



Press Release

For immediate release

Free workshop focussing on the relationship between parents and teens starts March 24

WELLINGTON, PEI, March 20, 2015 – The PEI French Health Network (PEIFHN), in partnership with the Conseil scolaire-communautaire Évangéline, is happy to announce that it will be offering a workshop entitled *Les relations entre parents et adolescents* (Active Parenting of Teens) on six consecutive Tuesdays starting March 24, from 6:30 p.m. to 8:30 p.m.

The goal of the workshop, which is directed at parents, is to promote better communication and respect between parents and their teens or soon to be teens.

Held in French, the sessions will be facilitated by René Tremblay, a youth worker from the Community and Correctional Services Division of the Office of Attorney General. The following topics will be addressed during the six sessions: discipline; self esteem and courage; problem solving; cooperation; drugs, sexuality and violence; and communication.

There is no charge to attend the sessions, and participants will receive a copy of the book *Active Parenting for Teens*.

To register, please contact René Tremblay directly at 902-853-9300. This activity is made possible thanks to the financial support of Health Canada, through the Société Santé en français.

The PEI French Health Network is a non-profit organization that collaborates with various partners in order to improve access to quality French-language health services and programs for Prince Edward Island's Acadian and Francophone population. The organization brings together representatives from target community groups, educational facilities, health professionals, health service managers and the provincial government. It is also one of 16 networks that make up the Société Santé en français.

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