



Press Release

For immediate release

### **Clients Value Carole Gallant's Personalized Home Care Services**

**WELLINGTON, PEI, February 26, 2016** – The purpose of the PEI French Health Network's Étoile Santé campaign is to promote, recruit and make people aware of health professionals who offer French-language health services in Prince Edward Island. The Health Network is pleased to continue with this initiative for a second year and to announce that the Étoile Santé for the month of March is personal care attendant Carole Gallant from Urbainville.

Carole Gallant is energetic, warm and lively. Just on meeting her, it's hard not to feel a little better. These are all valuable qualities for those who work with people needing home care. "I mainly provide personal care for people who are at home and who need help for different reasons," explained Carole Gallant, the French Health Network's Étoile Santé for March.

Carole works out of her office in Wellington. "We have three employees in Wellington and we cover the whole Évangéline Region, right up to Tyne Valley. I work in French every day. I think that my Francophone clients appreciate my ability to speak French, it's just so natural," she said.

The Home Care Program provides a whole range of health care and support services to address the need for rehabilitation and palliative care, or to manage severe or chronic health problems. Home care services are provided by nurses, physiotherapists, dieticians, occupational therapists and various other specialists.

As a personal care attendant, Carole specializes in basic patient care. "More and more people want to be looked after at home instead of in the hospital. Every case is different. I arrive for the appointment and adapt to the situation. For example, if my patient has dementia, I can remind him of each step to washing himself because he may have forgotten how to do it. I see all sorts of situations, but I always try to let my patients do as much as they are able to respect their abilities and their need for autonomy," added Carole Gallant. In some cases, the patients' caregivers need a few hours of respite or help taking care of an invalid who cannot be left alone.

Carole Gallant is generous and thoughtful, and she never hesitates to go the extra mile to fulfill the needs of her clients and their families. Said the daughter of a recent client, who nominated Carole Gallant for the Étoile Santé award, "my mother couldn't take a bath or even wash herself because she was too weak. I asked Carole for advice and she explained how to access services. She even made some of the arrangements herself, and I really appreciated it."

Carole Gallant has two children. She also volunteers her time at the fire hall in Wellington.

Carole Gallant's contact information can be found in the bilingual service provider directory at [www.santeipe.ca/repertoire](http://www.santeipe.ca/repertoire). People are encouraged to nominate health professionals who actively offer French-language health services in Prince Edward Island for a chance to win \$500. For more information on the Étoile Santé campaign or to nominate someone directly on the PEIFHN's website, go to [www.santeipe.ca](http://www.santeipe.ca).

*The PEI French Health Network is a non-profit organization that collaborates with various partners in order to improve access to quality French-language health services and programs for Prince Edward Island's Acadian and Francophone population. The organization brings together representatives from target community groups, educational facilities, health professionals, health service managers and the provincial government. It is also one of 16 networks that make up the Société Santé en français. The PEI French Health Network is funded by Health Canada within the framework of the Roadmap for Canada's Official Languages 2013-2018: Education, Immigration, Communities.*

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**Photo:** Carole Gallant

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