



Press release

For immediate release

Christina Gallant MacLean, a psychologist who communicates her joie de vivre

CHARLOTTETOWN, PEI, September 19, 2016 – The purpose of the PEI French Health Network’s Étoile Santé campaign is to promote, recruit and make people aware of health professionals who offer French-language health services in Prince Edward Island. The Health Network is pleased to continue with this initiative for a second year and to announce that the Étoile Santé for the month of September is psychologist Christina Gallant MacLean.

Many people see Christina Gallant MacLean as a young singer, musician and comedian, full of talent and good humour, whether it’s in a group like Chiquésa or on stage as part of a dinner theatre. Ms. Gallant MacLean is a bilingual psychologist by day, which makes her a valuable asset for her Francophone clients and for the entire French-speaking community.

“When I detect an accent or a French-sounding name and make the active offer of greeting them in French, I can see the relief on their face. In psychology, it’s important to feel understood. It’s very satisfying for me to see that I can meet this need for clients and show people that I’m trying to understand the communication issues linked to culture and language,” indicated Christina Gallant MacLean, Étoile Santé for early autumn 2016.

“A psychologist helps people take control of their mental wellness. We offer them tools and strategies rather than solutions. Whether it’s for depression, or an eating or anxiety disorder, it’s very important to set the targets the client wants to meet, so that we can measure the progress that’s been made and see how far we’ve come. If necessary, we can also refer people to other specialists such as psychiatrists or addiction counsellors,” explained Christina Gallant MacLean.

Christina Gallant MacLean graduated from École Évangéline, and pursued her studies in psychology at Crandall University in Moncton and Trinity Western University in British Columbia.

Wanting to return to the Island, Christina contacted the Richmond Centre where she had done an internship, and found a job immediately, one that lasted 12 years. Since September 2015, she has been working for the English Language School Board, now known as the Public Schools Branch. Her work consists in evaluating learning disabilities among students who have been recommended by staff members at their schools.

Christina Gallant MacLean’s contact information can be found in the bilingual service provider directory at www.santeipe.ca/repertoire. People are encouraged to nominate health professionals who actively

offer French-language health services in Prince Edward Island for a chance to win \$500. For more information on the Étoile Santé campaign or to nominate someone directly on the PEIFHN's Web site, go to www.santeipe.ca.

The PEI French Health Network is a non-profit organization that collaborates with various partners in order to improve access to quality French-language health services and programs for Prince Edward Island's Acadian and Francophone population. The organization brings together representatives from target community groups, educational facilities, health professionals, health service managers and the provincial government. It is also one of 16 networks that make up the Société Santé en français. The PEI French Health Network is funded by Health Canada within the framework of the Roadmap for Canada's Official Languages 2013-2018: Education, Immigration, Communities.

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Photo: Christina Gallant MacLean

Media Contact:
Patricia Richard
Tel.: 902-854-7444