 Charlottetown, PE C1A 8C3	892-1943 Web: <a href="http://www.peiia.ca">www.peiia.ca</a>
<b>PEI Kiwanis Music Festival Association</b>	227 Keppoch Road Stratford, PE C1B 2J5	Diane Campbell 569-2885 Email: <a href="mailto:ddcampbell@eastlink.ca">ddcampbell@eastlink.ca</a> web: <a href="http://www.peikiwanismusicfestival.ca">www.peikiwanismusicfestival.ca</a>

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>PEI Museum &amp; Heritage Foundation</b>	2 Kent Street Charlottetown, PE C1A 1M6	Dr. David Keenlyside, Executive Director Phone: 368-6600 Fax: 368-6608 Email: <a href="mailto:mhpei@gov.pe.ca">mhpei@gov.pe.ca</a>
<b>PEI Occupational Therapy Society</b>	Box 2248 Charlottetown, PE C1A 8B9	
<b>PEI Pharmacy Board</b>	Box 89 20454 TCH Crapaud, PE C0A 1J0	Neila Auld 658-2780 Fax: 658-2198 Email: <a href="mailto:peipharm@pei.aibn.com">peipharm@pei.aibn.com</a>
<b>PEI Real Estate Association</b>	75 St.Peter's Rd Charlottetown, PE C1A 5N7	Dorothy Smith Phone: 368-8451 Fax: 894-9487 Web: <a href="http://www.peirea.com">www.peirea.com</a>
<b>PEI Rural Beautification Society</b>	Box 1194 Charlottetown, PE C1A 7M8	Joyce MacKenzie Phone: 672-2039
<b>PEI Scottish Settlers Historical Society</b>		Carol MacDonald 569-2333
<b>PEI Seafood Processors Association</b>	247 Mason Road Stratford, PE C1B 2G1	629-1392
<b>PEI Shellfish Association</b>	Box 135 Tignish, PE C0B 2B0	Clifford Bernard, President: 882-3910
<b>PEI Society of Medical Technologists</b>	c/o QEH Laboratory, Box 6600 Charlottetown, PE C1A 8T5	Carolyn McCarville, President Phone: 894-2332 Fax: 894-2385
<b>PEI Symphony Society</b>	Box 185 Charlottetown, PE C1A 7K4	892-4333
<b>PEI Teachers' Federation</b>	Box 6000 Charlottetown, PE C1A 8B4	Phone: 569-4157 Fax: 569-3682 Web: <a href="http://www.peitf.com">www.peitf.com</a>
<b>PEI Truckers' Association</b>	40 Enman Crescent Charlottetown, PE C1E 1E6	Donald Corrigan Phone: 566-1224 Fax: 894-4943 Email: <a href="mailto:peitruckers@aibn.com">peitruckers@aibn.com</a>
<b>PEI Union of Public Sector Employees</b>	4 Enman Crescent Charlottetown, PE C1E 1E6	Shelley Ward, 892-5335 Fax: 569-8186 Email: <a href="mailto:lrossiter@peiupse.ca">lrossiter@peiupse.ca</a>

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>PEI Volunteers for Literacy</b>	Box 20151 161 St. Peters Road Charlottetown, PE C1A 9E3	Mary Burke 368-4695 Toll free: 1-800-348-7323 Email: <a href="mailto:peivol@eastlink.ca">peivol@eastlink.ca</a>
<b>Prince County Fishermen's Association</b>	RR 3 Tignish, PE C0B 2B0	Danny Arsenault, President Phone: 882-3037
<b>Prince County Hospital Auxiliary</b>	Box 3000 Summerside, PE C1N 2A9	Gift Shop Phone: 432-2531
<b>Prince County Hospital Foundation</b>	Box 3000 Summerside, PE C1N 2A9	438-4200 Fax: 438-4511
<b>Prince Edward Island Interministerial Women's Secretariat</b>	Box 2000 Charlottetown, PE C1A 7N8	Michelle Harris-Genge, Director 368-5557 Fax: 569-7798 Email: <a href="mailto:mdharris-geenge@gov.pe.ca">mdharris-geenge@gov.pe.ca</a>
<b>Provincial Office 4-H Clubs</b>	Box 2000 Charlottetown, PE C1A 7N8	Emily Brown Connie Boswall 368-4833 Fax: 368-6289 Email: <a href="mailto:pei4h@gov.pe.ca">pei4h@gov.pe.ca</a>
<b>Psychological Association of Prince Edward Island</b>	1 Rochford St. Charlottetown, PE C1A 9L2	Rhonda Matters President 569-8731 Fax: 569-3640
<b>Queen Elizabeth Hospital Auxiliary</b>	Box 6600 Charlottetown, PE C1A 8T5	894-2400
<b>Queen Elizabeth Hospital Foundation</b>	Box 6600 Charlottetown, PE C1A 8T5	Barb Dunphy-Gotell, Executive Director 894-2425 Fax: 894-2433 Email: <a href="mailto:bdunphy@qehfoundation.pe.ca">bdunphy@qehfoundation.pe.ca</a>
<b>Queen Elizabeth Hospital Patient Care Volunteers</b>	Box 6600 Charlottetown, PE C1A 8T5	Jill Richardson, Manager Phone: 894-2003
<b>Queens County Music Festival</b>	40 Hurry Road Charlottetown, PE C1E 1Z4	Kaye Linkletter 368-2348
<b>Queens County Shellfish Association</b>	Box 808 Cornwall, PE C0A 1H0	Blair Smith, President 675-2561

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Real Women/PEI</b>	156 Mt. Edward Rd. Charlottetown, PE C1A 5T2	
<b>Religious Society of Friends (Quakers)</b>	Box 299 Cornwall, PE C0A 1H0	Daphne Davey 675-3501 Fax: 675-2533
<b>Right to Life Association</b>	Box 1988 Charlottetown, PE C1A 7N7	
<b>Rotary Club of Charlottetown</b>	Box 608 Charlottetown, PE C1A 7L3	
<b>Rotary Club of Charlottetown Royalty</b>	Box 3340 Charlottetown, PE C1A 8W5	
<b>Rotary Club of Hillsborough</b>	Box 1121 Charlottetown, PE C1A 7M8	Sue Hendrickin, President Phone: 629-4022
<b>Rotary Club of Montague</b>	Box 146, Montague, PE C0A 1R0	
<b>Rotary Club of Stratford</b>	22 Pondsides Court Stratford, PE C1B 1E5	
<b>Rotary Club of Summerside</b>	Box 65 Summerside, PE C1N 4P6	
<b>Royal Canadian Legion</b>	Box 134 99 Pownall Street Charlottetown, PE C1A 7K2	Branch Manager, 892-6022
<b>Saint Thomas D'Aquin (La Societe)</b>	5 Ave. Maris Stella Summerside, PE C1N 6M9	Gabriel Arsenault, Directeur General 436-4881 or Fax: 436-6936
<b>Scouts Canada</b>	Box 533 100 Upper Prince St. Charlottetown, PE C1A 4Z3	Phone 566-9153 Fax: 628-6396 Email: <a href="mailto:dmaund@scouts.ca">dmaund@scouts.ca</a>
<b>Seniors Active Living Centre</b>	550 University Ave. Charlottetown, PE C1A 4P3	Olive Bryanton 628-8388
<b>Silver Fox Curling &amp; Yacht Club</b>	110 Water St. Summerside, PE C1N 1A9	436-2153 Fax: 888-3969

## SERVICE CLUBS/ASSOCIATIONS

NAME	ADDRESS	CONTACT
<b>Southern Kings &amp; Queens Food Bank Inc.</b>	Box 1137 Montague, PE C0A 1R0	838-3191
<b>Sport PEI</b>	Box 302 40 Enman Crescent Charlottetown, PE C1A 7K7	Gemma Koughan, Executive Director: 368-4110 Fax: 368-4548 Email: <a href="mailto:sports@sportpei.pe.ca">sports@sportpei.pe.ca</a>
<b>Tourism Industry Association of Prince Edward Island</b>	Box 2050 Charlottetown, PE C1A 7N7	Thom MacMillan, President Phone: 566-5008 Don Cudmore, Executive Director Phone: 566-5008 Email: <a href="mailto:tiapei@tiapei.pe.ca">tiapei@tiapei.pe.ca</a> Web: <a href="http://www.tiapei.pe.ca">www.tiapei.pe.ca</a>
<b>Transportation West Inc.</b>	Box 400 Alberton, PE C0B 1B0	Phone: 859-1722
<b>United Way of PEI</b>	180 Kent Street Charlottetown, PE C1A 7K4	David Hennessey Executive Director Tammy Pigott Administrative & Account Asst. Phone: 894-8202 Fax: 894-9643 Email: <a href="mailto:inquiries@peiunitedway.com">inquiries@peiunitedway.com</a> Web: <a href="http://www.peiunitedway.com">www.peiunitedway.com</a>
<b>Upper Room Hospitality Ministry</b>	Food Bank : 33 Belmont Street Soup Kitchen: 101 Richmond St. Mail: 33 Belmont Street Charlottetown, PE C1A 5G9	Soup Kitchen Robert King: 892-1995 Food Bank: Mike MacDonald 892-7092 Email: <a href="mailto:upper_room@pei.sympatico.ca">upper_room@pei.sympatico.ca</a>
<b>Vegetable Growers Co-op</b>	280 Sherwood Road Charlottetown, PE C1A 7N9	Don Reid, General Manager 892-5361 or Fax: 566-2383 Email: <a href="mailto:peiveg@eastlink.ca">peiveg@eastlink.ca</a>
<b>War Amputations of Canada , PEI Branch</b>	455 Queen Street Charlottetown, PE C1A 4G4	
<b>Welcome Wagon</b>		Toll Free: 1-800-236-3196 Web: <a href="http://www.welcomewagon.ca">www.welcomewagon.ca</a>
<b>Western Curling Club</b>	Box 79 Alberton, PE C0B 1B0	853-2732

## SERVICE CLUBS/ASSOCIATIONS

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NAME	ADDRESS	CONTACT
<b>Western Gulf Fishermen's Association</b>	94 Drummond Rd., Freetown, PE C0B 1L0	Craig Avery, President Phone: 887-3883
<b>Western PEI Tourist Association</b>	Box 398 Tignish, PE C0B 2B0	Ann Arsenault 882-3606 Web: <a href="http://www.northcapedrive.com">www.northcapedrive.com</a>
<b>Wilfred J. Smith Community Gardens</b>	56 Bayfield Street Charlottetown, PE C1A 2G6	Emerson Gorrill, Chairperson 894-4873
<b>Women's Institute Federation</b>	40 Enman Crescent Charlottetown, PE C1E 1E6	Doreen Cole, President Phone: 368-4860 Fax: 368-4439 Email: <a href="mailto:wi@gov.pe.ca">wi@gov.pe.ca</a>
<b>Women in Agriculture</b>	Kensington RR #6, PE C0B 1M0	Rhonda Bellefontaine 886-2778



# **SCHOOLS AND CHURCHES**



<b>SCHOOL</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>PHONE</b>
<b>Alberton Elementary School</b>	Box 280, Alberton, PE C0B 1B0	Shanna Perry Principal	853-8617 Fax: 853-8608
<b>Alternate Education Sites</b>	Elementary (Athena) Slemon Park Westile	Terry Doran Principal	432-2693 (Athena) 432-2804 853-8629
<b>Amherst Cove Consolidated School</b>	RR #1 Borden-Carleton, PE C0B 1X0	Sandra Jay Principal	437-8525 Fax: 437-8527
<b>Athena Consolidated School</b>	150 Ryan Street Summerside, PE C1N 6G2	Jerry McAulay Principal	888-8486 Fax: 888-8487
<b>Belfast Consolidated School</b>	RR #3 Belle River, PE C0A 1B0	David Byrand Principal	659-7200 Fax: 659-7204
<b>Birchwood Intermediate School</b>	49 Longworth Ave. Charlottetown, PE C1A 5A6	Ron Carragher Principal	368-6870 Fax: 368-6896
<b>Bloomfield Elementary School</b>	2472 O'Halloran Road, Route. 145 Bloomfield, PE C0B 1E0	Andrew Stewart Principal	859-8715 Fax: 859-8763
<b>Bluefield High School</b>	RR #2 North Wiltshire, PE C0A 1Y0	Jerry Coady Principal	675-7480 Fax: 675-7482
<b>Cardigan Consolidated School</b>	1614 Georgetown Royalty Road, Route. 342, Cardigan, PE C0A 1G0	Noreen Lisi Principal	583-8575 Fax: 583-8576
<b>Carrefour de L'Isle Saint-Jean</b>	5 Acadian Drive Charlottetown, PE C1C 1M2	Jilles Benoit Principal	566-1715
<b>Central Queens Elementary School</b>	RR #2 Hunter River, PE C0A 1N0	Denise Gaudet-McPhail Principal	964-7950 Fax: 964-7964
<b>Charlottetown Rural Senior High School</b>	100 Raiders Road Charlottetown, PE C1E 1K6	Susan Willis Principal	368-6905 Fax: 368-6906
<b>Colonel Gray Senior High School</b>	175 Spring Park Rd. Charlottetown, PE C1A 3Y8	Kevin Whitrow Principal	368-6860 Fax: 368-6839
<b>Donagh Regional School</b>	RR #5 Charlottetown, PE C1A 7J8	Jason Kelly Principal	569-7720 Fax: 569-7724

SCHOOL	ADDRESS	CONTACT	PHONE
<b>Dundas Consolidated School</b>	Box 21006 Cardigan, PE C0A 1G0	Paul Sullivan Principal	583-8585 Fax: 583-8588
<b>East Wiltshire Intermediate School</b>	Box 160 Cornwall, PE C0A 1H0	Windsor Wight Principal	368-4130 Fax: 368-4139
<b>Eastern School District Charlottetown Office</b>	Box 8600 Charlottetown, PE C1A 8V7	Sandy MacDonald Superintendent	368-6990
<b>École Évangéline</b>	01596, Route 124 Abram-Village, PE C0B 2E0	Jeannie Gallant Principal	854-2491 or 854-2402 Fax: 854-2981
<b>École Francois-Buote</b>	5 Acadian Drive Charlottetown, PE C1C 1M2	Josee Ferron Principal	566-1715 Fax: 566-5989 email: <a href="mailto:efb@edu.pe.ca">efb@edu.pe.ca</a> Web: <a href="http://www.edu.pe.ca/francois">www.edu.pe.ca/francois</a>
<b>École Française de Prince-Quest</b>	157 Deblois, R.R. #3 Deblois, PE C0B 2B0	Rita Bissessur Principal	882-0475 Fax: 882-0482
<b>École La-Belle-Cloche</b>	Box 568 41 Breakwater Street Souris, PE C0A 2B0	Darlene Arsenault Principal	687-7177 Fax: 687-7176
<b>École St. Augustin</b>	Box 5617 Hunter River, PE C0A 1N0	Rachelle Gauthier Principal	963-7842 Fax: 963-3442
<b>École -sur-Mer</b>	5 Stella Maris Ave. Summerside PE C1N 6M9	Herve Poirier Principal	888-8300 Fax: 888-8138 Email: <a href="mailto:hhpoirier@edu.pe.ca">hhpoirier@edu.pe.ca</a>
<b>Eliot River Elementary School</b>	Box 70 Cornwall, PE C0A 1H0	Anita Murphy Principal	368-4270 Fax: 368-4322
<b>Ellerslie Elementary School</b>	Ellerslie, PE C0B 1J0	Jason Cormier Principal	831-7920 Fax: 831-7918
<b>Elm Street Elementary School</b>	256 Elm Street Summerside, PE C1N 3V5	Tracy Beaulieu Principal	888-8490 Fax: 888-8307
<b>Englewood School</b>	20280 Rte 1 Crapaud, PE C0A 1J0	Randy Reardon Principal	658-7850 Fax: 658-7855

<b>SCHOOL</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>PHONE</b>
<b>Fair Isle Adventist School</b>	91 Keppoch Road Stratford, PE C1B 1L2	Deanna Fall Principal	894-9301
<b>French Language School Board</b>	Box 124 Abrams Village, R.R.1 Wellington, PE C0B 2E0	Paul Cyr Superintendent	854-2975
<b>Georgetown Elementary School</b>	47 Kent Street Georgetown, PE C0A 1L0	Norbert Carpenter Principal	652-8970 Fax: 652-0997
<b>Glen Stewart Elementary School</b>	Box 6500 Charlottetown, PE C1A 8B5	Pat Campbell Principal	569-0550 Fax: 569-0564
<b>Grace Christian School</b>	50 Kirkdale Rd. Charlottetown, PE C1E 1N6	Jason Biech Principal	628-1668
<b>Greenfield Elementary School</b>	100 Darby Dr. Summerside, PE C1N 4V8	Randy Gallant Principal	888-8492 Fax: 888-8494
<b>Gulf Shore Consolidated School</b>	185 Hilltop Ave, North Rustico, PE C0A 1X0	Mary Jane Ready Principal	963-7810 Fax: 963-7815
<b>Hernewood Intermediate School</b>	RR #3 O'Leary, PE C0B 1V0	Patti Sweet Principal	859-8710 Fax: 859-3816
<b>Holland College – Aerospace Centre</b>	40 Parkway Drive Box 235 Slemon Park, PE C0B 2A0		888-6730
<b>Holland College – Atlantic Police Academy</b>	66 Argus street Box 156 Slemon Park, PE C0B 2A0		888-6700
<b>Holland College – Charlottetown Centre</b>	140 Weymouth Street Charlottetown, PE C1A 4Z1		629-4217
<b>Holland College – Georgetown Centre</b>	117 Kent Street Georgetown, PE C0A 1L0		652-2055
<b>Holland College – Montague Centre</b>	554 Main Street Box 939 Montague, PE C0A 1R0		838-4026
<b>Holland College – Souris Centre</b>	Box 429 Souris, PE C0A 2B0		687-2199

<b>SCHOOL</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>PHONE</b>
<b>Holland College – Tignish Centre</b>	Box 460, Tignish, PE C0B 2B0		
<b>Holland College – Tourism and Culinary Centre</b>	4 Sydney Street Charlottetown, PE C1A 1E9		894-6805
<b>Immanuel Christian School</b>	7 Trafalgar Street Charlottetown, PE C1A 3Z2	Matthew Mann Principal	628-6465
<b>John J. Sark Memorial School</b>	Box 124 Lennox Island, PE C0B 1P0	Nora MacCarthy-Joyce Principal	831-2777
<b>Kensington Intermediate Senior High School</b>	Box 340 Kensington, PE C0B 1M0	George Aiken Principal	836-8901 Fax: 836-8903
<b>Kinkora Regional School</b>	Kinkora, PE C0B 1N0	Donald Mulligan Principal	887-2424 Fax: 887-7381
<b>L. M. Montgomery Elementary School</b>	69 MacWilliams Rd. East Royalty, PE C1C 1L4	Heather Cudmore Principal	368-4150 Fax: 368-4155
<b>La Commission Scholaire de Langue Français</b>	Box 124 RR #1, Wellington, PE C0B 2E0	Giselle St. Amand Superintendent	854-2975 Fax: 854-2981
<b>Merritt E. Callaghan Intermediate School</b>	RR #2 Elmsdale, PE C0B 1K0	Mary Lee Doucette Principal	882-7354 Fax: 882-7364
<b>Miscouche Consolidated School</b>	Miscouche, PE C0B 1T0	Scott MacDonald Principal	888-8495 Fax: 888-8491
<b>Montague Consolidated School</b>	622 Princess Dr Montague, PE C0A 1R0	Tim Murphy Principal	838-0820 Fax: 838-0825
<b>Montague Intermediate School</b>	Box 1390 Montague, PE C0A 1R0	Kevin Stonefield Principal	838-0860 Fax: 838-0866
<b>Montague Regional High School</b>	Box 3500 Montague, PE C0A 1R0	Seana Evans-Renaud Principal	838-0835 Fax: 838-0840
<b>Morell Consolidated School</b>	Morell, PE C0A 1S0	Leo Hendricken Principal	961-7340 Fax: 961-7331
<b>Morell Regional High School</b>	Morell, PE C0A 1S0	John B. Crawford Principal	961-7345 Fax: 961-7339
<b>Mt. Stewart Consolidated School</b>	Mt. Stewart, PE C0A 1T0	Roberta Clark Principal	676-7990 Fax: 676-7989
<b>O’Leary Elementary School</b>	Box 400 O’Leary, PE C0B 1V0	Susan Thain-Trail Principal	859-8713 Fax: 859-8708

<b>SCHOOL</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>PHONE</b>
<b>Parkdale Elementary School</b>	49 Confederation St. Charlottetown, PE C1A 5V5	Michelle LeClair Principal	368-6945 Fax: 368-6949
<b>Parkside Elementary School</b>	195 Summer Street Summerside, PE C1N 3J8	Janet Coughlin Cameron Principal	888-8472 Fax: 888-8474
<b>Prince Street Elementary School</b>	60 Upper Prince St. Charlottetown, PE C1A 4S3	Terry MacIsaac Principal	368-6950 Fax: 368-6959
<b>Queen Charlotte Intermediate School</b>	150 North River Rd. Charlottetown, PE C1A 3L3	Parker Grimmer Principal	368-6970 Fax: 368-6983
<b>Queen Elizabeth Elementary School</b>	Box 100 Kensington, PE C0B 1M0	Rodney MacArthur Principal	836-8900 Fax: 836-8905
<b>Rollo Bay Consolidated School</b>	RR #4, Souris, PE C0A 2B0	Ron McIntosh Principal	687-7190 Fax: 687-7193
<b>St. Jean Elementary School</b>	335 Queen Street Charlottetown, PE C1A 4C5	Debi Mais-Murphy Principal	368-6985 Fax: 368-6991
<b>St. Louis Elementary School</b>	St. Louis, PE C0B 1Z0	Monique Doucette Principal	882-7358 Fax: 882-0493
<b>Sherwood Elementary School</b>	64 Maple Ave. Charlottetown, PE C1A 6E7	Marian Grant Principal	368-6780 Fax: 368-6788
<b>Somerset Elementary School</b>	Kinkora, PE C0B 1N0	Derik Arseneault Principal	887-2505 Fax: 887-2546
<b>Souris Consolidated School</b>	Box 400 Souris, PE C0A 2B0	Sharon McIntosh Principal	687-7140 Fax: 687-7145
<b>Souris Regional High School</b>	Box 460 Souris, PE C0A 2B0	Anna MacKenzie Principal	687-7130 Fax: 687-7129
<b>Southern Kings Consolidated School</b>	RR #4, Montague, PE C0A 1R0	Paul Sullivan Principal	962-7400 Fax: 962-7406
<b>Spring Park Elementary School</b>	30 Dunkirk Street Charlottetown, PE C1A 3Z8	Serge LeDuc Principal	368-6400 Fax: 368-6419
<b>Stonepark Intermediate School</b>	50 Pope Ave. Charlottetown, PE C1A 7P5	Norman Beck Principal	368-6085 Fax: 368-6089
<b>Summerside Intermediate School</b>	247 Central Street Summerside, PE C1N 3M5	Doug Doyle Principal	888-8470 Fax: 888-8469

<b>SCHOOL</b>	<b>ADDRESS</b>	<b>CONTACT</b>	<b>PHONE</b>
<b>Stratford Elementary School</b>	50 Glen Stewart Drive Stratford, PE C1A 8B5	Derek McEwan Principal	569-7750 Fax: 569-7761
<b>Three Oaks Senior High School</b>	10 Kenmore Ave. Summerside, PE C1N 4V9	Nicole Haire Principal	888-8460 Fax: 888-8261
<b>Tignish Elementary School</b>	Box 39 Tignish, PE C0B 2B0	Mike Ellsworth Principal	882-7357 Fax: 882-7353
<b>University of Prince Edward Island</b>	550 University Ave. Charlottetown, PE C1A 4P3	Dr. Alaa Abd-El-Aziz President	566-0739
<b>Vernon River Consolidated School</b>	RR #2 Vernon Bridge PE C0A 2E0	Dave Wood Principal	651-8520 Fax: 651-8516
<b>West Kent Elementary School</b>	27 Viceroy Ave. Charlottetown, PE C1A 2E4	Ross McDermott Principal	368-6065 Fax: 368-6077
<b>West Royalty Elementary School</b>	RR #7 Charlottetown, PE C1A 7J9	Ken Gaudet Principal	368-6790 Fax: 368-6795
<b>Western School Board</b>	272 MacEwen Road Summerside, PE C1N 2P7	Dale Sabeau Superintendent	888-8400 Fax: 888-8449
<b>Westisle Composite High School</b>	Box 57 Elmsdale, PE C0B 1K0	Charles Murphy Principal	853-8626 Fax: 853-8638
<b>Westwood Primary School</b>	Box 490 Cornwall, PE C0A 1H0	Charlotte Bryand Principal	368-6855 Fax: 368-6863



## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Albany United Baptist Church</b>	RR #2, Albany, PE C0B 1A0		658-2822
<b>Alberton/Elmsdale Pastoral Charge (Alberton, Elmsdale and Miminegash United Churches)</b>	Box 381 Alberton, PE C0B 1B0	Rev. John Wilson	853-3996
<b>Alberton/West Point Presbyterian Church</b>	Coleman RR #1 Alberton, PE C0B 1H0	Mrs. Ruth MacIsaac	859-2568
<b>Apostolic Pentecostal Church</b>	677 Main Street Alberton, PE C0B 1B0	Rev. Bobby Ikerd Pastor	853-3494
<b>Bedeque United Church</b>	Box 4038 Bedeque, PE C0B 1C0	Rev. Barbara Wagner	887-2003
<b>Belfast/Wood Islands Presbyterian</b>	Belfast RR#3 PE C0A 1A0	Rev. Roger MacPhee	659-2703 (w) 659-2365 (h) 659-2842 (fax) email: <a href="mailto:rkmacphee@pei.sympatico.ca">rkmacphee@pei.sympatico.ca</a>
<b>Bideford United Church</b>	RR #1 Ellerslie, PE C0B 1J0	Rev. Pam Reidpath	Phone/Fax: 831-2807
<b>Breadalbane United Church</b>	RR # 2 Hunter River, PE C0A 1N0	Rev. Claudia Kitson	675-3123
<b>Calvary Temple Pentecostal Church</b>	Box 941 Charlottetown, PE C1A 7M4	Edwin Rideou	368-1226
<b>Cascumpec United Church</b>	Box 381 Alberton, PE C0B 1B0	Rev. John Wilson Minister	853-3996
<b>Central Christian Church</b>	217 Kent Street Charlottetown, PE C1A 7K2	Dale Eynon	894-5234
<b>Central Kings United Baptist Church</b>	Box 838 Souris, PE C0A 2B0	Pastor Doug Lee	687-2522
<b>Central Kings Pastoral Charge (Souris, Bay Fortune/Annandale/Dundas United Churches)</b>	Box 21001, RR #5 Cardigan, PE C0A 1G0		583-2867

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Central Parish Presbyterian Church</b>	RR #2 Cornwall, PE C0A 1H0		675-3175
<b>Central Street Christian Church</b>	83 Central Street Summerside, PE C1N 3L2	Pastor Danny Smith	436-2662
<b>Charlottetown Bible Chapel</b>	35 Linconwood Dr. Charlottetown, PE C1A 6H4	J.W. Phillips	894-5121
<b>Christ Church Anglican, Cherry Valley</b>	48 Mount Edward Rd. Charlottetown, PE C1A 5S3	Rev. I. David Morrison	566-4014
<b>Christ Church Anglican, Kildare</b>	Box 152 Alberton, PE C0B 1B0		853-2524
<b>Christian Reformed Church</b>	153 Mt. Edward Rd. Charlottetown, PE C1A 5T1	Rev. Harry Bierman	894-4721
<b>Church of Jesus Christ of Latter Day Saints</b>	10 Northridge Parkway Charlottetown, PE C1A 1L6	Robert Steen	368-8566
<b>Church of the Nazarene</b>	Box 340 O'Leary, PE C0B 1V0	Rev. Bryan Ayers	859-3375
<b>Community Church Charlottetown</b>	163 Kent Street Charlottetown PE C1A 1N5	Pastor Brian Metzger	892-5001
<b>Community Baptist Church</b>	162 Sherwood Road Charlottetown, PE C1A 7J7	Rev. John Evans	892-8786 Fax: 892-0015 email: <a href="mailto:communitybaptist@eastlink.ca">communitybaptist@eastlink.ca</a>
<b>Cornerstone United Baptist Church</b>	9 Cornerstone Drive RR #4 Cornwall, PE C0A 1H0		892-1001
<b>Cornerstone Baptist Church</b>	33962 Western Road Ellerslie, PE C0B 1J0	Pastor Rusty Fulp	436-0176 email: <a href="mailto:cbcm_2005@yahoo.ca">cbcm_2005@yahoo.ca</a>
<b>Cornwall Christian Church</b>	Box 209 Cornwall, PE C0A 1H0	David Loo, Pastor	Fax: 566-2906
<b>Cornwall United Church</b>	Box 89 Cornwall, PE C0A 1H0	Rev. Jean Ward Rev. Nigel Weaver	566-4052 Fax: 628-2006

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Diocesan Church Society of PEI</b>	Box 716 Charlottetown, PE C1A 7L3	Rev. Peter Harris	368-8442
<b>East Point/ Kingsboro/South Lake Church of Christ</b>	RR #2, Souris, PE C0A 2B0	Rev. Alan Beck	357-2753 Fax: 357-2358
<b>Elmsdale Church of the Nazarene</b>	Box 10 Elmsdale, PE C0B 1B0	Rev. Sheila MacCrea- MacCallum	853-3260 Fax: 853-2760
<b>Elmsdale United Church</b>	Box 381 Elmsdale, PE C0B 1B0	Rev. John Wilson Minister	853-3996
<b>Emmanuel Bible Chapel</b>	Queen's Road Montague, PE C0A 1R0	Vince Yorston	838-3538
<b>Faithworks Centre</b>	1288 Loyalist Road R.R. #2 North Wiltshire, PE C0A 1Y0	Pastor Bill Arsenault	566-2257
<b>First Baptist Church /Christian Council</b>	235 Prince Street Charlottetown, PE C1A 4S2	Pastor Dave DuBois Pastor Marie Kenny	628-2111 Fax: 628-6414 email: <a href="mailto:fbc@pei.ai.bn.com">fbc@pei.ai.bn.com</a>
<b>Fredericton Church of Christ</b>	RR #4 Hunter River, PE C0A 1N0	Wayne Pike	964-2553 Fax: 964-3005
<b>Freetown Presbyterian Church</b>	15 Messer Avenue Charlottetown, PE C1A 6N5	Rev. Ian Glass	892-1463 (h)
<b>Good News Baptist Church (Independent)</b>	Box 2801 Charlottetown, PE C1A 8C4	Rev. Mark Reid	367-2223
<b>Gordon Memorial United Church</b>	Box 381, Alberton, PE C0B 1B0	Rev. John Wilson Minister	853-3996
<b>Grace Baptist Church</b>	50 Kirkdale Rd. Charlottetown, PE C1E 1N6	Pastor Steve Bray Pastor Richard Agnew	368-2218 Fax: 628-1668 email: <a href="mailto:office@gracebaptistchurchpe.ca">office@gracebaptistchurchpe.ca</a>
<b>Greenmount Church of Christ</b>	RR #1, Tignish, PE C0B 2B0	Andrew Raynor	853-3177
<b>Hartsville Presbyterian Church</b>		Andy Hutchinson	569-5621

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Hillcrest/Sturgeon United Baptist Church</b>	Box 634 Montague, PE C0A 1R0	Rev. Scott Hillier	838-2698
<b>Holy Family Parish</b>	68 Broadway St. North Box 458 Kensington, PE C0B 1M0	Re. Joseph Brazel	836-3609 Fax: 836-3490
<b>Holy Redeemer Parish</b>	3 Pond Street Charlottetown, PE C1A 2N9	Rev. Isaac Chackalaparampil	894-7385 Fax: 894-8115
<b>Holy Trinity Pastoral Unit/St. Teresa, Morell/St. Lawrence O'Toole/St. Peters</b>	Box 83 Morell, PE C0A 1S0	Rev. Gregory Conway	961-2265 Fax: 961-3394
<b>Hunter River Presbyterian Church</b>	Box 72 Hunter River, PE C0A 1Y0	Mr. Kent Smith	964-2878
<b>Immaculate Conception Parish, Palmer Road</b>	986 Palmer Road RR 1, St. Louis, PE C0B 1Z0	Rev. Jacques Rigaud	882-2622 Fax: 882-2264
<b>Island Wesleyan Church</b>	Box 4911 Crapaud, PE C0A 1J0	Joel Wydysh	658-2588
<b>Jehovah's Witness: Kingdom Hall Alberton</b>	416 Church Street Alberton, PE C0B 1B0		853-2949
<b>Jehovah's Witness: Kingdom Hall Charlottetown</b>	55 Pope Ave. Charlottetown, PE C1A 6N4	Jim Corbett	892-7777
<b>Jehovah's Witness: Kingdom Hall North Bedeque</b>	North Bedeque RR #3, S'side, PE C1N 4J9	Rev. Robert Rairie Pastor	436-8598
<b>John Paul II Pastoral Unit/St. Augustine's Parish/St Anne's/Stella Maris</b>	2190 Church Road RR #3 Hunter River, PE C0A 1N0	Rev. Frank Jay	963-2245 Fax: 963-2365
<b>Kensington – Atlantic Missionary Society</b>	Box 213 Kensington, PE C0B 1M0	Betty Mann, Secretary	836-3266
<b>Kensington/New London Presbyterian Church</b>	Box 213 Kensington, PE C0B 1M0	Rev. Linda Berdan	836-3266
<b>Kensington Church of the Nazarene</b>	Box 478 47 Victoria St., West Kensington, PE C0B 1M0	Pastor Maureen O'Hagan	836-4628

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Kensington United Church</b>	Box 551 Kensington, PE C0B 1M0	Rev. Jack Spencer	836-3639
<b>Kings United Pastoral Charge (Dundas, Annandale, Bay Fortune, and St. James, Souris)</b>	Box 21001 R.R. #5 Cardigan, PE C0A 1G0	Rev. Beth Johnston	583-2867 Fax: 583-2867
<b>Kingston United Church</b>	Box 89 Cornwall, PE C0A 1H0	Rev. Jean Ward Rev. Nigel Weaver	566-2168
<b>Kirk of St. James Presbyterian Church</b>	35 Fitzroy Street Charlottetown, PE C1A 1R2	Rev. Geoff Ross	892-2839 Fax: 894-7912 email: <a href="mailto:kirkstjames@pei.aibn.com">kirkstjames@pei.aibn.com</a> Web: <a href="http://www.kirkstjames.ca">www.kirkstjames.ca</a>
<b>Lighthouse Community Church</b>	Barclay Road O'Leary, PE C0B 1V0	Pastor Michael Owen	859-1663
<b>Lighthouse Independent Baptist Church</b>	12 Lea Crane Drive Box 746 Souris, PE C0A 2B0	Pastor Bart Gragtmans	687-1337 (office) 687-1236 (pastor)
<b>Long Creek Baptist Church</b>	Box 298 – RR #2 Cornwall, PE C0A 1H0	Rev. Stephen Fenton	675-2881
<b>Lot 16/Freetown/ North Bedeque United Church</b>	Box 4415 R.R. #3 Summerside, PE C1N 4J9	Rev. Don MacPherson Pastor	887-2590 email: <a href="mailto:dandmmac@auracom.com">dandmmac@auracom.com</a>
<b>Margate United Church</b>	R.R. #6 Kensington, PE C0B 1M0	Rev. Anne Dalziel Singer	836-3337
<b>Milton Anglican Church</b>		Rev. Evelyn Knorr	621-0819
<b>Montague Pentecostal Assembly</b>	Box 457 Montague, PE C0A 1R0	Marc Doiron	838-3484
<b>Mount St. Mary's Church</b>	Box 1147 Charlottetown, PE C1A 7M8	Sister Rosalia Kane	892-6585
<b>Mt. Stewart/Morell/ St. Peters Bay United Church of Canada</b>	Box 67 Mt. Stewart, PE C0A 1T0	Rev. Janet Travers	676-2221 Fax: 676-2232

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Murray Harbour Church of Christ</b>	1818 cape Bear Road Murray Harbour, PE C0A 1V0	Josie MacKay	962-2884
<b>Murray Harbour North Charge Presbyterian</b>	RR#4 Montague, PE C0A 1R0	Mr. Malcolm MacPherson	838-4565
<b>Murray Harbour/ Murray River United Church</b>	RR #4, Murray Harbour, PE C0A 1R0	Rev. Bob Hutcheson	962-2519
<b>Murray River Free Church of Scotland</b>	622 Main Street Montague, PE C0A 1R0	Rev. Ewen (Ted) MacDougall	838-4271
<b>Murray River Glad Tidings Pentecostal Church</b>	Box 18 9393 Main Street Murray River, PE C0A 1W0	Scott Herring	962-2200
<b>New Dominion United Church</b>	Box 89 Cornwall, PE C0A 1H0	Rev. Jean Ward Rev. Nigel Weaver	566-2168
<b>New Glasgow Christian Church</b>	RR #2 Hunter River, PE C0A 1N0	Callum Beck	964-2742
<b>New London/Springfield Anglican Parishes</b>	Box 760 Kensington, PE C0B 1M0	Rev. Charles Wagner	836-3303
<b>North Tryon Presbyterian Church</b>		Rev. Andrew Hutchinson	569-5621
<b>O'Leary Church of Christ</b>	Box 246, O'Leary, PE C0B 1V0	Rankin MacKinnon Pastor	859-3214
<b>O'Leary Church of the Nazarene</b>	Box 340 O'Leary, PE C0B 1V0	Rev. Mark Collins	859-3375
<b>O'Leary/West Cape United Church</b>	Box 158 O'Leary, PE C0B 1V0	Rev. Ewen Moase	859-2678 email: <a href="mailto:owcuc@pei.aibn.com">owcuc@pei.aibn.com</a>
<b>Our Lady of Assumption Parish</b>			569-4769 Fax: 569-2118 Email: <a href="mailto:holyfamilypastoralunit@bellaliant.com">holyfamilypastoralunit@bellaliant.com</a>
<b>St. Patrick's Parish</b>	151 Stratford Rd. Stratford, PE	Rev. Phil Callaghan	
<b>St. Joachim's Parish</b>	C1B 1H1	Rev. Gerald Tingley	
<b>Parish of Port Hill – Anglican Church</b>	Box 3 Tyne Valley, PE C0B 2C0	Rev. Heather Hamlin Gravells	831-2873

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Park Royal United Church</b>	11 Christie Dr. Charlottetown, PE C1A 5W6	Rev. Kevin MacKenzie	894-9656 Fax: 894-3358
<b>Paroisse de St. Simon et St. Jude</b>	Box 58 Tignish, PE C0B 2B0	Rev. Brendon Gallant	882-2049 Fax: 882-2999
<b>Pentecostal Assemblies of Canada</b>	Box 457 Montague, PE C0A 1R0	Pastor Marc Doiron	838-3484
<b>QEH Pastoral Care Dept.</b>	Box 660 Charlottetown PE C1A 8T5	Kim MacCarville, Coordinator	894-2053
<b>Quakers, Religious Society of Friends</b>	Box 299 Cornwall, PE C0A 1H0	Daphne Davey	675-3501
<b>Richmond Bay Charge Presbyterian</b>	RR#1, Tyne Valley C0B 2C0	Rev. Christine Shulze	831-2341
<b>Sacred Heart Parish/St. Mark's Bloomfield</b>	Box 250 Alberton, PE C0B 1B0	Rev. Michel Painchaud	853-2344 Fax: 853-4159
<b>Salvation Army</b>	Box 65 Charlottetown, PE C1A 7K2	Stephen and Kimberly Snow	892-2281 Fax: 892-2909
<b>Salvation Army Summerside Citadel</b>	Box 66 Summerside, PE C1N 4P6	Capt. Steve Manuel	436-6044
<b>St. Alban's Anglican Church</b>	Box 713 Charlottetown, PE C1A 7L3	Rev. David Harris	628-1004
<b>St. Andrew's Presbyterian Church</b>	Main Street North Montague, PE C0A 1R0	Rev. Steven Thompson	838-3139
<b>St. Andrew's United Church</b>	RR #1 Vernon Bridge, PE C0A 2E0	Rev. Laurie MacCuish	651-2009 Fax: 651-2967
<b>St. Anthony's Parish/St. Brigid's/Corpus Chris- ti/Immaculate Concep- tion</b>	37947 Veterans Me- morial Highway, Woodstock, O'Leary, C0B 1V0	Rev. Danny Wilson	859-2536 Fax: 859-1765
<b>St. Bonaventure's, Tra- cadie Cross/St. Michaels, Corran Ban/St. Eu- gene's, Covehead</b>	St. Bonaventure 1295 Donaldston Rd. RR #1 Mount Stewart, PE C0A 1T0	Rev. Lyndon Hogan	676-2253 Fax: 676-2131

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>St. Columba Presbyterian Church</b>	Marshfield	Rev. Thomas Hamilton & Rev. Paula Hamilton	626-3426
<b>St. Cuthbert's /St. Andrews Parish</b>	Box 137 Mount Stewart, PE C0A 1T0	Rev. John Lacey, V.G.	583-2095 Fax: 583-2127
<b>St. David's United Church</b>	Box 146 Georgetown, PE C0A 1L0	Rev. Scott MacIsaac	652-2706
<b>St. Dunstan's Basilica</b>	45 Great George St. Charlottetown, PE C1A 4K1	Rev. Floyd Gallant	894-3486 Fax: 894-3591
<b>St. Elizabeth's Anglican, Springfield</b>	Box 760 Kensington, PE C0B 1M0	Rev. Charles Wagner	836-3303
<b>St. Francis of Assisi / St. Anne's Lot 65 Parish/ St. Martin of Tours</b>	Box 219 Cornwall, PE C0A 1H0	Rev. Martin Carter Rev. Robert Coady	566-3876 Fax: 566-5949
<b>St. James Anglican, Port Hill</b>	Box 3 Tyne Valley, PE C0B 2C0	Rev. Heather Hamlin Gravells	831-2873
<b>St. Benedict Pastoral Unit/St. James/All Saints, Cardigan/St. Georges/St. Francis de Sales, Little Pond</b>	Box 75 Georgetown, PE C0A 1L0	Rev. Maurice Praught	652-2401 Fax: 652-2727
<b>St. James Presbyterian</b>	35 Fitzroy Street Charlottetown, PE C1A 1R2	Rev. Geoffrey Ross	892-2839 (w) 569-1870 (h) Fax: 894-7912 email: <a href="mailto:kirkstjames@pei.aibn.com">kirkstjames@pei.aibn.com</a>
<b>St. John the Baptist Parish/ Immaculate Conception/St. Patrick's</b>	Box 10 Miscouche, PE C0B 1T0	Rev. Albin Arsenault	436-3271 Fax: 436-0930
<b>St. John the Evangelist, Crapaud (Anglican)</b>	161 Junction Road R.R. #4, Hunter River, PE C0A 1N0	Rev. Evelyn Knorr	621-0819
<b>St. John the Evangelist, Milton (Anglican)</b>	161 Junction Road R.R. #4, Hunter River, PE C0A 1N0	Rev. Evelyn Knorr	621-0819



## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>St. John's Anglican, Ellerslie</b>	Box 3 Tyne Valley, PE C0B 2C0	Rev. Heather Hamlin Gravells	831-2873
<b>St. John's Anglican Church, St. Eleanor's</b>	177 Summer Street Summerside, PE C1N 3J7	Rev. Karen Quirk	888-2234 436-8287 (h)
<b>St. John's Presbyterian Church</b>	2794 Garfield Road Belfast, PE C0A 1A0	Roger MacPhee Pastor	659-2703 email: <a href="mailto:stjohns@pei.aibn.com">stjohns@pei.aibn.com</a>
<b>St. Joseph's Parish/ St. James</b>	1475 Route 13, Kelly's Cross, RR #2 North Wiltshire, PE C0A 1Y0	Rev. Paul Egan, Pastor	658-2877 Fax: 658-2470
<b>St. Luke's Anglican Church, O'Leary</b>	Box 152 Alberton, PE C0B 1B0		853-2524
<b>St. Malachy's Pa- rish/Seven Mile Bay</b>	Box 128 Kinkora, PE C0B 1N0	Rev. Douglas Mac- Donald	887-2020 Fax: 887-2430
<b>St. Mark's Anglican, Kensington</b>	Box 760 Kensington, PE C0B 1M0	Rev. Charles Wagner	836-3303
<b>St. Mark's Anglican South Rustico</b>	161 Junction Road Hunter River RR #4 PE C0A 1N0	Rev. Evelyn Knorr	621-0819
<b>St. Mark's/St. Berna- dette's Parish</b>	Lot 7, PE C0B 1V0	Rev. Paul Batchilder	853-2344 Fax: 853-4159
<b>St. Mark's Presbyterian Church</b>	19 Tamarac Ave. Charlottetown, PE C1A 6T2	Rev. Thomas Hamilton & Rev. Paula Hamilton	892-5255
<b>St. Mary's Anglican Church</b>	177 Summer Street Summerside, PE C1N 3J7	Rev. Karen Quirk	888-2234 436-3208
<b>St. Mary's Holy Family Parish</b>	68 Broadway Street- Box 458 Kensington, PE C0B 1M0	Rev. Joe Brazel	836-3609 Fax: 836-3490
<b>St. Mary's Parish/ St. Alexis, Rollo Bay/ St. Columba, Fairfield/ St. Margaret of Scot- land, St. Margaret's/ St. Charles</b>	Box 399 Souris, PE C0A 2B0	Rev. Andrew MacDonald	687-2319 Fax: 687-1462

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>St. Mary's Parish/St. Paul's/St. Michael's</b>	Box 209 25 Wood Island Hill Montague, PE C0A 1R0	Rev. Gerard Chais- son	838-2253 Fax: 838-8488
<b>St. Paul's Anglican Church</b>	101 Prince Street Charlottetown, PE C1A 4R5	Archdeacon John W. G. Clarke	892-1691
<b>St. Paul's Parish</b>	289 Winter Street Summerside, PE C1N 1N4	Rev. Brian Mac- Dougall Rev. Christopher Sherren	436-5112 Fax: 436-9350
<b>St. Peter's Anglican Church</b>	Box 152 Alberton, PE C0B 1B0		853-2524
<b>St. Peter's Cathedral</b>	Box 713 Charlottetown, PE C1A 7L3	Rev. Peter Harris	566-4457
<b>St. Philippe et St. Jacques, Baie Egmont/ Notre-Dame du Mont Carmel/St. Anne's, Lennox Island</b>	Box 80 Wellington, PE C0B 2E0	Rev. Bradley Sweet	854-3504 Fax: 854-3506
<b>St. Pius X Parish</b>	106 St. Peter's Rd. Charlottetown, PE C1A 5P2	Rev. Keith Kennific Rev. Tim Broderick	894-8380 894-9383 Fax: 894-8899
<b>St. Stephen's Anglican, Irishtown</b>	Box 760 Kensington, PE C0B 1M0	Rev. Charles Wagner	836-3303
<b>St. Theresa, The Little Flower, Parish/St. Lawrence O'Toole/ St. Peter's Bay</b>	Box 83 Morell, PE C0A 1S0	Rev. Gregory Conway	961-2265 Fax: 961-3394
<b>St. Thomas the Apostle Anglican, Springbrook</b>	Box 760 Kensington, PE C0B 1M0	Rev. Charles Wagner	836-3303
<b>Seventh Day Adventist Church</b>	70 RoyaltyJunction Rd. Winsloe, PE  Mail: P.O. Box 170 Winsloe, PE C1E 1Z2	Bob Lehmann	Phone: 894-8158 /367-2313 Cell: 940-5354 Fax: 367-2313 (phone ahead to clear line) email: <a href="mailto:blehmann@eastlink.ca">blehmann@eastlink.ca</a>

## P.E.I. CHURCHES

CHURCH	ADDRESS	CONTACT	PHONE
<b>Sherwood Church of Christ</b>	9 Lilac Avenue Charlottetown, PE C1A 6L1	Matt McGonnell	892-7958 email: <a href="mailto:sherwoodchurch@pei.aibn.com">sherwoodchurch@pei.aibn.com</a>
<b>Sherwood Church of the Nazarene</b>	40 Woodlawn Dr. Charlottetown, PE C1A 6K9	Rev. David Filsinger & Rev. Cheryl Millman	368-8484 Fax: 368-8485
<b>Spring Park United Church</b>	Box 2618 Charlottetown, PE C1A 8C3	Rev. Bill MacLeod  Student Minister: Nathan Zwicker	368-1822 Fax: 368-8534 email: <a href="mailto:spring.park@pei.aibn.com">spring.park@pei.aibn.com</a>
<b>Springfield West/O'Leary United Baptist Church</b>	Box 391 O'Leary, PE C0B 1V0	Senior Pastor: Wayne Hagermann Associate Pastor: Philip MacCormick	859-3221
<b>Summerside Bible Chapel</b>	Granville Street Summerside, PE	Brian Langeirn, Pastor	436-5534
<b>Summerside Church of the Nazarene</b>	156 Fitzroy Street Summerside, PE C1N 1H3	Rev. Glenn Reeder	436-3476
<b>Summerside Community Church</b>	340 Court Street Summerside, PE C1N 1N6	Pastor Andrew Bryce	436-8300 Fax: 436-8301 email: <a href="mailto:sccoffice@sccpei.com">sccoffice@sccpei.com</a>
<b>Summerside Presbyterian Church</b>	R.R. 2 Summerside, PE C1N 4J9	Mrs. Nancy Harvey	887-2956
<b>Summerside Presbyterian Atlantic Missionary Society</b>	130 Victoria Road Summerside, PE C1N 5H8	Rev. Vicki Homes	436-2557
<b>Sunrise Wesleyan Church</b>	Box 22073 Charlottetown, PE C1A 9J2	Pastor Greg Hanson	626-3343
<b>Trinity United Church</b>	90 Spring Street Summerside, PE C1N 5C1	Rev. Dr. Arthur Davies Rev. Andrew Richardson	436-3155 Fax: 436-3002
<b>Trinity United Church</b>	220 Richmond Street Charlottetown, PE C1A 1J5		892-4114
<b>Tryon/Hampton Pastoral Charge United Church</b>			658-2109

## P.E.I. CHURCHES

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CHURCH	ADDRESS	CONTACT	PHONE
<b>Tryon United Baptist Church/Westmoreland Baptist Church</b>	RR #2 Albany, PE C0B 1A0	Rev. Peter Metcalfe	658-2554
<b>UPEI Chaplaincy Centre</b>	550 University Avenue Charlottetown, PE C1A 4P3	Rev. Charlie Cheverie	566-0376 Fax: 566-0740
<b>Unitarian Fellowship of PEI</b>	Box 1292 Charlottetown, PE C1A 7M8	Susan Eaton	964-3036
<b>United Baptist Church</b>	219 Church Street Summerside, PE C1N 1K3	Rev. Cory Somers	436-5625
<b>United Church of Canada, St. Peters</b>	Box 67 Mount Stewart, PE C0A 1T0	Janet Travers, Pastor	676-2221
<b>United Pentecostal Church</b>	Alberton, PE C0B 1B0	Rev. Lester Mitchell, Pastor	853-2262
<b>United Pentecostal Chapel</b>	6115 Commercial Road - Box 583 Lower Montague, PE C0A 1R0	Rev. Blair Sorrey	838-2382
<b>United Pentecostal Church</b>	Box 1351 325 Pope Road, Summerside, PE C1A 4K2	Tony Gratto, Pastor	436-6212
<b>Wellington United Church</b>	416 East Bideford Road, Ellerslie Box 216 Wellington, PE C0B 2E0	Wallace Ellis	831-3379
<b>Wilmot Church of Christ</b>	758 Water Street East Summerside, PE C1N 4K4	Pastor Jeff Ingalls	
<b>Winsloe United Church</b>	RR #9, Winsloe, PE C1E 1Z3	Rev. Eric Link	368-1233 Fax: 368-7130
<b>Wood Islands/Belfast Presbyterian Church</b>	Belfast RR #3, PE C0A 1A0	Rev. Roger MacPhee	659-2703 Fax: 659-2842
<b>York/Covehead United Church</b>	Box 147 York, PE C0A 1P0	Rev. Joy Noble	629-1815
<b>Zion Presbyterian Church</b>	Box 103 Charlottetown, PE C1B 1W5	Rev. Doug Rollwage	566-5363 Fax: 894-7895 email: <a href="mailto:admin@zionpres.org">admin@zionpres.org</a>

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